Day One 30 November 2026

Event 5	Boys A Grade 400m Hurdles(PRE)			9:00am
	Record :	**57.06**		**Standard: 1:13.00**
Heat 1/3	1	14007	Law Yat Chun	LSKC
	2	28004	LAI NATHANAEL NOK HANG	YLLSS
	3	18003	CHUNG TSZ HO	MKPKC
	4	35016	YEUNG CHEUK HEI	TSTSS
	5	07017	ZHENG YUEHAO	CYMCASS
	6	25005	HUANG GEORGE	YYC
	7	04014	Lee Cheuk Yin	FYW
	8	10010	LIU YU XUAN	YDSS
Heat 2/3	1	14010	Leung King Bond	LSKC
	2	09004	LAU TIN LOK	TCSS
	3	10005	KWOK HO KWAN KARSTEN	YDSS
	4	02010	WANG CHI KWOK	BMFMC
	5	33002	CHAN SAN YUK	KYWC
	6	32017	Yu King Kiu	TSWMC
	7	20005	LAM HO CHUN	TPK
	8	26006	FUNG WOOD CHING	STC
Heat 3/3	1	25014	TSOI TSZ LONG	YYC
	2	35015	YE TSUN TING	TSTSS
	3	32004	CHUNG TSZ LONG	TSWMC
	4	26005	FOK TING HEI	STC
	5	04019	XU TUNG YUEN	FYW
	6	18004	DONG CHI HONG	MKPKC
	7	07012	PAN MING YAO	CYMCASS

Event 6	Boys B Grade 3000m(F)			9:30am
	Record :	**9:41.00**	**Standard:**	**12:35.00**
Final 1/2	**1**	10017	AU, CHUN HEI	YDSS
	2	15016	MENG Ling Ha Kwan Quinto	HDC
	3	21025	WU CHI KUEN	PS
	4	04029	LOK YUI SHUN	FYW
	5	36013	Wang, Junjie Johnson	YLCSS
	6	26030	LAM WAI HUNG AIDAN	STC
	7	22028	TU KING KIU	TKW
	8	20020	CHONG WING TSUN	T.P.K.
	9	33021	KAM CHIN FUNG	KYWC
	10	09018	LEE SHEUNG CHIT	TCSS
	11	03028	NG TSZ HIM	CYS
	12	08010	LI CHI HANG	CLSMSS
	13	31005	CHAN CHUN HEI	YMCA
	14	25029	IP TSZ NOK	YYC
	15	01013	li tin yat	BHS
	16	27021	YU AUSTIN	BBSS
	17	07030	WONG HIU PONG	YMCA
	18	24007	LEUNG Ka Long	KYS
	19	18029	HO KIN NAM	MKPC
	20	32029	Mui Tin Nok	TSWMC
	21	23028	TSE TSZ FUNG	QESOSA
	22	35025	MAN CHUN HIN	TSTSS
	23	16029	SU WILFRID TSZ YIN	JCMKEC
	24	14030	Wong Kayson	LSKC
Final 2/2	**1**	33033	Yu Ho Ching	KYWC
	2	38011	MAK PUI HANG	YLPSS
	3	27012	CHOI YIK TAT	BBSS
	4	05019	YIP Tin Long	CCCKLC
	5	35019	FONG, Ting Lok	TSTSS
	6	18026	CHEUNG TSZ WUN XAVIER	MKPC
	7	16028	SO TSZ FUNG	JCMKEC
	8	14021	Chau Lap Sing	LSKC
	9	03026	LI ZHANWEN	CYS
	10	12017	FUNG TSZ HO	GSLC
	11	09014	CHEUNG CHIN WAI	TCSS
	12	22023	LUK HO YIN	TKW
	13	20028	REN TSZ CHUN	T.P.K.
	14	25026	CHEUNG YUK CHEUNG	YYC
	15	32032	Wong Tsz Hin	TSWMC
	16	07019	Chan Shing Hei	YMCA
	17	23030	WONG KI FUNG	QESOSA
	18	31010	LO CHIN LONG	TSWGSS
	19	21024	TANG YU CHING	PS
	20	15017	SHEN PAK IP	HDC
	21	04020	AU WAI CHUN	FYW
	22	24004	CHEUNG King Yin	KYS
	23	08008	CHEUNG TING HIN	CLSMSS
	24	26025	FUNG WANG HEI DASH	STC

Event 7	Boys A Grade 5000m(F)			9:30am
	Record :	**0.00**	**Standard: 0.00**	
Final 1/2	1	27007	WONG HO LAM	BBSS
	2	22014	YUEN KAI HIM	TKW
	3	32010	Li Ka Chi	TSWMC
	4	26015	NG KA KIN	STC
	5	28002	HO PAK HEI	YLLSS
	6	23011	Shum Chun Ying	QESOSA
	7	03006	Hui Yan Ching	CYS
	8	21009	Man Pak Lam Cass	PS
	9	18014	Luo Zelin	MKPC
	10	13010	SUMARLI ZACHARY ETHAN	HTMS
	11	25007	LEE Hin Ching Matthew	YYC
	12	30015	YAU, Long Ho	CLCT
	13	12002	CHAN CHING HO	GSLC
	14	07005	HUANG TSZ HEI	YMCA
	15	24003	WANG HO CHING	KYS
	16	10004	HUANG, KWUN KWAI	YDSS
	17	35013	WONG HIU YAT	TSTSS
	18	14018	Yuen Lok Kan Jason	LSKC
	19	04013	LAU WANG HIN	FYW
	20	01005	TSUI KA HUNG	BHS
	21	20003	CHONG NGOK PIU	T.P.K.
	22	16003	CHAN Tsz Fung	JCMKEC
	23	33006	LAI HIU TUNG	KYWC
Final 2/2	1	15005	LAU YAT HEI	HDC
	2	32013	Tsang Chun Yim	TSWMC
	3	12009	LI CHUN HEI	GSLC
	4	11001	Chan Wai Yin	LA
	5	30007	CHEN Yizheng	CLCT
	6	14001	Chan Ho Fung	LSKC
	7	16012	LO YU HIN	JCMKEC
	8	21008	LI HAU CHING	PS
	9	24002	LAW KWOK YIN	KYS
	10	22012	TANG CHO NGAI	TKW
	11	28005	LEE, Kwok Ching	YLLSS
	12	26014	LUI WAI SUM	STC
	13	35007	LEE PAK NGAI	TSTSS
	14	13013	WONG TSZ KIU	HTMS
	15	10002	HO SIU KONG	YDSS
	16	27002	CHEN NIANXUN	BBSS
	17	07014	SUEN HIU FAI	YMCA
	18	33010	MOK Tsz Him	KYWC
	19	25001	CHAN HIN PAK	YYC
	20	18006	Kwok Chin Hei	MKPC
	21	03013	WENG HANG CHING	CYS
	22	04009	CHU KA MING	FYW
	23	20012	NG CHUN NAM	T.P.K.

Event 11	Boys A Grade 200m(PRE)			11:00am
	Record :	**21.04**		**Standard: 26.60**
Heat 1/8	1	18012	LEUNG JAN SAU DAVID	MKPKC
	2	11005	HUNG, Rex	LUAC
	3	32007	KOK PAAK LONG	TSWMC
	4	23004	FU CHEUK TING	QESOSA
	5	35001	CAI TSZ YIN	TSTSS
	6	28009	WAN, Ho Lam	YLLSS
	7	10011	LU SHING KWAN	YDSS
	8	36001	LEUNG KA HIM	YLCSS
Heat 2/8	1	25016	XU WAI LOK	YYC
	2	21013	Tse Ka Chung	PSCSS
	3	37002	HOU CHEUK LAM	YLMASS
	4	02014	YU KIN LAM	BMFMC
	5	20008	LI KA YU	TPK
	6	33001	CHAN CHING YIN GABRIEL	KYWC
	7	38004	LI PAK KIU	YLPSS
	8	16001	CAI KAIDI	JCMKEC
Heat 3/8	1	09006	LI JUNTING SAM	TCSS
	2	03003	CHAU TSZ LONG	CYS
	3	01002	Li, Dida	BHS
	4	26010	LAM CHING BYRON	STC
	5	07004	CHAN Pak Nam	CYMCASS
	6	12010	LI KA FAI	GSLC
	7	22009	LAU, Ethan	TKW
Heat 4/8	1	30008	CHEN, Wendong	CLCT
	2	17001	GUO ZHIYE	JCCYL
	3	05007	Zhou Ka Ho Jesse	CCCKLC
	4	14016	Wong Ming Hei	LSKC
	5	06001	LEUNG TIN YAT LOUIS	CCCKY
	6	08001	CHAN TSZ NOK	CLSMSS
	7	13015	ZHOU LAM PAN	HTMS
Heat 5/8	1	09001	CHAN KA MING	TCSS
	2	04005	Chen Jianxin	FYW
	3	22008	LAM HEI HANSON	TKW
	4	13004	LAI KA SHING	HTMS
	5	03009	LI HONGKAI	CYS
	6	14012	Ng Shing Chun	LSKC
	7	06002	Mok Hei Long	CCCKY
Heat 6/8	1	04011	Huang Ho Yeung	FYW
	2	16014	SHUM KA HO	JCMKEC
	3	07009	LUI TSZ CHING	CYMCASS
	4	12007	HO SIU FUNG	GSLC
	5	25013	NG PAK SUM	YYC
	6	26004	DENG MAN YIN	STC
	7	01009	YAO, MING	BHS

Heat 7/8	1	21014	YAU YAT KAN	PSCSS
	2	37007	Sit yik long	YLMASS
	3	36002	NG SUI KI	YLCSS
	4	38003	LEUNG CHUN HEI ALCO	YLPSS
	5	33007	LEE Tsz Ho	KYWC
	6	20010	LU SHING KON	TPK
	7	02013	XU Kai Tsang	BMFMC
Heat 8/8	1	32001	BYAMBASUREN BATTUMUR	TSWMC
	2	23002	CHAN PEI TSUN	QESOSA
	3	28006	LEUNG WAI HIN	YLLSS
	4	11009	POON, Wing Kei	LUAC
	5	10003	HO WAI HEI	YDSS
	6	18022	ZANG YUECHUAN	MKPKC
	7	35008	LEUNG CHEUK NAM	TSTSS

Event 12 Girls A Grade 200m(PRE) **11:00am**

Record : 26.26 Standard: 33.80

Heat 1/5	1	07051	LEE WAI LAM	CYMCASS
	2	35049	LAM SUM MEI	TSTSS
	3	13037	CHAN SZE WING	HTMS
	4	11030	LEUNG Ka Chun Candace	LUAC
	5	21038	Ho Oi Yi	PSCSS
	6	02039	LI LOK YING	BMFMC
	7	34038	SO KA CHING	LKT
	8	14047	Lam Ching	LSKC
Heat 2/5	1	32052	Huang sixin	TSWMC
	2	28027	WONG SUM YI	YLLSS
	3	26057	TAM KING MOON	STC
	4	23051	FUNG WAI LAAM	QESOSA
	5	04057	To Hoi Yin	FYW
	6	16052	MA HOI SHAN	JCMKEC
	7	22038	CHAN CHI MAN	TKW
	8	33056	LU SZE TING	KYWC
Heat 3/5	1	26052	CHEUNG WING SUM	STC
	2	27034	WONG TSZ HUEN	BBSS
	3	33058	WONG YEUK TIK	KYWC
	4	09040	CHAN SZE YU	TCSS
	5	20051	CHONG CHING LAM JAYLYNI	TPK
	6	25059	LI WING CHI	YYC
	7	18058	CHO TSZ YAU	MKPKC
	8	08027	FUNG KWOK YEE	CLSMSS

Heat 4/5	1	04050	FU XITONG AMY	FYW
	2	16050	LEUNG PING WAI VENUS	JCMKEC
	3	20048	CHAU CHEUK YING	TPK
	4	25066	ZHOU KE CHUN	YYC
	5	18061	LAW WAI MAN	MKPKC
	6	09041	CHOW WING CHING	TCSS
	7	32053	Kwok Hoi Ki	TSWMC
	8	23056	NG TSZ CHING	QESOSA
Heat 5/5	1	11032	MAN, Sum Yi	LUAC
	2	21043	Tham Pak Yin Ellen	PSCSS
	3	07045	CHENG SUM YI	CYMCASS
	4	28023	CHEUNG, Ka Man	YLLSS
	5	35045	FAN CHING NING	TSTSS
	6	34033	CHAN YU YAN	LKT
	7	02042	PENG YUXUAN	BMFMC
	8	13040	CHENG CHI TING	HTMS

