

中國香港學界體育聯會大埔及北區中學分會
2024-2025年度中學校際游泳比賽
比賽時間表

16/10/2024 (三)

地點：馬鞍山游泳池

| 時間 | 項目 | 初/決賽 | 男甲 | 男乙 | 男丙 | 女甲 | 女乙 | 女丙 |
|------|-----------|------|----------|----------|----------|------------|------------|----------|
| 0830 | 裁判及領隊報到 | | | | | | | |
| 0900 | 運動員熱身 | | | | | | | |
| 0930 | 100自由泳 | 決賽 | 1. (16) | 3. (29) | 5. (35) | 2. (6) | 4. (13) | 6. (19) |
| 1015 | 100蛙泳 | 決賽 | 7. (18) | 9. (17) | 11. (29) | 8. (12) | 10. (9) | 12. (12) |
| 1100 | 100背泳 | 決賽 | 13. (7) | 15. (9) | 17. (14) | 14. (4) | 16. (9) | 18. (7) |
| 1130 | 4x50自由泳接力 | 決賽 | 19. (11) | 21. (11) | 23. (14) | 20. (8) | 22. (10) | 24. (10) |
| 1215 | 午膳 | | | | | | | |
| 1400 | 運動員熱身 | | | | | | | |
| 1430 | 50自由泳 | 初賽 | 25. (29) | 27. (37) | 29. (40) | 26. (15) | 28. (16) | 30. (30) |
| 1500 | 50蛙泳 | 初賽 | 31. (22) | 33. (34) | 35. (35) | 32. (18) | 34. (11) | 36. (28) |
| 1530 | 50背泳 | 初賽 | 37. (10) | 39. (21) | 41. (17) | 38. (直入決賽) | 40. (12) | 42. (15) |
| 1600 | 50蝶泳 | 初賽 | 43. (17) | 45. (21) | 47. (21) | 44. (直入決賽) | 46. (直入決賽) | 48. (14) |
| 1700 | 第一天比賽完畢 | | | | | | | |

21/10/2024 (一)

地點：馬鞍山游泳池

| 時間 | 項目 | 初/決賽 | 男甲 | 男乙 | 男丙 | 女甲 | 女乙 | 女丙 |
|------|----------|------|----------|----------|----------|---------|----------|----------|
| 0830 | 裁判及領隊報到 | | | | | | | |
| 0900 | 運動員熱身 | | | | | | | |
| 0930 | 200自由泳 | 決賽 | 49. (9) | 51. (15) | 53. (15) | 50. (5) | 52. (11) | 54. (11) |
| 1015 | 200個人四式 | 決賽 | 55. (7) | 57. (10) | 59. (10) | 56. (6) | 58. (11) | 60. (3) |
| 1100 | 200蛙泳 | 決賽 | 61. (11) | 63. (9) | 65. (16) | 62. (7) | 64. (9) | 66. (8) |
| 1230 | 午膳 | | | | | | | |
| 1330 | 運動員熱身 | | | | | | | |
| 1400 | 50自由泳 | 決賽 | 67. (8) | 69. (8) | 71. (8) | 68. (8) | 70. (8) | 72. (8) |
| 1410 | 50蛙泳 | 決賽 | 73. (8) | 75. (8) | 77. (8) | 74. (8) | 76. (8) | 78. (8) |
| 1420 | 50背泳 | 決賽 | 79. (8) | 81. (8) | 83. (8) | 80. (7) | 82. (8) | 84. (8) |
| 1430 | 50蝶泳 | 決賽 | 85. (8) | 87. (8) | 89. (8) | 86. (7) | 88. (7) | 90. (8) |
| 1445 | 4x50四式接力 | 決賽 | 91. (7) | 93. (11) | 95. (10) | 92. (8) | 94. (5) | 96. (6) |
| 1530 | 頒獎典禮 | | | | | | | |

- 註： 1. 若決賽多於一組者，將以時間定名次。
 2. 各項比賽時間僅供參考，運動員應提前三十分鐘到場準備出賽。
 3. 賽程表方格內數字代表比賽次序，()內數字代表參賽人數。

