

**HONG KONG SCHOOLS SPORTS FEDERATION**  
**Secondary School Life Saving Championships 2009-2010**  
**Girls A Grade**

Event	1st	2nd	3rd	4th	5th	6th	7th	8th
Obstacle Swim - 100m <i>(Record : 1:03.04)</i>	Lai Vivian Hiu Tung (HYS) 1:04.18	Tang Wing Yung (DGS) 1:05.62	Lam Suet (HYS) 1:07.73	Luk Yan (DGS) 1:08.63	Eunice Mau (MCS) 1:11.79	Liu Wing Yan (TLMSHK) 1:13.50	Wong Wan Sin (SPC) 1:28.79	Chung Lok Lam Gloria (SPCEC) 1:31.04
Rescue Medley - 100m <i>(Record : 1:23.52)</i>	Li Jamie (HYS) 1:25.75	Shun Nga Yan (HYS) 1:26.44	Lau Jovce Yan Ki (DGS) 1:27.90	Yau Fiona Hue Tung (DGS) 1:37.47	Ma Chun Wai (TLMSHK) 1:40.32	Liz Pang (MCS) 1:55.78	Poon Nok Yi (TLMSHK) 1:57.30	-----
Manikin Carry with Fins - 100m <i>(Record : 1:07.51)</i>	Chung Yan Ting (DGS) 1:13.80	Li Yuen Kei (HYS) 1:15.03	Kong Jacqueline Ann (DGS) 1:15.25	Wong Suet Yan (HYS) 1:17.94	Zoe Chan (MCS) 1:24.00	Li Wing Sze (TLMSHK) 1:24.60	Liu Wing Yan (TLMSHK) 1:24.80	Hervien Yeung (MCS) 1:28.94
Manikin Carry - 50m <i>(Record : 41.24)</i>	Li Jamie (HYS) 42.53	Lau Jovce Yan Ki (DGS) 43.69	Shun Nga Yan (HYS) 44.75	Ma Chun Wai (TLMSHK) 46.14	Yau Fiona Hue Tung (DGS) 54.15	Jenny Ma (MCS) 55.49	Tai Cheunk Ying (PCMS) 55.70	Poon Nok Yi (TLMSHK) 56.96
Manikin Tow with Fins - 100m <i>(Record : 1:07.38)</i>	Lai Vivian Hiu Tung (HYS) 1:05.96	Tang Wing Yung (DGS) 1:10.93	Chow Sin Hang (HYS) 1:15.33	Florence Jim (MCS) 1:20.01	Luk Yan (DGS) 1:20.26	Ho Lok Hei (TLMSHK) 1:21.96	Chan Wing Yee (PCMS) 1:26.59	Eunice Lo (MCS) 1:29.75
Super Lifesaver - 200m <i>(Record : 2:44.65)</i>	Lam Suet (HYS) 2:46.47	Ho Sandra (HYS) 3:09.62	Chu Hoi Yee (DGS) 3:18.40	Eunice Mau (MCS) 3:42.01	Lee Hiu Man (TLMSHK) 3:49.80	Tang Ying Kiu (TLMSHK) 3:53.67	Lam Tsz Kwan (MHLSS) 3:56.54	Zoe Chan (MCS) 4:08.94
Medley Relay - 4 x 50m <i>(Record : 1:52.57)</i>	(HYS) 1:52.95	(DGS) 2:00.20	(MCS) 2:07.19	(TLMSHK) 2:08.79	(LSK) 2:24.63	(PCMS) 2:29.70	(FLSS) 2:31.64	-----
Manikin Relay - 4 x 25m <i>(Record : 1:51.43)</i>	(HYS) 2:02.57	(DGS) 2:09.83	(TLMSHK) 2:39.51	(MCS) 2:52.09	(LSK) 3:16.32	(SPCEC) 3:20.21	-----	-----
Line Throw <i>(Record : 13.90)</i>	Xu He Ming (DGS) 16.78	Wong Suet Ling (HYS) 30.83	Chan Wai Wah (TLMSHK) 41.14	Lam Sin Tung (TLMSHK) 41.67	Chan Tsz Kwan (HYS) 42.88	-----	-----	-----

\* New Record