Event T6 Boys B Grade 200m(PRE) **11:00am**

Record : **0.00** **Standard: 0.00**

Heat 1/8	1	09019	MO JINCHENG	TCSS
	2	08012	WU ZHIJIANG	CLSMSS
	3	30026	LU,Wen Ju	CLCT
	4	16021	LAI TSZ HIM	JCMKEC
	5	25027	DENG JUNXI	YYC
	6	14031	Yeung Chun Hei	LSKC
	7	38015	YAU,ALEX YUNG KONG	YLPSS
	8	23027	TSANG LONG HEI	QESOSA
Heat 2/8	1	36015	ZHANG JIAWEI	YLCSS
	2	02015	CHAN TSZ YU BRANDON	BMFMC
	3	12019	Leung Long Him	GSLC
	4	11021	Tang Ho San, Isaac	LUAC
	5	33020	CHOW PAK YAN	KYWC
	6	37012	FAN YIK HANG	YLMASS
	7	06004	GE MING XIN	CCCKY
	8	32024	KWONG CHING HO	TSWMC
Heat 3/8	1	31008	FUNG KWAN HO	TSWGSS
	2	20021	CHOW LEONG HANG	TPK
	3	07027	LI HO YIN	CYMCASS
	4	17004	FAN ZHENXI	JCCYL
	5	04028	LIU JIAXIANG	FYW
	6	18037	UZOMA STANLEY CHINAEDU	MKPKC
	7	27015	LEE HIN NAM	BBSS
	8	35021	LEE PO SUN SUNNY	TSTSS

Heat 4/8	1	21023	SU WAI FUNG	PSCSS
	2	34023	WONG PAK KIU	LKT
	3	28012	Pak Siu Hang	YLLSS
	4	05018	YU JINHENG	CCCKLC
	5	22017	CHAN YAU HANG	TKW
	6	10024	LEE YAT HEI	YDSS
	7	03021	CHENG TSUN HONG	CYS
	8	15010	Choi Pak Hei	HDC
Heat 5/8	1	10026	TENG CHEUK LUN	YDSS
	2	03026	LIN GUOJIE	CYS
	3	26031	LAU TUNG HEI	STC
	4	13022	LIU RONGGANG	HTMS
	5	15018	TSANG CHEUK YIN	HDC
	6	21018	FOK HEI NOK JONATHAN	PSCSS
	7	34016	HUANG WEIDE	LKT
	8	22024	MIU CHUNG KAI	TKW
Heat 6/8	1	04031	TSANG YUET YEUNG	FYW
	2	18027	Choi Tsun Him	MKPKC
	3	05012	LO HO YIN JAVAS	CCCKLC
	4	26034	WONG SHING HEI	STC
	5	28016	WANG ZHENXUAN	YLLSS
	6	35018	CHIU NGAI KIU KOEN	TSTSS
	7	20032	ZHOU YUYANG	TPK
	8	17003	CHU DANIEL KOFI	JCCYL
Heat 7/8	1	23019	LEUNG PAK KIU	QESOSA
	2	33030	TSANG, HUNG KWAN	KYWC
	3	32026	LAO ANDREW	TSWMC
	4	07023	CHENG KAI YEUNG	CYMCASS
	5	02026	WU TSZ YEUNG	BMFMC
	6	06005	LAU HUNG WING	CCCKY
	7	37011	CHU TSZ KA	YLMASS
Heat 8/8	1	30028	TANG,Kwan Shing	CLCT
	2	16018	Chen Kei Yuen Gideon	JCMKEC
	3	14028	Ng Ho Chit	LSKC
	4	08011	LIN ZHOUSI	CLSMSS
	5	38009	FAN YAT LONG	YLPSS
	6	09026	ZENG BERT BOMING	TCSS
	7	25037	WU HEI YU	YYC

Event 14	Girls B Grade 200m(PRE)			11:00am
	Record :	**25.77**	**Standard: 34.30**	
Heat 1/7	1	02053	YANG WAI SHAN	BMFMC
	2	25070	HAU YIN FEI	YYC
	3	21053	SEE SUET YI	PSCSS
	4	19027	YU TSZ YUU	HYKYL
	5	30053	Tang Sze Wan	CLCT
	6	32062	CHEUNG SHAN SHAN	TSWMC
	7	13058	MAK ZOEY SINLEON MANGA	HTMS
	8	33066	Lau Wai Ting Vian	KYWC
Heat 2/7	1	26068	HU TIN CHING	STC
	2	28028	CHAN CHING LAM	YLLSS
	3	04060	CHEN KA YIN HAYLEY	FYW
	4	12038	Fung Pan Yao	GSLC
	5	18074	LEUNG WING YI MELODY	MKPKC
	6	22051	SUEN HAU TUNG DOROTHY	TKW
	7	20063	CHING TSZ YING	TPK
	8	06011	CHEN GRACE	CCCKY
Heat 3/7	1	31030	CHEUNG MAN CHING	TSWGSS
	2	07059	LAM SHING	CYMCASS
	3	38030	LI SUM YAU	YLPSS
	4	11045	Tse Tsz Yan Serena	LUAC
	5	09054	YANG ZITONG	TCSS
	6	35067	TSANG TSZ CHING	TSTSS
	7	08033	CHEUNG CHI WAN ELLIE	CLSMSS
Heat 4/7	1	35064	NG WING CHING	TSTSS
	2	08040	WONG WAI TUNG	CLSMSS
	3	23064	HA PUI KA	QESOSA
	4	05031	LAM PUI YI	CCCKLC
	5	14057	Chong Tsin Yau	LSKC
	6	16068	WONG Annette Sum Kiu	JCMKEC
	7	07063	PAN JING YI	CYMCASS
Heat 5/7	1	16069	YAN Tsz Yin	JCMKEC
	2	38028	IP TUNG	YLPSS
	3	26066	CHENG LONG KIU	STC
	4	14058	Du Astrid	LSKC
	5	23065	HO WING YI	QESOSA
	6	09055	YIP SIN MAN	TCSS
	7	11038	KWOK, Hau Ling	LUAC
Heat 6/7	1	28033	Wong Hiu Yung	YLLSS
	2	04063	LAU LAI KEI	FYW
	3	33065	HON, Mei Po	KYWC
	4	20067	LIANG PAK YIU	TPK
	5	22048	LI YUI	TKW
	6	18079	WONG CHI CHING	MKPKC
	7	12043	Wong Wai Sin	GSLC

Heat 7/7	1	21050	CHOI LING YU ABBY	PSCSS
	2	19021	CUI JESSIE	HYKYL
	3	32071	WAN YAT SUM	TSWMC
	4	25078	TSANG TSZ YAU	YYC
	5	13051	ARSHAD HANIYA	HTMS
	6	02049	SEE WING HUEN	BMFMC
	7	30049	Lee Hoi Ching	CLCT

Event 15 Boys C Grade 200m(PRE) **11:00am**

Record : 24.09 **Standard: 29.90**

Heat 1/8	1	24015	MAK TSZ HIN	KYSSS
	2	23045	TSANG TSZ CHUN	QESOSA
	3	05020	LAM CHEUK KIN	CCCKLC
	4	19008	CHEUNG ELVIS	HYKYL
	5	21030	LAU CHAK YU	PSCSS
	6	20043	SIN CHUN KIU	TPK
	7	35034	LAM TSZ HEI	TSTSS
	8	08020	LIU BRAYDEN	CLSMSS
Heat 2/8	1	37022	LENG NGAI FUNG	YLMASS
	2	36018	Yeung Pak Kiu	YLCSS
	3	25047	LAM PAK KIU	YYC
	4	12027	LAN ZHI WEN	GSLC
	5	02034	YAN JINHUA	BMFMC
	6	10035	WONG CHING HOI	YDSS
	7	32042	LAM LOK YIN	TSWMC
	8	22035	LAM WAI SIN	TKW
Heat 3/8	1	13034	LEE WAN YAU	HTMS
	2	07037	LEUNG SHUN WAI	CYMCASS
	3	38018	CHEUNG SZE LONG STEFAN	YLPSS
	4	26042	NG SHING LONG	STC
	5	31015	CHUI TIK MAN	TSWGSS
	6	18042	AU YEUNG HO YIN	MKPKC
	7	30038	SHING,Pak Hei	CLCT
	8	11023	Chuk Chuk	LUAC
Heat 4/8	1	16047	WU MING HIN	JCMKEC
	2	34031	YANG KA LOK	LKT
	3	09035	LAM PAK NGAI	TCSS
	4	15024	LEE PAK NAM	HDC
	5	28021	LEUNG WAN LIK	YLLSS
	6	33038	CHUNG, Muk Hei	KYWC
	7	14032	Cheng Yu Hei	LSKC
	8	04037	CHAN HO CHING	FYW

Heat 5/8	1	33043	MAN Lok Chun	KYWC
	2	09029	CAO CHUN	TCSS
	3	04041	LEE YIN YAT	FYW
	4	16035	CHAN LONG HIN	JCMKEC
	5	14039	Mak Ho Fung	LSKC
	6	13036	WONG PAK HEI	HTMS
	7	28019	FOK LONG YUI	YLLSS
	8	07032	CHAU TSE YEUNG	CYMCASS
Heat 6/8	1	30041	WONG,Tsz Wai	CLCT
	2	22034	LAM WAI SHUN	TKW
	3	31020	YEUNG HIU SHUN	TSWGSS
	4	18053	LUK NGAI TIN	MKPKC
	5	37024	Wong Chi Him	YLMASS
	6	26043	TANG CHI NOK	STC
	7	38020	HUNG SHEUNG YU	YLPSS
Heat 7/8	1	36017	Law Chi Him	YLCSS
	2	25053	ZHU TSZ HEI	YYC
	3	08022	PANG TING YAN MATTHEW	CLSMSS
	4	32040	FUNG WING HIM	TSWMC
	5	10027	CHENG SIN LAI	YDSS
	6	02031	LIAO YEMING	BMFMC
	7	12025	CHU LIK HIM HARRY	GSLC
Heat 8/8	1	05021	LEE CHING HO	CCCKLC
	2	19011	MAK CHI SHING	HYKYL
	3	20042	NGAI KA HUNG	TPK
	4	23047	WONG KA MING	QESOSA
	5	35035	LEUNG KA KIU	TSTSS
	6	24014	LIEM KING WANG	KYSSS
	7	21036	YUEN KAI HIN	PSCSS

Event 16 Girls C Grade 200m(PRE) **11:00am**

Record : 26.43 Standard: 34.80

Heat 1/9	1	25092	WONG CHING WUN	YYC
	2	17015	LEE HOI KI	JCCYL
	3	23085	LEUNG WING YIU	QESOSA
	4	16076	NG HEI YIN	JCMKEC
	5	04080	RAI NIMSHA	FYW
	6	36025	Ng Cheuk Yau	YLCSS
	7	14071	Fong Yui Wan	LSKC
	8	19029	CHENG WING CHI	HYKYL
Heat 2/9	1	35078	Leung Hei In	TSTSS
	2	10047	FUNG KA MAN KATE	YDSS
	3	30057	LIU, Wai Lam	CLCT
	4	37040	LUK NGA CHING	YLMASS
	5	08046	TANG TSZ CHING	CLSMSS
	6	28038	YEUNG HEI TUNG EMMA	YLLSS
	7	07070	LI TSZ NI EUGENIE	CYMCASS
	8	11049	CHAN Tsz Ching	LUAC

Heat 3/9	1	13063	LAM ALFI	HTMS
	2	15031	LEE WING CHI	HDC
	3	03043	CHING Tsz Ching	CYS
	4	01019	JUANICO CHEYENNE LEE	BHS
	5	32077	CHEUNG TSZ KI BELLE	TSWMC
	6	05040	NG CHEUK LAM	CCCKLC
	7	26079	CHAN WAN CHING	STC
Heat 4/9	1	21060	MAK SIU YAU	PSCSS
	2	31037	ZHANG ENCHEN	TSWGSS
	3	22056	KAN HEI YIU KAYLEY	TKW
	4	33081	YIP KA YI	KYWC
	5	18087	SUEN HO CHING	MKPKC
	6	12050	MO YUEN SUM	GSLC
	7	20081	LAU KA KI	TPK
Heat 5/9	1	12047	Chak Hoi Kiu	GSLC
	2	20082	LAU LIA YEE NGA	TPK
	3	21062	TSO HING WAN HAILEY	PSCSS
	4	02055	CHAN HO TUNG	BMFMC
	5	27054	TSUI SHEE YING	BBSS
	6	34057	TSUI HEI YUE	LKT
	7	09061	TSOI HANG HEI	TCSS
Heat 6/9	1	15032	Yeung Cheuk Ying	HDC
	2	22060	WONG YAN YI	TKW
	3	02056	CHAN SZE HAM	BMFMC
	4	27050	LEUNG SIN KIU	BBSS
	5	09059	CHUNG WING SUM	TCSS
	6	18089	WONG PAK YAN SHERYL	MKPKC
	7	33078	SANJAI, Woraya	KYWC
Heat 7/9	1	32086	Yeung E Ching	TSWMC
	2	11048	CHAN Pui Ji	LUAC
	3	26089	WONG WING SZE	STC
	4	05037	Lee Ka Yu	CCCKLC
	5	35077	KONG YEE MAN	TSTSS
	6	01020	WONG LOK LAM	BHS
	7	03046	MO HOI WAI	CYS
Heat 8/9	1	10048	KWONG WING YEE	YDSS
	2	30056	LEE,Yee Suen	CLCT
	3	19032	KWOK CHING YU AMINA	HYKYL
	4	07068	LEUNG TUNG YAN	CYMCASS
	5	28035	CHAU NINA YIK YAU	YLLSS
	6	08041	CHAN TSOI LAAM	CLSMSS
	7	37041	WONG HUI YING	YLMASS