The Schools Sports Federation of Hong Kong, China
Tai Po & North District Secondary Schools Area Committee
Inter-school Swimming Championships, 2024-2025
Time Table

16/10/2024 (Wednesday)

Venue: Ma On Shan Swimming Pool

| Time | Event | H/F | Boys A | Boys B | Boys C | Girls A | Girls B | Girls C |
|------|--|-------|----------|----------|----------|----------------------|----------------------|----------|
| 0830 | Report Time for Judges and Team Managers | | | | | | | |
| 0900 | Warm Up Session | | | | | | | |
| 0930 | 100m Free Style | Final | 1. (16) | 3. (29) | 5. (35) | 2. (6) | 4. (13) | 6. (19) |
| 1015 | 100m Breast Stroke | Final | 7. (18) | 9. (17) | 11. (29) | 8. (12) | 10. (9) | 12. (12) |
| 1100 | 100m Back Stroke | Final | 13. (7) | 15. (9) | 17. (14) | 14. (4) | 16. (9) | 18. (7) |
| 1130 | 4x50m Freestyle Relay | Final | 19. (11) | 21. (11) | 23. (14) | 20. (8) | 22. (10) | 24. (10) |
| 1215 | Lunch | | | | | | | |
| 1400 | Warm Up Session | | | | | | | |
| 1430 | 50m Free Style | Heat | 25. (29) | 27. (37) | 29. (40) | 26. (15) | 28. (16) | 30. (30) |
| 1500 | 50m Breast Stroke | Heat | 31. (22) | 33. (34) | 35. (35) | 32. (18) | 34. (11) | 36. (28) |
| 1530 | 50m Back Stroke | Heat | 37. (10) | 39. (21) | 41. (17) | 38. (Straight Final) | 40. 12 | 42. 15 |
| 1600 | 50m Butterfly | Heat | 43. (17) | 45. (21) | 47. (21) | 44. (Straight Final) | 46. (Straight Final) | 48. 14 |
| 1700 | End of Day 1 | | | | | | | |

21/10/2024 (Monday)

Venue: Ma On Shan Swimming Pool

| Time | Event | H/F | Boys A | Boys B | Boys C | Girls A | Girls B | Girls C |
|------|--|-------|----------|----------|----------|---------|----------|----------|
| 0830 | Report Time for Judges and Team Managers | | | | | | | |
| 0900 | Warm Up Session | | | | | | | |
| 0930 | 200m Free Style | Final | 49. (9) | 51. (15) | 53. (15) | 50. (5) | 52. (11) | 54. (11) |
| 1015 | 200m Individual Medley | Final | 55. (7) | 57. (10) | 59. (10) | 56. (6) | 58. (11) | 60. (3) |
| 1100 | 200m Breast Stroke | Final | 61. (11) | 63. (9) | 65. (16) | 62. (7) | 64. (9) | 66. (8) |
| 1230 | Lunch | | | | | | | |
| 1330 | Warm Up Session | | | | | | | |
| 1400 | 50m Free Style | Final | 67. (8) | 69. (8) | 71. (8) | 68. (8) | 70. (8) | 72. (8) |
| 1410 | 50m Breast Stroke | Final | 73. (8) | 75. (8) | 77. (8) | 74. (8) | 76. (8) | 78. (8) |
| 1420 | 50m Back Stroke | Final | 79. (8) | 81. (8) | 83. (8) | 80. (7) | 82. (8) | 84. (8) |
| 1430 | 50m Butterfly | Final | 85. (8) | 87. (8) | 89. (8) | 86. (7) | 88. (7) | 90. (8) |
| 1445 | 4x50m Medley Relay | Final | 91. (7) | 93. (11) | 95. (10) | 92. (8) | 94. (5) | 96. (6) |
| 1530 | Prize Presentation Ceremony | | | | | | | |

Remarks:

- Final events with more than one heat will be swum as a timed final.
- The event time is shown for reference only, HKSSF may adjust the time wherever necessary.
Swimmers are requested to be present 30 minutes prior to the scheduled competition time, and must report to the Marshalling Area when their events are called.
- The numbers shown inside the box and () represent the event sequence and no. of participants respectively.