

HONG KONG SCHOOLS SPORTS FEDERATION
Secondary School Life Saving Championships 2008-2009
Girls A Grade

Event	1st	2nd	3rd	4th	5th	6th	7th	8th
Obstacle Swim - 100m (Record : 1:03.04)	Kong Yvette Man Yi (DGS) 1:04.25	Lai Vivian Hiu Tung (HYS) 1:04.64	Wong How Tsing Natalie (DGS) 1:06.41	Cheung Wing Chi (TLMS) 1:08.99	Chow Sin Hang (HYS) 1:09.85	Ma Chun Wai Gloria (TLMS) 1:13.38	Louisa Tong (MCS) 1:14.67	Lee Yuk Chu (YY2) 1:17.24
Rescue Medley - 100m (Record : 1:27.71)	Lau Joyce Yan Ki (DGS) * 1:23.52	Shum Nga Yan (HYS) *1:25.30	Lum Ka Ki (HYS) *1:25.30	Wong Tze Ling Michelle (DGS) 1:38.87	Ho Sin Yee Pauline (TLMS) 1:43.90	Choi Sin Yi (JCTIC) 1:52.04	Rosanna Lau (MCS) 1:57.12	Jenny Ma (MCS) 1:58.14
Manikin Carry with Fins - 100m (Record : 1:07.82)	Chan Ka Ka (HYS) * 1:07.51	Lau Yin Yan Claudia (DGS) 1:10.57	Li Yuen Ki (HYS) 1:11.34	Ng Chau Yu (DGS) 1:17.52	Zoe Chan (MCS) 1:19.36	Ma Chun Wai Gloria (TLMS) 1:21.90	Florence Ng (MCS) 1:26.34	Chong Tsz Woon (CLS) 1:36.09
Manikin Carry - 50m (Record : 41.42)	Lum Ka Ki (HYS) * 41.24	Li Jamie (HYS) 42.73	Lau Joyce Yan Ki (DGS) 42.81	Ho Sin Yee Pauline (TLMS) 53.19	Lee Hiu Man (TLMS) 54.14	Jenny Ma (MCS) 54.22	Cheung Wing Sum (JCTIC) 54.51	Louisa Tong (MCS) 54.74
Manikin Tow with Fins - 100m (Record : 1:10.78)	Lai Vivian Hiu Tung (HYS) *1:07.38	Chan Ka Ka (HYS) *1:07.51	Kong Yvette Man Yi (DGS) *1:10.66	Ng Chau Yu (DGS) 1:15.62	Li Wing Sze (TLMS) 1:19.75	Luk Wing Wah (JCTIC) 1:20.76	Sheir Yei Yan (TLMS) 1:22.47	Ho Wing Chi (KYC) 1:23.04
Super Lifesaver - 200m (Record : 2:47.09)	Lau Yin Yan Claudia (DGS) *2:44.65	Nam Carmen (DGS) 2:49.27	Li Jamie (HYS) 2:54.46	Chow Sin Hang (HYS) 3:03.64	Lai Kit Wa (JCTIC) 3:17.20	Luk Wing Wah (JCTIC) 3:17.34	Zoe Chan (MCS) 3:28.28	-----
Medley Relay - 4 x 50m (Record : 1:52.57)	(DGS) 1:55.13	(HYS) 1:55.26	(MCS) 2:08.91	(TLMS) 2:17.21	(LSK) 2:32.63	(CLS) 2:46.77	-----	-----
Manikin Relay - 4 x 25m (Record : 1:51.43)	(HYS) 1:51.98	(DGS) 2:11.98	(TLMS) 2:13.92	(JCTIC) 2:23.87	(MCS) 2:25.73	-----	-----	-----
Line Throw (Record : 13.90)	Chan Ka Man (HYS) 16.89	Woo Wing Tung (DGS) 17.99	Choi Sin Yi (JCTIC) 26.54	Cheung Wing Sum (JCTIC) 32.75	Lam Sin Tung (TLMS) 42.72	-----	-----	-----

* New Record