Heat 9/9	1	23081	HUNG TAK YUET	QESOSA
	2	16071	KHAN FATMAH ALIJAH	JCMKEC
	3	36027	SO SIN TING	YLCSS
	4	17014	FUNG CHIN YU	JCCYL
	5	14072	Ho Lok Ka	LSKC
	6	25093	WONG YAN YU	YYC
	7	04081	TANG KA YI	FYW

Event 21 Boys A Grade 4x400m Relay(PRE) **2:15pm**

Record : 3:31.06 **Standard: 4:10.00**

Heat 1/4	1	CLSMSS
	2	KYWC
	3	FYW
	4	GSLC
	5	MKPKC
	6	TCSS
	7	TKW
	8	YLPSS
Heat 2/4	1	HYKYL
	2	PSCSS
	3	YDSS
	4	CLCT
	5	LSKC
	6	YYC
	7	LKT
	8	YLMASS
Heat 3/4	1	JCMKEC
	2	QESOSA
	3	LUAC
	4	KYSSS
	5	HDC
	6	STC
	7	TSTSS
	8	BHS
Heat 4/4	1	BMFMC
	2	YLLSS
	3	CYS
	4	TSWMC
	5	CYMCASS
	6	HTMS
	7	TPK
	8	BBSS

Event 22	Girls A Grade 4x400m Relay(PRE)		2:15pm
	Record :	**4:25.69**	**Standard: 5:30.00**
Heat 1/3	**1**		CYMCASS
	2		STC
	3		LKT
	4		HTMS
	5		TSWMC
	6		CLSMSS
	7		MKPKC
	8		HYKYL
Heat 2/3	**1**		TSTSS
	2		YYC
	3		TKW
	4		JCMKEC
	5		FYW
	6		LSKC
	7		QESOSA
Heat 3/3	**1**		KYWC
	2		TPK
	3		YDSS
	4		TCSS
	5		BBSS
	6		YLLSS
	7		LUAC

Event 23	Boys B Grade 4x400m Relay(PRE)		2:15pm
	Record :	**3:43.63**	**Standard: 4:25.00**
Heat 1/4	**1**		CYS
	2		TSWMC
	3		FYW
	4		TKW
	5		LUAC
	6		BBSS
	7		YDSS
	8		CCCKLC
Heat 2/4	**1**		YLMASS
	2		TSWGSS
	3		YYC
	4		JCCYL
	5		HYKYL
	6		TSTSS
	7		BHS
	8		LSKC
Heat 3/4	**1**		CLCT
	2		TCSS
	3		STC
	4		BMFMC
	5		TPK
	6		PSCSS
	7		HDC
	8		LKT
Heat 4/4	**1**		KYSSS
	2		CYMCASS
	3		CLSMSS
	4		MKPKC
	5		HTMS
	6		QESOSA
	7		JCMKEC
	8		KYWC

Event 24	Girls B Grade 4x400m Relay(PRE)		2:15pm
	Record :	**4:28.03**	**Standard: 5:37.00**
Heat 1/3	**1**		QESOSA
	2		TSTSS
	3		TKW
	4		LKT
	5		MKPKC
	6		YYC
	7		CYMCASS
	8		BBSS
Heat 2/3	**1**		HYKYL
	2		FYW
	3		YLPSS
	4		TCSS
	5		HTMS
	6		YDSS
	7		STC
Heat 3/3	**1**		CLSMSS
	2		KYWC
	3		LUAC
	4		LSKC
	5		JCMKEC
	6		TPK
	7		TSWMC

Event 25	Boys C Grade 4x400m Relay(PRE)		2:15pm
	Record :	**3:58.94**	**Standard: 4:52.00**
Heat 1/4	**1**		TSTSS
	2		GSLC
	3		CLSMSS
	4		YLMASS
	5		PSCSS
	6		LSKC
	7		TKW
Heat 2/4	**1**		TSWMC
	2		STC
	3		LUAC
	4		YYC
	5		BBSS
	6		KYWC
	7		TCSS
Heat 3/4	**1**		TPK
	2		TSWGSS
	3		CLCT
	4		HTMS
	5		QESOSA
	6		LKT
	7		FYW
Heat 4/4	**2**		CYMCASS
	3		JCMKEC
	4		YDSS
	5		HYKYL
	6		MKPKC
	7		JCCYL

Event 26	Girls C Grade 4x400m Relay(PRE)		2:15pm
	Record :	**4:41.06**	**Standard: 5:40.00**
Heat 1/3	**1**		HTMS
	2		TKW
	3		HYKYL
	4		CYMCASS
	5		BBSS
	6		YLMASS
	7		KYWC
	8		TCSS
Heat 2/3	**1**		QESOSA
	2		STC
	3		LSKC
	4		GSLC
	5		YDSS
	6		TSWMC
	7		TSTSS
	8		FYW
Heat 3/3	**1**		JCMKEC
	2		MKPKC
	3		LKT
	4		CLSMSS
	5		LUAC
	6		TPK
	7		YYC

Day Two 03 December 2026

Event 29	Boys A Grade 110m Hurdles(PRE)			8:30am
	Record :	**13.94**		**Standard: 20.30**
Heat 1/4	1	25006	LAI KIN LOK	YYC
	2	18004	DONG CHI HONG	MKPKC
	3	32004	CHUNG TSZ LONG	TSWMC
	4	33014	WONG Pak Ki	KYWC
	5	14010	Leung King Bond	LSKC
	6	35003	CHOW CHUN KONG	TSTSS
	7	03018	ZHANG Hau Yeung	CYS
Heat 2/4	1	11003	Fu Bo Jun	LUAC
	2	26007	HO CHEUK HANG	STC
	3	13005	LEE HUI WANG	HTMS
	4	16015	WONG PIU KUEN	JCMKEC
	5	04012	HUANG SHOU CHAO	FYW
	6	02005	LIN MING KIN	BMFMC
	7	20005	LAM HO CHUN	TPK
Heat 3/4	2	07016	YUEN CHUN WING	CYMCASS
	3	25005	HUANG GEORGE	YYC
	4	26009	IP TSZ LONG	STC
	5	02012	WU QINGLING	BMFMC
	6	04010	Guo Juanhao	FYW
	7	18015	MAK TIN YEUNG	MKPKC
Heat 4/4	2	32005	HUANG Tsz Hang	TSWMC
	3	07001	CHAN CHUN HEI	CYMCASS
	4	03014	WONG CHING WAN	CYS
	5	35015	YE TSUN TING	TSTSS
	6	14016	Wong Ming Hei	LSKC
	7	33008	LEE Yam Ching	KYWC

Event 30	Boys B Grade 100m Hurdles(PRE)			8:30am
	Record :		**13.22**	**Standard: 20.50**
Heat 1/4	1	09013	CHENG PANG KUI	TCSS
	2	20031	YEUNG SUM TING	TPK
	3	04030	Luk Chun Kit Jacky	FYW
	4	23023	LO PAK SHING	QESOSA
	5	02017	FENG NICKEL	BMFMC
	6	11018	LAU, Yu Chit	LUAC
	7	25033	TSANG CHUN HEI	YYC
	8	34019	LIU SICAI TONY	LKT
Heat 2/4	1	14027	Luen Tin Lok	LSKC
	2	22025	SIU TSZ HIN ISSAC	TKW
	3	26026	GAN CHUEN YU LO	STC
	4	28015	TSE WAN TIK	YLLSS
	5	32022	CHOW LOK YUEN	TSWMC
	6	18034	LI MING HEI	MKPKC
	7	07018	CHAN KAI TING	CYMCASS
	8	16017	CHAN KA LOK HENDRY	JCMKEC
Heat 3/4	1	32031	Wang Zijing	TSWMC
	2	18025	CHEUNG TSUN YIN	MKPKC
	3	07022	CHAN WAI LAM	CYMCASS
	4	35022	LIN TUNG SHING	TSTSS
	5	17004	FAN ZHENXI	JCCYL
	6	22032	YEUNG CHUN HEI	TKW
	7	33026	LO WING HEI	KYWC
	8	26021	CHENG CHI HIM	STC
Heat 4/4	1	23020	LI HO HEI	QESOSA
	2	02019	HO, Ka Kit Jacky	BMFMC
	3	35024	MA LIRONG	TSTSS
	4	09016	HUANG JUNXIN BEN	TCSS
	5	20027	LUI CHUN HIN	TPK
	6	25023	CHENG WAN SHUN	YYC
	7	11015	HUNG, Yui Chun Ryan	LUAC
	8	04033	XIE CHENGHONG	FYW

Event 31	Boys C Grade 100m Hurdles(PRE)			8:30am
	Record :	**14.25**		**Standard: 21.80**
Heat 1/4	1	06007	LIU CHUN HEI	CCCKY
	2	07039	TANG CHEUK YIN	CYMCASS
	3	18045	CHUNG KA HIN	MKPKC
	4	20045	TSANG CHING YEUNG ALEX	TPK
	5	35032	CHEN ZHIHENG	TSTSS
	6	23046	TSUI YEE KONG OLIC	QESOSA
	7	32045	SO SHING TIM	TSWMC
Heat 2/4	2	16038	LEE Man Chun	JCMKEC
	3	26035	CHENG CHEUK NAM	STC
	4	09032	CHAN MAN HIM	TCSS
	5	02035	YEUNG EVAN	BMFMC
	6	25046	KWOK CHUN TAT	YYC
	7	04040	LEE MAN HIM	FYW
Heat 3/4	2	26036	CHENG CHI LONG	STC
	3	34029	TANG CHUN HEI	LKT
	4	04047	ZENG WAI CHIU	FYW
	5	25045	KUNG KA HIM ANTONY	YYC
	6	02031	LIAO YEMING	BMFMC
	7	09030	CHAN CHUN KONG	TCSS
Heat 4/4	2	18050	LAW HO HIN JAYDAN	MKPKC
	3	07033	CHEUNG MAN HIM GREGOR	CYMCASS
	4	32047	XU ON YIN	TSWMC
	5	23041	LIANG YU HEI	QESOSA
	6	35033	CHEUNG KING HONG	TSTSS
	7	20033	CHAN PAK HANG	TPK

Event 32	Girls A Grade 100m Hurdles(PRE)			8:30am
	Record :	**13.81**		**Standard: 21.80**
Heat 1/3	1	32050	Chan Lok Yan	TSWMC
	2	04058	Wong Nga Ching	FYW
	3	26060	WONG YU FAN	STC
	4	35050	LEE SUET HEI	TSTSS
	5	09040	CHAN SZE YU	TCSS
	6	20059	YEUNG SHUK YU	TPK
	7	06008	Huang Ziyuan	CCCKY
Heat 2/3	1	07050	HUI TIN WING	CYMCASS
	2	18064	Man Lok Yi	MKPKC
	3	32059	YEUNG WUN YI	TSWMC
	4	23059	WU HEI YUK	QESOSA
	5	33053	LAM YUI YOYE	KYWC
	6	02036	DAI KAI YI	BMFMC
	7	25063	NGAI YEE KI	YYC
Heat 3/3	1	35047	LAM AN HUEN	TSTSS
	2	20053	FUNG KA HEI	TPK
	3	25057	CHUNG PUI TUNG	YYC
	4	02043	TONG KAOQI	BMFMC
	5	07044	CHEN SZE HAM CLEMENT	CYMCASS
	6	04056	Pang Hoi Lam	FYW
	7	26050	CHEUNG HOI CHING	STC

