

## New Record of the Life Saving Championships for Secondary School 2008-2009

Grade	Event	Record	Year	Holder	School
B o y s  A	<i>Obstacle Swim - 100m</i>	<i>57.34</i>	<i>08/09</i>	<i>Lum Ching Tat</i>	<i>Diocesan Boys' School</i>
	<i>Rescue Medley - 100m</i>	<i>1:14.22</i>	<i>08/09</i>	<i>Kwok Sum</i>	<i>Ying Wa College</i>
	Manikin Carry with Fins - 100m	58.19	05/06	Mak Kai Ming	Diocesan Boys' School
	Manikin Carry - 50m	34.71	05/06	Mak Kai Ming	Diocesan Boys' School
	Manikin Tow with Fins - 100m	1:01.98	04/05	Yan Ho Chun	Diocesan Boys' School
	<i>Super Lifesaver - 200m</i>	<i>2:24.61</i>	<i>08/09</i>	<i>Leung Ka Ming</i>	<i>Fanling Rhenish Church Secondary School</i>
	<i>Medley Relay - 4 x 50m</i>	<i>1:40.94</i>	<i>08/09</i>	-	<i>Diocesan Boys' School</i>
	Manikin Relay - 4 x 25m	1:36.49	05/06	-	La Salle College
	Line Throw	13.24	05/06	Lam Shing	Jockey Club Tl-I College

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B o y s  B	Obstacle Swim - 100m	57.80	06/07	Lum Ching Tat	Diocesan Boys' School
	<i>Rescue Medley - 100m</i>	<i>1:18.02</i>	<i>07/08</i>	<i>Chung Lai Yeung</i>	<i>Diocesan Boys' School</i>
	Manikin Carry with Fins - 100m	1:04.43	06/07	Siu Wai Wang	Diocesan Boys' School
	<i>Manikin Carry - 50m</i>	<i>36.40</i>	<i>07/08</i>	<i>Chung Lai Yeung</i>	<i>Diocesan Boys' School</i>
	Manikin Tow with Fins - 100m	1:04.15	04/05	Lin Wei Hung	Diocesan Boys' School
	<i>Super Lifesaver - 200m</i>	<i>2:42.65</i>	<i>07/08</i>	<i>Liu Ho Fung</i>	<i>La Salle College</i>
	<i>Medley Relay - 4 x 50m</i>	<i>1:41.94</i>	<i>07/08</i>	-	<i>Diocesan Boys' School</i>
	<i>Manikin Relay - 4 x 25m</i>	<i>1:43.58</i>	<i>07/08</i>	-	<i>La Salle College</i>
	<i>Line Throw</i>	<i>14.45</i>	<i>07/08</i>	<i>Chan Wing Yeung</i>	<i>Jockey Club Tl-I College</i>

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G i r l s  A	Obstacle Swim - 100m	1:03.04	06/07	Sze Hang Yu	Diocesan Girls' School
	<i>Rescue Medley - 100m</i>	<i>1:23.52</i>	<i>08/09</i>	<i>Lau Joyce Yan Ki</i>	<i>Diocesan Girl's School</i>
	<i>Manikin Carry with Fins - 100m</i>	<i>1:07.51</i>	<i>08/09</i>	<i>Chan Ka Ka</i>	<i>Heep Yunn School</i>
	<i>Manikin Carry - 50m</i>	<i>41.24</i>	<i>08/09</i>	<i>Lum Ka Ki</i>	<i>Heep Yunn School</i>
	<i>Manikin Tow with Fins - 100m</i>	<i>1:07.38</i>	<i>08/09</i>	<i>Lai Vivian Hiu Tung</i>	<i>Heep Yunn School</i>
	<i>Super Lifesaver - 200m</i>	<i>2:44.65</i>	<i>08/09</i>	<i>Lau Yin Yan Claudia</i>	<i>Diocesan Girls' School</i>
	Medley Relay - 4 x 50m	1:52.57	06/07	-	Diocesan Girls' School
	Manikin Relay - 4 x 25m	1:51.43	07/08	-	Heep Yunn School
	Line Throw	13.90	07/08	Ng Leticia	Diocesan Girls' School

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G i r l s  B	<i>Obstacle Swim - 100m</i>	<i>1:04.73</i>	<i>07/08</i>	<i>Lai Hiu Tung</i>	<i>Heep Yunn School</i>
	<i>Rescue Medley - 100m</i>	<i>1:26.44</i>	<i>07/08</i>	<i>Shum Nga Yan</i>	<i>Heep Yunn School</i>
	<i>Manikin Carry with Fins - 100m</i>	<i>1:07.08</i>	<i>08/09</i>	<i>Chan Kin Lok</i>	<i>Heep Yunn School</i>
	Manikin Carry - 50m	42.56	06/07	Li Jamie	Heep Yunn School
	Manikin Tow with Fins - 100m	1:07.44	06/07	Lai Hiu Tung	Heep Yunn School
	<i>Super Lifesaver - 200m</i>	<i>2:44.62</i>	<i>08/09</i>	<i>Chan Kin Lok</i>	<i>Heep Yunn School</i>
	<i>Medley Relay - 4 x 50m</i>	<i>1:52.72</i>	<i>07/08</i>	-	<i>Diocesan Girls' School</i>
	Manikin Relay - 4 x 25m	1:54.28	05/06	-	Heep Yunn School
	<i>Line Throw</i>	<i>15.00</i>	<i>07/08</i>	<i>Chan Siu Suen</i>	<i>Diocesan Girls' School</i>

\* Hong Kong Record