Event 33	Girls B Grade 100m Hurdles(PRE)			8:30am
	Record :	**14.54**	**Standard: 22.50**	
Heat 1/4	1	04070	TANG NGA SIN	FYW
	2	18073	LEUNG TSZ YU	MKPKC
	3	02053	YANG WAI SHAN	BMFMC
	4	32066	LAI HIU YAN ESTHER	TSWMC
	5	12040	Lim Hau Ching Summer	GSLC
	6	23075	YEUNG LOK YI	QESOSA
	7	25079	YEUNG O	YYC
	8	38028	IP TUNG	YLPSS
Heat 2/4	1	33068	LU SZE YU	KYWC
	2	22047	LEE WAI KA	TKW
	3	19027	YU TSZ YUU	HYKYL
	4	31028	CHANG WAI TUNG	TSWGSS
	5	20075	ZHOU TSZ YING	TPK
	6	16060	GAO KA PO	JCMKEC
	7	09047	LAM KA YI	TCSS
	8	37034	CHAN YIN MAAN	YLMASS
Heat 3/4	1	16068	WONG Annette Sum Kiu	JCMKEC
	2	09050	NG CHEUK YI	TCSS
	3	04069	NG KA YUI	FYW
	4	06013	Yau Tsz Yau	CCCKY
	5	35058	CHEUNG PUI LAM	TSTSS
	6	13052	CHAN HIU NAM	HTMS
	7	26068	HU TIN CHING	STC
	8	07061	LO EMMA TSZ WAI	CYMCASS
Heat 4/4	1	32070	Peng Yuk Ham	TSWMC
	2	23073	WANG TONDA	QESOSA
	3	26071	LI SUM YU	STC
	4	35057	CHAN, Yau Sin	TSTSS
	5	07056	BRAR PRABH SHARAN KAUR	CYMCASS
	6	18072	KWOK YEE TUNG KARINA	MKPKC
	7	02047	LAU CHUN CHUN	BMFMC
	8	25080	YIP WAN YING	YYC

Event 34	Girls C Grade 100m Hurdles(PRE)			8:30am
	Record :	**16.11**		**Standard: 24.00**
Heat 1/4	1	18086	Leung I Sum	MKPKC
	2	35082	TANG YUET TUNG	TSTSS
	3	04075	HUANG ZIHAN	FYW
	4	32081	LAU SUM YU	TSWMC
	5	25087	LEE KA YI	YYC
	6	16075	LEUNG SIN NGA NAOMI	JCMKEC
	7	23083	LAU YUI YI	QESOSA
Heat 2/4	2	38038	WU Sin YAN	YLPSS
	3	07070	LI TSZ NI EUGENIE	CYMCASS
	4	26085	POON SZE YIN	STC
	5	37039	LAU TSZ YAU	YLMASS
	6	20079	KWONG LOK YEE	TPK
	7	02055	CHAN HO TUNG	BMFMC
Heat 3/4	2	18090	YIP HEI TUNG	MKPKC
	3	14069	Chow Ka Shin	LSKC
	4	02062	XU TSZ KEI	BMFMC
	5	20081	LAU KA KI	TPK
	6	26082	LAU PUI KI	STC
	7	07072	PANG HAY SEN	CYMCASS
Heat 4/4	2	04084	YIP HOI CHING	FYW
	3	16077	NG Kwan Yi	JCMKEC
	4	35070	CHAN HOI NAM	TSTSS
	5	23082	KWOK MAN HEI	QESOSA
	6	14068	Chan Ying Tung	LSKC
	7	25092	WONG CHING WUN	YYC

Event 39	Boys A Grade 400m(PRE)			9:30am
	Record :	**49.67**		**Standard: 1:02.00**
Heat 1/8	1	13008	MAN YIK YU	HTMS
	2	32012	shiu fai ho	TSWMC
	3	35016	YEUNG CHEUK HEI	TSTSS
	4	02010	WANG CHI KWOK	BMFMC
	5	12013	YAU WING TSUN	GSLC
	6	07010	LUI TUNG LUNG	CYMCASS
	7	34006	LAI CHIU YU	LKT
	8	18003	CHUNG TSZ HO	MKPKC
Heat 2/8	1	23009	PANG WAI SHING	QESOSA
	2	01003	lin yuxiang	BHS
	3	27004	CHEUNG KING HUNG	BBSS
	4	03002	CHAN WAI YIP	CYS
	5	30010	LI, Tin Shing	CLCT
	6	04005	Chen Jianxin	FYW
	7	20016	WONG YING KIT	TPK
Heat 3/8	1	09002	CHAN LOK CHUN DANIEL	TCSS
	2	26010	LAM CHING BYRON	STC
	3	24001	FONG CHEUK LONG	KYSSS
	4	38004	LI PAK KIU	YLPSS
	5	21013	Tse Ka Chung	PSCSS
	6	11005	HUNG, Rex	LUAC
	7	08002	CHEN HONGXI	CLSMSS
Heat 4/8	1	36001	LEUNG KA HIM	YLCSS
	2	10011	LU SHING KWAN	YDSS
	3	14007	Law Yat Chun	LSKC
	4	37001	FUNG KANG SHING	YLMASS
	5	22010	LI YAT HEI	TKW
	6	15007	LI ZHE FENG	HDC
	7	25001	CHAN HIN PAK	YYC
Heat 5/8	1	14009	Leung Hei Chun	LSKC
	2	22009	LAU, Ethan	TKW
	3	25008	LEE YAN WANG	YYC
	4	33007	LEE Tsz Ho	KYWC
	5	36004	TANG KWAN HO	YLCSS
	6	10001	FUNG CHIN TONG	YDSS
	7	16016	ZHU KA CHUN	JCMKEC

Heat 6/8	1	33015	WONG Shun Ming	KYWC
	2	38003	LEUNG CHUN HEI ALCO	YLPSS
	3	23014	WONG SHING LOK	QESOSA
	4	16002	CHAN TIN LUN	JCMKEC
	5	09007	LIN HON CHUNG	TCSS
	6	26011	LAM CHING TUNG LOUIE	STC
	7	21006	Lam Cheuk Hei	PSCSS
Heat 7/8	1	01001	HU ZONGYE	BHS
	2	27003	CHEN YIU KIN	BBSS
	3	18011	LEUNG CHEUK HAANG	MKPKC
	4	20004	KWOK HEI LOK	TPK
	5	04014	Lee Cheuk Yin	FYW
	6	30005	CHEN JINTING	CLCT
	7	03004	CHEUNG CHING HEI	CYS
Heat 8/8	1	35014	YAN TSZ HONG	TSTSS
	2	02014	YU KIN LAM	BMFMC
	3	07015	Yip Ka Yui	CYMCASS
	4	32015	Wu Zewei	TSWMC
	5	34004	HUANG MEEKO	LKT
	6	13012	WONG CHO NAM	HTMS
	7	12011	WONG YAM	GSLC

Event 40 Girls A Grade 400m(PRE) **9:30am**

Record : 1:01.58 Standard: 1:22.00

Heat 1/6	1	16051	LI KA LAM	JCMKEC
	2	07043	CHAN SIU LAAM	CYMCASS
	3	35051	LI Xiaoyu	TSTSS
	4	25056	CHAN YI CHUN	YYC
	5	13042	FAN LOK CHING	HTMS
	6	04048	AU YEUNG CHEUK LAM	FYW
	7	09041	CHOW WING CHING	TCSS
Heat 2/6	1	32054	Kwok Man Yee	TSWMC
	2	20050	CHEUNG ON YIN ONDY	TPK
	3	37032	LEUNG KA KA	YLMASS
	4	34034	CHEUNG TSZ YAN	LKT
	5	26058	WONG CHING YIN KAITLYN	STC
	6	11031	LO, Lok Sum	LUAC
	7	21042	Tang Nim Chi	PSCSS
Heat 3/6	1	02039	LI LOK YING	BMFMC
	2	03041	KAM CHEUK KIU	CYS
	3	19015	MENG XUJIA	HYKYL
	4	31022	CHAN NGA MAN	TSWGSS
	5	14049	Leung Wing Tung	LSKC
	6	08029	WAI SUM YI	CLSMSS
	7	33058	WONG YEUK TIK	KYWC

Heat 4/6	1	19013	LAI YUET YEE	HYKYL
	2	33051	CHEUNG Hei Yau	KYWC
	3	18059	Choi Wing Tung	MKPKC
	4	23058	WONG YI KIU	QESOSA
	5	10040	WU DIYA	YDSS
	6	28025	Law Wing Ki	YLLSS
	7	03039	Chung Cheuk Ying	CYS
Heat 5/6	1	34038	SO KA CHING	LKT
	2	26062	YU YAN CHING	STC
	3	23056	NG TSZ CHING	QESOSA
	4	32052	Huang sixin	TSWMC
	5	20047	Chan San Lam	TPK
	6	21040	Leung Hiu Tung	PSCSS
	7	11032	MAN, Sum Yi	LUAC
Heat 6/6	2	35048	LAM PUI NI	TSTSS
	3	07048	CHU CHING WING	CYMCASS
	4	09045	YE CHAU YING	TCSS
	5	04051	JIANG JUN YING	FYW
	6	13048	WONG HO YAU	HTMS
	7	25059	LI WING CHI	YYC

Event 41 Boys B Grade 400m(PRE) **9:30am**

Record : 49.42 **Standard: 1:05.00**

Heat 1/8	1	32018	Chan Ho Yin	TSWMC
	2	19005	CHAN HUNG CHUN	HYKYL
	3	09026	ZENG BERT BOMING	TCSS
	4	26019	CHAN YU HANG	STC
	5	04026	LEUNG PAK TO	FYW
	6	38006	CHEUNG IN YAT	YLPSS
	7	07022	CHAN WAI LAM	CYMCASS
	8	31007	CHANG RONG	TSWGSS
Heat 2/8	1	17003	CHU DANIEL KOFI	JCCYL
	2	30020	KOO HO FUNG	CLCT
	3	03020	CHAN SHING HON	CYS
	4	01014	XU JIGENG	BHS
	5	33018	CHAN YAT CHEUK	KYWC
	6	37012	FAN YIK HANG	YLMASS
	7	12014	Cheung Chun Yin	GSLC
	8	21019	FUNG POK	PSCSS
Heat 3/8	1	11013	HE Eric	LUAC
	2	24005	CHEUNG LING SHAN	KYSSS
	3	23016	ALI IBRAHIM	QESOSA
	4	28016	WANG ZHENXUAN	YLLSS
	5	25020	CHAK YUK CHIT	YYC
	6	13019	Li Jiahong	HTMS
	7	18031	LEE KAI FUNG KRIS	MKPKC
	8	34020	SO KA LONG	LKT

Heat 4/8	1	05010	HUANG ZHICHENG	CCCKLC
	2	35027	TAM TSZ LONG	TSTSS
	3	16022	LAW KIN WANG	JCMKEC
	4	22019	HO TSZ WING	TKW
	5	27019	WONG KIT NAM KEITH	BBSS
	6	02026	WU TSZ YEUNG	BMFMC
	7	10026	TENG CHEUK LUN	YDSS
	8	20029	TANG KWAN LOK HAYDEN	TPK
Heat 5/8	1	27011	CHEUNG KING YIU	BBSS
	2	02020	HUANG, Cayce	BMFMC
	3	10023	LAM CHEUK HIM	YDSS
	4	20032	ZHOU YUYANG	TPK
	5	05009	HO TING LOK	CCCKLC
	6	35019	FONG, Ting Lok	TSTSS
	7	15011	CHUNG KAM YIN	HDC
	8	22029	WONG TSZ HIN	TKW
Heat 6/8	1	25028	HUANG MAN CHUN VINCEN	YYC
	2	13016	CHEUNG SIU HANG	HTMS
	3	15016	MENG Ling Ha Kwan Quinto	HDC
	4	16024	MA LOK HANG	JCMKEC
	5	34017	LEE WING HEI	LKT
	6	11017	LAM, Tsun Shing	LUAC
	7	23018	LEUNG LOK HIM	QESOSA
	8	28017	ZHAO ZIJIE	YLLSS
Heat 7/8	1	01012	chan ching yin	BHS
	2	33020	CHOW PAK YAN	KYWC
	3	21016	CHEUNG CHI HANG	PSCSS
	4	18033	LEUNG HO TIN	MKPKC
	5	30021	Lau Man Him	CLCT
	6	12015	Choi Tsz Yin	GSLC
	7	37011	CHU TSZ KA	YLMASS
	8	03022	HUNG CHEUK FUNG	CYS
Heat 8/8	1	09012	CHAN LOK HIM	TCSS
	2	26031	LAU TUNG HEI	STC
	3	38015	YAU,ALEX YUNG KONG	YLPSS
	4	32034	ZHU Zixuan Simon	TSWMC
	5	07021	CHAN TSZ SAN CASTOR	CYMCASS
	6	31009	KONG HEI MAN	TSWGSS
	7	04028	LIU JIAXIANG	FYW

Event 42	Girls B Grade 400m(PRE)			9:30am
	Record :	**1:00.67**		**Standard: 1:25.00**
Heat 1/7	1	20069	MO YUEN YING	TPK
	2	38030	LI SUM YAU	YLPSS
	3	32063	Chiu Yan To	TSWMC
	4	11045	Tse Tsz Yan Serena	LUAC
	5	26074	SHEK YI WING LEANNE	STC
	6	17012	NG CHO TIK	JCCYL
	7	30054	TSUI, Ka Yan	CLCT
	8	12037	CHAN NI NA	GSLC
Heat 2/7	1	13054	FENG ZILAN	HTMS
	2	21047	CHAN WING YAN VIANN	PSCSS
	3	08038	WONG MIA SHELBY	CLSMSS
	4	01018	LAI WING YAN	BHS
	5	04072	YU SZE NOK	FYW
	6	19018	CHAN KAI YIN	HYKYL
	7	31028	CHANG WAI TUNG	TSWGSS
	8	35055	CHAN HEI SUET	TSTSS
Heat 3/7	1	18071	KWAN TSZ KI	MKPKC
	2	23073	WANG TONDA	QESOSA
	3	22054	YU TIN YAN YANKI	TKW
	4	16059	CHAN Nic Ling	JCMKEC
	5	25081	YUEN HO NAM	YYC
	6	02049	SEE WING HUEN	BMFMC
	7	33071	YIP YEE LING	KYWC
	8	14065	Yung Tsz Ki	LSKC
Heat 4/7	1	23076	ZHENG YEE CHING	QESOSA
	2	14062	On Sing Nga	LSKC
	3	07062	MEHAKREET-KAUR	CYMCASS
	4	09049	LIU YI QIAO	TCSS
	5	27042	NG PUI LAM	BBSS
	6	05031	LAM PUI YI	CCCKLC
	7	34046	SHE ZI TONG	LKT
	8	33060	CHAN WING LAM METIS	KYWC
Heat 5/7	1	22046	HUI YEE LAM	TKW
	2	16063	LAW HIU NAM,JASMINE	JCMKEC
	3	05030	CHEUNG TSZ YIU	CCCKLC
	4	02046	CHU PUI KI	BMFMC
	5	07060	Lau Hei Tung	CYMCASS
	6	09055	YIP SIN MAN	TCSS
	7	25076	NG WING YEE	YYC

Heat 6/7	1	08033	CHEUNG CHI WAN ELLIE	CLSMSS
	2	04064	LEE SUM YAU	FYW
	3	35059	CHU LING YU	TSTSS
	4	13059	PANG KA WAI	HTMS
	5	21050	CHOI LING YU ABBY	PSCSS
	6	31031	ZENG SHIYA	TSWGSS
	7	19025	WONG YAN YU	HYKYL
Heat 7/7	1	32072	Wong Chin Wai	TSWMC
	2	11040	LAU Tsz Yin	LUAC
	3	12044	WONG YI LAM	GSLC
	4	20067	LIANG PAK YIU	TPK
	5	38032	Man Chin Yau	YLPSS
	6	30050	LI, Helu	CLCT
	7	26067	CHOO YE ERL EVA	STC

Event 43 Boys C Grade 400m(PRE) **9:30am**

Record : **56.36** **Standard: 1:12.00**

Heat 1/7	1	16047	WU MING HIN	JCMKEC
	2	07035	HO HEI YU	CYMCASS
	3	26046	TU HAO RAN	STC
	4	33045	WONG, Shek Hang	KYWC
	5	30039	SZE,Yan Chak	CLCT
	6	13030	CHIU CHAK FUNG ANDY	HTMS
	7	08018	CHEUNG WING SHING	CLSMSS
	8	12024	CHEUNG PAK SING	GSLC
Heat 2/7	1	23047	WONG KA MING	QESOSA
	2	35041	TANG CHEUK HANG	TSTSS
	3	18051	Lee Wan Yu	MKPKC
	4	10035	WONG CHING HOI	YDSS
	5	14036	Lam Yat Hei Jake	LSKC
	6	24013	LEE PAK HEI	KYSSS
	7	04038	CHAN PAK HEI	FYW
	8	15023	LAU YAT LAM	HDC
Heat 3/7	1	37028	YU WEIJIA	YLMASS
	2	17009	NG Chi Cheuk	JCCYL
	3	21032	TANG KING HEI	PSCSS
	4	11024	TSANG Hiu Sen Hiuson	LUAC
	5	32039	Fan Chung Yiu	TSWMC
	6	09033	HUNG YUI HIM	TCSS
	7	25041	CHEUNG LOK HIM	YYC
Heat 4/7	1	02030	CHEN JUNPEI	BMFMC
	2	27027	WU CHUN HANG	BBSS
	3	20037	LAM CHOR YEUNG	TPK
	4	03035	WONG PAK HIM	CYS
	5	28022	LIN SIU KAI	YLLSS
	6	34031	YANG KA LOK	LKT
	7	05024	YEUNG YAN NOK	CCCKLC

Heat 5/7	1	32035	Chan Tsz Lok Oz	TSWMC
	2	09029	CAO CHUN	TCSS
	3	05020	LAM CHEUK KIN	CCCKLC
	4	34030	TANG HO HIN	LKT
	5	20036	KWOK HO TING	TPK
	6	37027	YIU TSZ SHUN	YLMASS
	7	25048	LI POK YUI	YYC
Heat 6/7	1	18054	Ng Shing Hin Jacob	MKPKC
	2	10027	CHENG SIN LAI	YDSS
	3	04039	FANG KIT LUI	FYW
	4	15021	CHOW TSZ HIM	HDC
	5	23048	WONG PUI LAM	QESOSA
	6	35036	LEUNG YAT YIN	TSTSS
	7	21028	FOK PAN HEI ELVIS	PSCSS
Heat 7/7	1	26037	CHEUK HIU FUNG	STC
	2	33035	CHAN YIK FUNG	KYWC
	3	12030	WONG CHUN NOK	GSLC
	4	16034	CHAMPNESS DYLAN JULES P	JCMKEC
	5	07038	O PAK YIN	CYMCASS
	6	08022	PANG TING YAN MATTHEW	CLSMSS
	7	30034	CHOY Shing Yau	CLCT

Event 44 Girls C Grade 400m(PRE) **9:30am**

Record : **1:05.38** **Standard: 1:27.00**

Heat 1/7	1	37038	KOO PEI LUEN DORA	YLMASS
	2	12049	Ma Cheuk Ying	GSLC
	3	25088	LEUNG HOI YIN	YYC
	4	20080	LAM TING YAN KAITLYN	TPK
	5	21056	CHAN CHEUK YAN	PSCSS
	6	10050	MAN TSZ YIN	YDSS
	7	22058	TAM HOI KI	TKW
	8	13064	LI CHIN SUET SNOWIE	HTMS
Heat 2/7	1	11049	CHAN Tsz Ching	LUAC
	2	30055	BIBI,Mahdiya	CLCT
	3	34056	TSANG KAM MAN TIFFANY	LKT
	4	35083	WONG TSZ YAN	TSTSS
	5	19037	YIP HO LAM	HYKYL
	6	27055	Wong Tsz Ching	BBSS
	7	14069	Chow Ka Shin	LSKC
	8	32077	CHEUNG TSZ KI BELLE	TSWMC
Heat 3/7	1	07069	LI CHIN YUET	CYMCASS
	2	16072	LAM SAU WAI	JCMKEC
	3	23089	WONG YAT CHING	QESOSA
	4	04074	HE YUEXIAN	FYW
	5	31036	TSOI CHI KIU CHERRY	TSWGSS
	6	18086	LEUNG I SUM	MKPKC
	7	05040	NG CHEUK LAM	CCCKLC
	8	09059	CHUNG WING SUM	TCSS

Heat 4/7	1	33072	CHAN, Chin Ue Cheryl	KYWC
	2	09064	WU HOI CHING TIFFANY	TCSS
	3	07065	CHAN HOK YUE ALLY	CYMCASS
	4	01022	WU WING YIN	BHS
	5	02059	TSE WAI HUEN	BMFMC
	6	08041	CHAN TSOI LAAM	CLSMSS
	7	26080	LAM FAYE AVA	STC
	8	16071	KHAN FATMAH ALIJAH	JCMKEC
Heat 5/7	1	31037	ZHANG ENCHEN	TSWGSS
	2	18081	CHAN LOK TUNG ESTELLA	MKPKC
	3	26087	WANG CHING YU	STC
	4	02058	LEE KAI TIN	BMFMC
	5	01019	JUANICO CHEYENNE LEE	BHS
	6	33076	LING, Ho Yan	KYWC
	7	05034	CHAN SUM YEE RITA	CCCKLC
	8	04077	LUI CHUNG YAN	FYW
Heat 6/7	1	19030	CHENG YUEN MAN HAZEL	HYKYL
	2	27047	CHIU TSZ YUE	BBSS
	3	14072	Ho Lok Ka	LSKC
	4	32078	CHEUNG Tsz Shan Bella	TSWMC
	5	11055	WONG Wan Ki Priscilla	LUAC
	6	30057	LIU, Wai Lam	CLCT
	7	23080	Hui Tsz Kiu	QESOSA
	8	35080	LO CHING LAM	TSTSS
Heat 7/7	1	25093	WONG YAN YU	YYC
	2	20090	WONG HIU NING	TPK
	3	10048	KWONG WING YEE	YDSS
	4	12051	Wong Tsz Ham	GSLC
	5	22059	WONG CHEUK YU	TKW
	6	13061	CHAN TSZ YAU	HTMS
	7	21062	TSO HING WAN HAILEY	PSCSS

Event 48 Boys A Grade 100m(PRE) **11:30am**

Record : 10.12 **Standard: 12.70**

Heat 1/8	1	01010	zhao jun jie	BHS
	2	21007	Law Man Chun	PSCSS
	3	31004	MA YU HENG	TSWGSS
	4	04011	Huang Ho Yeung	FYW
	5	07017	ZHENG YUEHAO	CYMCASS
	6	26001	CHONG CHUN HEI	STC
	7	37002	HOU CHEUK LAM	YLMASS
	8	36006	YAO FUBIN	YLCSS
Heat 2/8	1	32007	KOK PAAK LONG	TSWMC
	2	16010	LIN FUNG	JCMKEC
	3	33001	CHAN CHING YIN GABRIEL	KYWC
	4	15004	CHEUNG CHEUK NAM	HDC
	5	30014	WEN JINYANG	CLCT
	6	06001	LEUNG TIN YAT LOUIS	CCCKY
	7	10003	HO WAI HEI	YDSS
	8	05001	Chan Sing Hin	CCCKLC

Heat 3/8	1	35008	LEUNG CHEUK NAM	TSTSS
	2	03005	Chung, Ka Hang	CYS
	3	02005	LIN MING KIN	BMFMC
	4	14015	Tsoi Tik Kan	LSKC
	5	08001	CHAN TSZ NOK	CLSMSS
	6	13015	ZHOU LAM PAN	HTMS
	7	22008	LAM HEI HANSON	TKW
	8	09001	CHAN KA MING	TCSS
Heat 4/8	1	23004	FU CHEUK TING	QESOSA
	2	17001	GUO ZHIYE	JCCYL
	3	20008	LI KA YU	TPK
	4	34003	GONG HUNG YUK	LKT
	5	28003	Hu Tin Long	YLLSS
	6	18012	LEUNG JAN SAU DAVID	MKPKC
	7	11004	GAN, Ching Ham	LUAC
	8	12005	CHEUNG HIU YEUNG DAWN	GSLC
Heat 5/8	1	20013	PAN CHEONG KONG	TPK
	2	34001	ADNAN MUHAMMAD	LKT
	3	18013	Leung Yan To	MKPKC
	4	12007	HO SIU FUNG	GSLC
	5	23002	CHAN PEI TSUN	QESOSA
	6	09006	LI JUNTING SAM	TCSS
	7	28010	WONG LOK YAN	YLLSS
	8	25016	XU WAI LOK	YYC
Heat 6/8	1	02008	MA CHEN KAI	BMFMC
	2	14008	Lee Chi Yin Andrew	LSKC
	3	25011	LIU GUANFENG	YYC
	4	35012	SU YAOYANG	TSTSS
	5	03016	WU HAOXIN	CYS
	6	22007	HUNG KA HIN	TKW
	7	13002	GURUNG Riwas	HTMS
	8	33005	KU Hei Lok	KYWC
Heat 7/8	1	06002	Mok Hei Long	CCCKY
	2	15003	CHE CHING HOI	HDC
	3	05006	Yao Chung Yik	CCCKLC
	4	16014	SHUM KA HO	JCMKEC
	5	10010	LIU YU XUAN	YDSS
	6	32009	LEONG CHI KAN KANNY	TSWMC
	7	30008	CHEN, Wendong	CLCT
Heat 8/8	1	04003	Chan Yu Fai	FYW
	2	07004	CHAN Pak Nam	CYMCASS
	3	36004	TANG KWAN HO	YLCSS
	4	01004	LU, Kam Fung	BHS
	5	21010	MO TONY	PSCSS
	6	37005	POON PAAK KIU	YLMASS
	7	26003	CHUNG MAN TSUN	STC

Event 49 Girls A Grade 100m(PRE) **11:30am**

Record : 11.81 Standard: 15.60

Heat 1/6	1	06008	Huang Ziyuan	CCCKY
	2	32058	XIE JINGYAN	TSWMC
	3	20055	LAW TSZ CHING	TPK
	4	18058	CHO TSZ YAU	MKPKC
	5	05025	HUANG SUNNY	CCCKLC
	6	37030	Chow Tsz Yui	YLMASS
	7	02036	DAI KAI YI	BMFMC
	8	14054	Yau Tsz Ching	LSKC
Heat 2/6	1	13037	CHAN SZE WING	HTMS
	2	08026	CHAN,Yeuk Tung	CLSMSS
	3	16050	LEUNG PING WAI VENUS	JCMKEC
	4	23051	FUNG WAI LAAM	QESOSA
	5	28026	Shek Hiu Yin	YLLSS
	6	33056	LU SZE TING	KYWC
	7	11035	XIAO Yiyao	LUAC
	8	22039	GONG MEI TONG	TKW
Heat 3/6	1	04050	FU XITONG AMY	FYW
	2	30045	TSANG, Yu Ying	CLCT
	3	25064	SUEN CHOR CHING	YYC
	4	26050	CHEUNG HOI CHING	STC
	5	07051	LEE WAI LAM	CYMCASS
	6	21043	Tham Pak Yin Ellen	PSCSS
	7	12035	NG YUEN MEI	GSLC
	8	35054	WONG HEI YI	TSTSS
Heat 4/6	1	07045	CHENG SUM YI	CYMCASS
	2	21038	Ho Oi Yi	PSCSS
	3	12032	HE KWOK YING	GSLC
	4	35049	LAM SUM MEI	TSTSS
	5	04053	Lee Hiu Tung	FYW
	6	30044	TONG, Kaoshi	CLCT
	7	36019	Siu Yiu	YLCSS
	8	26052	CHEUNG WING SUM	STC
Heat 5/6	1	23052	KWOK SHUK SHUN RACHEL	QESOSA
	2	28027	WONG SUM YI	YLLSS
	3	13039	CHEN LANXIN	HTMS
	4	25055	CHAN LOK YEE	YYC
	5	08027	FUNG KWOK YEE	CLSMSS
	6	11029	LAU, Tsz Ching	LUAC
	7	33048	CHAN HEI TUNG	KYWC
Heat 6/6	1	20051	CHONG CHING LAM JAYLYNI	TPK
	2	18060	HO HOI YU EVIS	MKPKC
	3	14052	Wong Chin Yeung	LSKC
	4	16056	WONG YAT CHING	JCMKEC
	5	32055	LEUNG , Ho In	TSWMC
	6	02037	DUANGSUNGNOEN KHEMCI	BMFMC
	7	05029	YIP HEI TUNG	CCCKLC

Event 50	Boys B Grade 100m(PRE)			11:30am
	Record :	**10.93**		**Standard: 13.00**
Heat 1/8	1	12022	Zeng Yongxin	GSLC
	2	09024	WU Yaotian	TCSS
	3	15010	Choi Pak Hei	HDC
	4	36014	WONG KA CHUN	YLCSS
	5	21021	LING TREVIN	PSCSS
	6	32024	KWONG CHING HO	TSWMC
	7	20021	CHOW LEONG HANG	TPK
	8	05012	LO HO YIN JAVAS	CCCKLC
Heat 2/8	1	17006	LAU HEI LONG	JCCYL
	2	13023	NG CHI LONG	HTMS
	3	16032	WONG Yu Yiu	JCMKEC
	4	11011	CHOW Yu Chun	LUAC
	5	02015	CHAN TSZ YU BRANDON	BMFMC
	6	27016	LIU XINGANG	BBSS
	7	18025	CHEUNG TSUN YIN	MKPKC
	8	23019	LEUNG PAK KIU	QESOSA
Heat 3/8	1	35028	TANG TSZ CHUN	TSTSS
	2	22031	YEUNG CHI HIM	TKW
	3	04036	YE TINGJIA	FYW
	4	34020	SO KA LONG	LKT
	5	28014	TSANG TSZ YU	YLLSS
	6	14031	Yeung Chun Hei	LSKC
	7	25034	TSANG Yan Sheung	YYC
	8	33025	LIANG Jiantao	KYWC
Heat 4/8	1	10024	LEE YAT HEI	YDSS
	2	07027	LI HO YIN	CYMCASS
	3	03032	YU CHING WO	CYS
	4	06004	GE MING XIN	CCCKY
	5	37014	TSUI KING TANG	YLMASS
	6	26023	Chung Lai Shun	STC
	7	38009	FAN YAT LONG	YLPSS
	8	08012	WU ZHIJIANG	CLSMSS
Heat 5/8	1	37016	WONG CHUN FUNG	YLMASS
	2	26020	CHANG YEE LONG	STC
	3	38014	WANG Maikang	YLPSS
	4	19007	YIP NGO HEI	HYKYL
	5	08011	LIN ZHOUSI	CLSMSS
	6	07018	CHAN KAI TING	CYMCASS
	7	30026	LU,Wen Ju	CLCT
	8	06003	Au Kim Yau	CCCKY
Heat 6/8	1	28012	Pak Siu Hang	YLLSS
	2	14030	Wong Kayson	LSKC
	3	25037	WU HEI YU	YYC
	4	33028	SIN CHUN NOK	KYWC
	5	35021	LEE PO SUN SUNNY	TSTSS
	6	22017	CHAN YAU HANG	TKW
	7	03030	TANG YIN	CYS
	8	34022	TSANG TSZ HO	LKT

Heat 7/8	1	11021	Tang Ho San Isaac	LUAC
	2	02016	CHEN ZHIBIN	BMFMC
	3	18027	Choi Tsun Him	MKPKC
	4	23022	LIU HO LAM	QESOSA
	5	17005	KWOK CHUN HO	JCCYL
	6	13017	CHOI HIN MAN	HTMS
	7	04031	TSANG YUET YEUNG	FYW
	8	16033	WU XUAN WANG	JCMKEC
Heat 8/8	1	36008	CHUM LOK YIN	YLCSS
	2	21018	FOK HEI NOK JONATHAN	PSCSS
	3	05010	HUANG ZHICHENG	CCCKLC
	4	12021	Yeung Ying Shing	GSLC
	5	09019	MO JINCHENG	TCSS
	6	20027	LUI CHUN HIN	TPK
	7	32019	CHAN MAN HEI	TSWMC
	8	15020	YU CHENGYU	HDC

Event T51 Girls B Grade 100m(PRE) **11:30am**

Record : 12.08 Standard: 15.80

Heat 1/7	1	30054	TSUI, Ka Yan	CLCT
	2	33066	Lau Wai Ting Vian	KYWC
	3	09047	LAM KA YI	TCSS
	4	04069	NG KA YUI	FYW
	5	37034	CHAN YIN MAAN	YLMASS
	6	07064	WONG NGA YING ETTA	CYMCASS
	7	23072	SO NICOLE CHAN	QESOSA
	8	19024	TANG YIK LAM CHERISE	HYKYL
Heat 2/7	1	06011	CHEN GRACE	CCCKY
	2	02054	ZHU WANYUE	BMFMC
	3	18079	WONG CHI CHING	MKPKC
	4	35061	KING HIU LAM	TSTSS
	5	13059	PANG KA WAI	HTMS
	6	20071	TANG TIN CHING	TPK
	7	28034	YING HIU YAN	YLLSS
	8	31030	CHEUNG MAN CHING	TSWGSS
Heat 3/7	1	21049	CHEUNG NOK TUNG	PSCSS
	2	22047	LEE WAI KA	TKW
	3	08034	LAM HIU YAU	CLSMSS
	4	03042	CHONG, Ka Man	CYS
	5	14058	Du Astrid	LSKC
	6	25073	LAM SUM YU	YYC
	7	34043	CHEUNG HOI TUNG	LKT
	8	11036	FAN Chanelle	LUAC
Heat 4/7	1	16060	GAO KA PO	JCMKEC
	2	11044	TAM, Hilary Heung Ching	LUAC
	3	21046	CHAN PUI YI HAILEY	PSCSS
	4	36024	Zhang Yu Ting	YLCSS
	5	12041	Lui Pui Yan	GSLC
	6	32072	Wong Chin Wai	TSWMC
	7	26066	CHENG LONG KIU	STC
	8	22048	LI YUI	TKW

Heat 5/7	1	14057	Chong Tsin Yau	LSKC
	2	25070	HAU YIN FEI	YYC
	3	16069	YAN Tsz Yin	JCMKEC
	4	32071	WAN YAT SUM	TSWMC
	5	26065	CHAN YUET LAM	STC
	6	36023	YEUNG TSZ YIU	YLCSS
	7	12038	Fung Pan Yao	GSLC
Heat 6/7	1	18074	LEUNG WING YI MELODY	MKPKC
	2	35064	NG WING CHING	TSTSS
	3	20073	YIU CHIT WING	TPK
	4	02050	SO TSZ LAM ANGEL	BMFMC
	5	28028	CHAN CHING LAM	YLLSS
	6	06010	CHAN YEE LAM	CCCKY
	7	13053	CHEUNG CHING TUNG	HTMS
Heat 7/7	1	09046	HUANG KAIYU	TCSS
	2	04060	CHEN KA YIN HAYLEY	FYW
	3	19025	WONG YAN YU	HYKYL
	4	30050	LI, Helu	CLCT
	5	33070	WONG MING CHU	KYWC
	6	23064	HA PUI KA	QESOSA
	7	07055	BERDIE FIRDAUS	CYMCASS

Event 52 Boys C Grade 100m(PRE) **11:30am**

Record : 11.04 Standard: 14.10

Heat 1/9	1	08018	CHEUNG WING SHING	CLSMSS
	2	23045	TSANG TSZ CHUN	QESOSA
	3	17011	XU KECHONG	JCCYL
	4	15024	LEE PAK NAM	HDC
	5	16038	LEE Man Chun	JCMKEC
	6	25053	ZHU TSZ HEI	YYC
	7	36017	Law Chi Him	YLCSS
	8	27024	KWOK WING HIM	BBSS
Heat 2/9	1	03036	YEUNG TSZ LOK	CYS
	2	10030	LAU NGAI WANG MAGNUS	YDSS
	3	33043	MAN Lok Chun	KYWC
	4	11023	Chuk Chuk	LUAC
	5	31019	TSANG MAN SHING	TSWGSS
	6	32040	FUNG WING HIM	TSWMC
	7	30037	LAM,Tsz Hin	CLCT
	8	20041	LIANG ZHIHENG	TPK
Heat 3/9	1	09035	LAM PAK NGAI	TCSS
	2	13027	ANIH CHINEDU SAMUEL	HTMS
	3	38016	CHAN SHUN YU CASPER	YLPSS
	4	04047	ZENG WAI CHIU	FYW
	5	35034	LAM TSZ HEI	TSTSS
	6	21029	LAM TSZ HIN	PSCSS
	7	01015	YAN LEONG YU	BHS
	8	28018	CHOW EDDY KIN YU	YLLSS

Heat 4/9	1	05021	LEE CHING HO	CCCKLC
	2	19011	MAK CHI SHING	HYKYL
	3	18053	LUK NGAI TIN	MKPKC
	4	24016	TAM HOI MAN	KYSSS
	5	14039	Mak Ho Fung	LSKC
	6	07036	LEE BRANDON TER	CYMCASS
	7	37026	YEUNG TSZ CHUN	YLMASS
	8	26035	CHENG CHEUK NAM	STC
Heat 5/9	1	22035	LAM WAI SIN	TKW
	2	26047	WONG YUEN SUM	STC
	3	05022	PUN BISHWASH	CCCKLC
	4	34028	NG HOI FUNG	LKT
	5	06007	LIU CHUN HEI	CCCKY
	6	12027	LAN ZHI WEN	GSLC
	7	02035	YEUNG EVAN	BMFMC
Heat 6/9	1	14037	Law Chun Mong Maurice	LSKC
	2	07037	LEUNG SHUN WAI	CYMCASS
	3	02034	YAN JINHUA	BMFMC
	4	12025	CHU LIK HIM HARRY	GSLC
	5	22034	LAM WAI SHUN	TKW
	6	19008	CHEUNG ELVIS	HYKYL
	7	18045	CHUNG KA HIN	MKPKC
Heat 7/9	1	35031	CHAN TAK HIM	TSTSS
	2	21035	XU YUK YAM JEFF	PSCSS
	3	24011	CHOW CHO	KYSSS
	4	37022	LENG NGAI FUNG	YLMASS
	5	28020	LAW HOK SUM SAM	YLLSS
	6	09030	CHAN CHUN KONG	TCSS
	7	13031	CHOI HIN HO	HTMS
Heat 8/9	1	32037	CHEN TSAN YU	TSWMC
	2	30032	CHAN,Sing Yu Matthew	CLCT
	3	04037	CHAN HO CHING	FYW
	4	38022	LEUNG NGAI SHUN	YLPSS
	5	20044	SIN YAT LONG	TPK
	6	03037	ZHANG ZIJIE	CYS
	7	10034	TSANG WANG HO	YDSS
Heat 9/9	1	15022	FANG CHI YUI	HDC
	2	16041	MA ZILONG	JCMKEC
	3	31015	CHUI TIK MAN	TSWGSS
	4	33041	LAI, Ming Yu	KYWC
	5	08016	CHAN YAM LUNG	CLSMSS
	6	23035	CHOI MING FUNG EDEN	QESOSA
	7	25047	LAM PAK KIU	YYC

Event 53	Girls C Grade 100m(PRE)			11:30am
	Record :	**12.30**	**Standard: 16.20**	
Heat 1/9	1	23081	HUNG TAK YUET	QESOSA
	2	25094	YE ZITONG	YYC
	3	16076	NG HEI YIN	JCMKEC
	4	14071	Fong Yui Wan	LSKC
	5	07073	SIN NGA KEI	CYMCASS
	6	35076	CHOY HOI TING	TSTSS
	7	33079	SIU, Ching	KYWC
	8	30056	LEE,Yee Suen	CLCT
Heat 2/9	1	32084	Leung Yin Hei	TSWMC
	2	19032	KWOK CHING YU AMINA	HYKYL
	3	15031	LEE WING CHI	HDC
	4	01020	WONG LOK LAM	BHS
	5	20084	LEE CHING MAN	TPK
	6	04081	TANG KA YI	FYW
	7	28035	CHAU NINA YIK YAU	YLLSS
	8	21059	LIN ZIYING	PSCSS
Heat 3/9	1	17014	FUNG CHIN YU	JCCYL
	2	27050	LEUNG SIN KIU	BBSS
	3	03044	CHING Tsz Yan	CYS
	4	36026	QASWA, Zahra	YLCSS
	5	31034	LAW WAI YIN	TSWGSS
	6	10051	TANG NGA CHI	YDSS
	7	13067	YAN KWAN SIN	HTMS
	8	11048	CHAN Pui Ji	LUAC
Heat 4/9	1	18088	WONG CHING SHUN	MKPKC
	2	02060	WONG WAI KIU	BMFMC
	3	26089	WONG WING SZE	STC
	4	05038	LEE YUK WAI	CCCKLC
	5	34052	LAI HA YI	LKT
	6	08045	KEUNG TSZ TUNG	CLSMSS
	7	37037	HUANG YUWEN	YLMASS
	8	22060	WONG YAN YI	TKW
Heat 5/9	1	37041	WONG HUI YING	YLMASS
	2	38035	CHEUK LOK YIN	YLPSS
	3	02056	CHAN SZE HAM	BMFMC
	4	09060	TSE HIU TUNG	TCSS
	5	12050	MO YUEN SUM	GSLC
	6	22056	KAN HEI YIU KAYLEY	TKW
	7	18089	WONG PAK YAN SHERYL	MKPKC
	8	08046	TANG TSZ CHING	CLSMSS
Heat 6/9	1	17015	LEE HOI KI	JCCYL
	2	26079	CHAN WAN CHING	STC
	3	11050	CHENG Eli	LUAC
	4	12046	CAO TSZ YING	GSLC
	5	38037	SEE KWAN YAU	YLPSS
	6	34057	TSUI HEI YUE	LKT
	7	05035	CHEN JOEY	CCCKLC
	8	09061	TSOI HANG HEI	TCSS

Heat 7/9	1	27051	LEUNG YEE LAM	BBSS
	2	03045	KAN TSZ TUNG	CYS
	3	21063	YU MAN YIU	PSCSS
	4	13063	LAM ALFI	HTMS
	5	10046	CHUN WING NAM	YDSS
	6	31033	FOK KA YI	TSWGSS
	7	36028	YUEN CHEUK YING GINNY	YLCSS
Heat 8/9	1	15030	LAM WING YIN	HDC
	2	01022	WU WING YIN	BHS
	3	04073	CHE NGA WUN	FYW
	4	19037	YIP HO LAM	HYKYL
	5	28036	CHEUK CHI CHING	YLLSS
	6	32086	YEUNG E CHING	TSWMC
	7	20076	CHOW TSZ KI	TPK
Heat 9/9	1	16077	NG Kwan Yi	JCMKEC
	2	14074	Wong Pui Yee	LSKC
	3	35078	Leung Hei In	TSTSS
	4	25086	LAM KA MAN	YYC
	5	33078	SANJAI, Woraya	KYWC
	6	23085	LEUNG WING YIU	QESOSA
	7	07074	YIU TSZ CHING	CYMCASS

Event 57	Boys A Grade 110m Hurdles(F)	**2:15pm**
	Record : **13.94**	**Standard: 20.30**

Event 58	Boys B Grade 100m Hurdles(F)	**2:15pm**
	Record : **13.32**	**Standard: 20.50**

Event 59	Boys C Grade 100m Hurdles(F)	**2:15pm**
	Record : **14.25**	**Standard: 21.80**

Event 60	Girls A Grade 100m Hurdles(F)	**2:15pm**
	Record : **13.81**	**Standard: 21.80**

Event 61	Girls B Grade 100m Hurdles(F)	**2:15pm**
	Record : **14.54**	**Standard: 22.50**

Event 62	Girls C Grade 100m Hurdles(F)	**2:15pm**
	Record : **16.11**	**Standard: 24.50**

Event 64	Boys A Grade 400m(F)	**2:40pm**
	Record : **49.67**	**Standard: 0.00**

Event 65	Girls A Grade 400m(F)	**2:40pm**
	Record : **1:01.58**	**Standard: 0.00**

Event 66	Boys B Grade 400m(F)	**2:40pm**
	Record : **49.42**	**Standard: 0.00**

Event 67	Girls B Grade 400m(F)	**2:40pm**
	Record : **1:00.67**	**Standard: 0.00**

Event 68	Boys C Grade 400m(F)	**2:40pm**
	Record : **56.36**	**Standard: 0.00**

Event 69	Girls C Grade 400m(F)			**2:40pm**
	Record :	**1:05.38**	**Standard:**	**0.00**

Event 70	Boys A Grade 1500m(F)			**3:00pm**
	Record :	**4:13.63**	**Standard:**	**5:25.00**
Final 1/2	**1**	04009	CHU KA MING	FYW
	2	10002	HO SIU KONG	YDSS
	3	33006	LAI HIU TUNG	KYWC
	4	01005	TSUI KA HUNG	BHS
	5	03008	LEUNG Chun Hin	CYS
	6	35007	LEE PAK NGAI	TSTSS
	7	27002	CHEN NIANXUN	BBSS
	8	34002	DENG CHING PONG	LKT
	9	11002	CHAN, Tsz Ching	LA
	10	02007	LUO, Chi Hin	BMFMC
	11	16012	LO YU HIN	JCMKEC
	12	32013	Tsang Chun Yim	TSWMC
	13	07014	SUEN HIU FAI	YMCA
	14	12002	CHAN CHING HO	GSLC
	15	14001	Chan Ho Fung	LSKC
	16	08003	WONG Chuen Sam	CLSMSS
	17	24002	LAW KWOK YIN	KYS
	18	17002	LUK LONG SANG	JCCYL
	19	22013	WU TOMMY	TKW
	20	15001	CHAN HO YEUNG	HDC
	21	23006	LAM PAK HIN	QESOSA
	22	21009	Man Pak Lam Cass	PS
	23	26018	ZIN HUI HONG	STC
	24	38001	HO CHEUK LAM	YLPSS
	25	20007	LI JINXI	T.P.K.
	26	30003	CHAN, Sze Hin	CLCT
	27	28004	LAI NATHANAEL NOK HANG	YLLSS
	28	18010	LEE YAT LAM	MKPC
	29	25009	LEUNG SHING LONG	YYC

Final 2/2	1	16013	PANG HIU FAI JASON	JCMKEC
	2	18001	Chan Lok Ki	MKPC
	3	21008	LI HAU CHING	PS
	4	20003	CHONG NGOK PIU	T.P.K.
	5	15002	CHAN KIN HEI	HDC
	6	28007	LO LEONG YU	YLLSS
	7	38002	KAN KIT JACKY	YLPSS
	8	35011	QI CHUN HIN	TSTSS
	9	25007	LEE Hin Ching Matthew	YYC
	10	26014	LUI WAI SUM	STC
	11	19001	FAN RYAN HANZ	HYKYL
	12	24003	WANG HO CHING	KYS
	13	22011	NG HEI YEUNG	TKW
	14	14014	Tang Cheuk Hin	LSKC
	15	10014	WONG JEFRY SETYOBUDI	YDSS
	16	32016	YAU BRYAN WANG HEI	TSWMC
	17	23005	HO SIU LONG	QESOSA
	18	01007	XU, Xuezhen	BHS
	19	34008	LO CHUN KWONG	LKT
	20	02011	WU LI TAO	BMFMC
	21	33010	MOK Tsz Him	KYWC
	22	13001	CHEUNG LEUNG CHUN BEN	HTMS
	23	27006	WANEM BIJAY	BBSS
	24	07005	HUANG TSZ HEI	YMCA
	25	11001	Chan Wai Yin	LA
	26	30015	YAU, Long Ho	CLCT
	27	04019	XU TUNG YUEN	FYW
	28	03001	Chan Cheuk Nam	CYS
	29	12009	LI CHUN HEI	GSLC

Event 71 Girls A Grade 1500m(F) **3:00pm**

Record : 5:07.28 **Standard: 7:05.00**

Final 1/2	1	14045	Cheung Jing Tung Alvis	LSKC
	2	26053	LAM TSZ LING	STC
	3	16053	MAN HEI YIU	JCMKEC
	4	19014	MA YING	HYKYL
	5	10038	FUNG ZI KIU	YDSS
	6	25062	MANG HIN KI	YYC
	7	21041	Ma Tsz Yiu	PS
	8	32049	Chan Hau Yu Ashley	TSWMC
	9	08029	WAI SUM YI	CLSMSS
	10	23055	Lim Tung Ying Mishal	QESOSA
	11	11034	TANG, Tsz Tsun	LA
	12	01016	HUANG ENSHI	BHS
	13	31021	CHAN HOI YING	TSWGSS
	14	03040	HUNG Sin	CYS
	15	13038	CHAN, Tsz To	HTMS
	16	20052	Chow Yan Yee	T.P.K.
	17	04055	Or Man Sze	FYW
	18	07053	Wong Yeuk Ching	YMCA

Final 2/2	1	23053	Lee Yu Tung	QESOSA
	2	20058	TSE HEI TUNG	T.P.K.
	3	18056	CHAN TSZ YAU	MKPC
	4	14046	Kwok Hong Ching	LSKC
	5	11028	LAM, Bella	LA
	6	25065	TSOI WAI KIU	YYC
	7	12036	ZHUANG ZIYIN	GSLC
	8	34041	WONG YUEN FEI	LKT
	9	07042	CHAN SIN TING	YMCA
	10	16056	WONG YAT CHING	JCMKEC
	11	26051	CHEUNG PAK KI	STC
	12	27032	MAN CHING NAM	BBSS
	13	09039	CHAN CHEUK HANG	TCSS
	14	21037	CHO LAI IN	PS
	15	03038	CHEUNG, Man Yan	CYS
	16	32053	Kwok Hoi Ki	TSWMC
	17	08028	LEE NOK YI	CLSMSS
	18	04054	OR MAN CHI	FYW

Event 72 Boys B Grade 1500m(F) **3:00pm**

Record : 4:21.99 Standard: 5:35.00

Final 1/2	1	16029	SU WILFRID TSZ YIN	JCMKEC
	2	33021	KAM CHIN FUNG	KYWC
	3	01013	li tin yat	BHS
	4	26025	FUNG WANG HEI DASH	STC
	5	25022	CHEN KO KIN	YYC
	6	12020	WANG QIUHAN	GSLC
	7	14020	Chau Lap Sing	LSKC
	8	20018	CHENG CHUN FAI	T.P.K.
	9	23033	YANG SUM MO	QESOSA
	10	15014	LEUNG PAK HEI ALVIN	HDC
	11	05017	YIP Tin Long	CCCKLC
	12	22023	LUK HO YIN	TKW
	13	27014	KWONG YUI YEE	BBSS
	14	32032	Wong Tsz Hin	TSWMC
	15	09018	LEE SHEUNG CHIT	TCSS
	16	31006	CHAN KWAN YING	TSWGSS
	17	36012	Peng Sung Yan	YLCSS
	18	02025	TSOI, Chung Him	BMFMC
	19	07028	LOK KAI HEI	YMCA
	20	03029	SIN, Pak Ki Elvis	CYS
	21	04020	AU WAI CHUN	FYW
	22	30019	HO, Tsz Chun	CLCT
	23	21017	CHU CHI HIN	PS
	24	34021	SYLVA CHIKAMMA PRINCE	LKT
	25	18024	CHENG YAT LUNG	MKPC
	26	10020	FOK, YU TING RAPHAEL	YDSS
	27	35026	NG, Jayden Cheuk Tung	TSTSS
	28	24007	LEUNG Ka Long	KYS
	29	08015	ZENG JIA FU	CLSMSS

Final 2/2	1	21020	KHAZEM ALI	PS
	2	18026	CHEUNG TSZ WUN XAVIER	MKPC
	3	15015	LI YUI CHUN	HDC
	4	31010	LO CHIN LONG	TSWGSS
	5	05011	LI Yuk Lam	CCCKLC
	6	32029	Mui Tin Nok	TSWMC
	7	20026	LAM HO SUM	T.P.K.
	8	26028	KUNG TSZ YEUNG	STC
	9	37015	WAI SAU FUNG	YLMASS
	10	35025	MAN CHUN HIN	TSTSS
	11	24008	SIU Ching Ham	KYS
	12	23028	TSE TSZ FUNG	QESOSA
	13	36013	Wang, Junjie Johnson	YLCSS
	14	13018	LEUNG TSZ YEUNG	HTMS
	15	11012	Gil Gadi Hendrik	LA
	16	09017	LAM KAM SHING	TCSS
	17	33033	Yu Ho Ching	KYWC
	18	08009	LAW CHING HON	CLSMSS
	19	03024	LAM, Rocky	CYS
	20	01011	ahmed zai, saffi rahman	BHS
	21	22018	CHANG HAO CHE	TKW
	22	30028	TANG,Kwan Shing	CLCT
	23	10017	AU, CHUN HEI	YDSS
	24	07030	WONG HIU PONG	YMCA
	25	17007	MAK HONG WAI	JCCYL
	26	25031	LUO Zihao	YYC
	27	27011	CHEUNG KING YIU	BBSS
	28	04029	LOK YUI SHUN	FYW
	29	16020	CHONG CHING	JCMKEC

Event 73 Girls B Grade 1500m(F) **3:00pm**

Record : 5:04.24 Standard: 7:15.00

Final 1/2	1	33069	WONG MAN YU	KYWC
	2	21045	CHAN HIU TUNG HENRIETTA	PS
	3	14063	Wong Anna Chi Lam	LSKC
	4	26077	ZHU YUANYUAN	STC
	5	20064	CHIU SUM YU	T.P.K.
	6	28032	PAN YOLANDA	YLLSS
	7	32060	Chang Yi Tung	TSWMC
	8	16064	LEUNG MAN LEE	JCMKEC
	9	07058	KEUNG WING SUM	YMCA
	10	22049	MAK PUI YAN	TKW
	11	23074	Wong Wing Lam	QESOSA
	12	18068	CHEN SZE NGA EMILY	MKPC
	13	09054	YANG ZITONG	TCSS
	14	04065	LEUNG SIN HANG	FYW
	15	35062	KWOK, Mei Sze Macy	TSTSS
	16	11043	SHANG Yuezhen	LA
	17	25075	LAU SZE WAI	YYC
	18	13057	LEUNG PING PING	HTMS
	19	34047	SHUM LOK SZE	LKT
	20	12042	Mak Tsz Ki	GSLC
	21	08030	CHAN PUI YI	CLSMSS
	22	19019	CHEUNG SHU HANG PERLA	HYKYL
	23	27041	LUO Zhangshuo	BBSS

Final 2/2	1	22046	HUI YEE LAM	TKW
	2	26076	ZHANG KA MAN	STC
	3	09051	TANG YUK KI	TCSS
	4	07057	CHAN CHEUK KIU	YMCA
	5	12039	LEE YUI YI	GSLC
	6	38033	WONG YUNG YI	YLPSS
	7	25072	KAM IAN LAM	YYC
	8	02052	TANG, Yee Kiu Natalie	BMFMC
	9	18069	HON YAN LAM	MKPC
	10	28029	GUO Yan Yin	YLLSS
	11	23062	CHEUNG HEIDI	QESOSA
	12	08032	CHAU Q	CLSMSS
	13	04066	LEUNG TSZ CHING	FYW
	14	27040	LEE I LAM	BBSS
	15	21054	TANG MAU NI	PS
	16	11042	NG, Yat Hei	LA
	17	35069	WONG MAN YING	TSTSS
	18	16066	TANG YUEN TUNG	JCMKEC
	19	32067	Lam Lok Tung	TSWMC
	20	33063	HO TSZ CHING	KYWC
	21	14059	Ho Sum Yau	LSKC
	22	19026	WONG YIN SUM IRIS	HYKYL
	23	20072	YEUNG SZE WING	T.P.K.

Event 74 Boys C Grade 1500m(F) **3:00pm**

Record : 4:46.09 Standard: 6:00.00

Final 1/2	1	37023	LEUNG CHUN	YLMASS
	2	10031	LIN TSUN YU	YDSS
	3	07040	TANG CHING YUEN ULYSSES	YMCA
	4	14033	Hung Jaco Chung Kiu	LSKC
	5	09037	TSANG YING LAM	TCSS
	6	27023	KING HAU YIN	BBSS
	7	23039	LEUNG SIN HANG	QESOSA
	8	34026	CHAN YIK YIN	LKT
	9	11022	CHAN, Tsz Wai	LA
	10	05019	HO TSZ HO	CCCKLC
	11	32046	Wong Chun Hei	TSWMC
	12	17008	CHAN OI HEI	JCCYL
	13	04042	LI KA LOK	FYW
	14	20034	CHAN YUI TAT	T.P.K.
	15	16039	LEUNG LAI SIN	JCMKEC
	16	08017	CHEUNG KA YAN	CLSMSS
	17	19009	KWOK KEI CHAK	HYKYL
	18	25040	CHEUNG ALVIN YUI HEI	YYC
	19	22033	CHAN CHEUK HIM	TKW
	20	38021	LEUNG CHUN YU	YLPSS
	21	26046	TU HAO RAN	STC
	22	02030	CHEN JUNPEI	BMFMC
	23	33036	CHAN, Ka Shun	KYWC
	24	21031	MAN LOK TIN MIKE	PS
	25	18044	Choi Chung Ho	MKPC
	26	35038	MO HAOYUAN	TSTSS
	27	31018	TSANG CHUN NOK	TSWGSS

Final 2/2	1	10036	WONG KA LOK	YDSS
	2	13032	KWOK CHIU YUI	HTMS
	3	27026	LEUNG HON TIN	BBSS
	4	23044	TAM PAK YIU	QESOSA
	5	07031	CHAN CHO CHING	YMCA
	6	22037	WU YU YUEN	TKW
	7	19010	LUI PAK KIU PACO	HYKYL
	8	33044	Tang Chi Sum	KYWC
	9	34024	CHAN CHING WAI MILTON	LKT
	10	26037	CHEUK HIU FUNG	STC
	11	20039	LAU OWENS TSZ TING	T.P.K.
	12	21034	WU KA CHUN JASON	PS
	13	04044	PANG ETHAN	FYW
	14	14041	So Ngo Hei Hayden	LSKC
	15	18049	LAU WING KIN	MKPC
	16	35039	NG KAI NAM	TSTSS
	17	24012	FOK CHI FUNG	KYS
	18	25042	CHONG YAT LONG	YYC
	19	03033	CHONG CHEUK MAN	CYS
	20	37024	Wong Chi Him	YLMASS
	21	32036	Chan Yiu Wai	TSWMC
	22	12024	CHEUNG PAK SING	GSLC
	23	38017	CHEUNG HOU FAN	YLPSS
	24	09034	LAI KA ON	TCSS
	25	17010	PENG SIYUAN	JCCYL
	26	11025	YAM, Pak Yu Jesper	LA
	27	08019	LAM WANG YUEN	CLSMSS
	28	16046	WANG YUCHEN	JCMKEC

Event 75 Girls C Grade 1500m(F) **3:00pm**

Record : **5:20.39** **Standard: 7:18.00**

Final 1/2	1	22061	WU NGA YIN	TKW
	2	35072	CHANG HING YI HELENA	TSTSS
	3	19034	MA WAI CHING	HYKYL
	4	16074	LEUNG CHING YEE VENUS	JCMKEC
	5	21058	KWAN CHEUK TUNG	PS
	6	11051	CHEUK Kiu Keira	LA
	7	25083	CHAN HAU YI	YYC
	8	26088	WONG SZE MAN	STC
	9	23078	CHU HO CHING	QESOSA
	10	20088	NGAN TSZ FEI	T.P.K.
	11	27052	REITZEL Quinn Connor	BBSS
	12	18084	CHAN TSZ LAM	MKPC
	13	14073	Lau Sum Yiu	LSKC
	14	09057	CHAN SUM YI	TCSS
	15	04083	WONG SUM YI	FYW
	16	08047	WONG WING HANG	CLSMSS
	17	07066	JIANG TSZ HUEN	YMCA
	18	32083	Leung Ming Yan	TSWMC

Final 2/2	**1**	26084	LEUNG CHING KIU	STC
	2	21061	SO MAN KIU	PS
	3	16073	LEE KA WAI	JCMKEC
	4	24019	TSE AMY	KYS
	5	04078	MA WING PO	FYW
	6	25089	SO HEUNG CHING GINNY	YYC
	7	23087	SO CHI YAN	QESOSA
	8	07071	LOK TIFFANY VICKY	YMCA
	9	19035	TONG YIN NGA TONIA	HYKYL
	10	33080	XIE, Tsz Lam	KYWC
	11	09063	WONG YI CHING	TCSS
	12	27053	TANG TING SUM	BBSS
	13	14067	Chan Lok Yiu	LSKC
	14	32080	HUANG shiqi	TSWMC
	15	08042	CHAN WING NAM	CLSMSS
	16	18083	Chan Macy	MKPC
	17	11056	YEUNG Fei Tung Annelle	LA
	18	35074	CHEUNG YAN SUEN	TSTSS
	19	20083	LAU NGAI FONG	T.P.K.

Event 78	Boys A Grade 200m(F)	**4:45pm**
	Record : 21.04	**Standard: 26.60**

Event 79	Girls A Grade 200m(F)	**4:45pm**
	Record : 26.26	**Standard: 33.80**

Event 80	Boys B Grade 200m(F)	**4:45pm**
	Record : 22.59	**Standard: 27.60**

Event 81	Girls B Grade 200m(F)	**4:45pm**
	Record : 25.77	**Standard: 34.30**

Event 82	Boys C Grade 200m(F)	**4:45pm**
	Record : 24.09	**Standard: 29.90**

Event 83	Girls C Grade 200m(F)	**4:45pm**
	Record : 26.43	**Standard: 34.80**

Day Three 04 December 2026

Event 88	Boys A Grade 400m Hurdles(F)			9:00am
	Record :	**57.06**	**Standard:**	**1:13.00**

Event 89	Boys A Grade 100m(F)			9:15am
	Record :	**10.12**	**Standard:**	**12.70**

Event 90	Girls A Grade 100m(F)			9:15am
	Record :	**11.81**	**Standard:**	**15.60**

Event 91	Boys B Grade 100m(F)			9:15am
	Record :	**10.93**	**Standard:**	**13.00**

Event 92	Girls B Grade 100m(F)			9:15am
	Record :	**12.08**	**Standard:**	**15.80**

Event 93	Boys C Grade 100m(F)			9:15am
	Record :	**11.04**	**Standard:**	**14.10**

Event 94	Girls C Grade 100m(F)			9:15am
	Record :	**12.30**	**Standard:**	**16.20**

Event 95	Boys A Grade 800m(F)			9:30am
	Record :	**2:01.22**	**Standard:**	**2:35.00**

Final 1/3	**1**	01008	YANG XINGRUI	BHS
	2	31001	CHAN JEFFREY	TSWGSS
	3	28001	CHUNG TING HONG	YLLSS
	4	09007	LIN HON CHUNG	TCSS
	5	26005	FOK TING HEI	STC
	6	34008	LO CHUN KWONG	LKT
	7	17002	LUK LONG SANG	JCCYL
	8	07010	LUI TUNG LUNG	YMCA
	9	22015	Zhang Ka Mau	TKW
	10	32016	YAU BRYAN WANG HEI	TSWMC
	11	11002	CHAN, Tsz Ching	LA
	12	21006	Lam Cheuk Hei	PS
	13	19003	Tsang Kwun Ho	HYKYL
	14	03010	LIU XIANGXI	CYS
	15	27003	CHEN YIU KIN	BBSS
	16	38001	HO CHEUK LAM	YLPSS
	17	12008	Lai Ka Wai	GSLC
	18	14004	Chin Pak Him	LSKC
	19	13001	CHEUNG LEUNG CHUN BEN	HTMS

Final 2/3	1	35014	YAN TSZ HONG	TSTSS
	2	31002	KEI NED	TSWGSS
	3	18001	Chan Lok Ki	MKPC
	4	12001	AU CHUN CHI	GSLC
	5	30005	CHEN JINTING	CLCT
	6	16003	CHAN Tsz Fung	JCMKEC
	7	08003	WONG Chuen Sam	CLSMSS
	8	02007	LUO, Chi Hin	BMFMC
	9	01007	XU, Xuezhen	BHS
	10	27007	WONG HO LAM	BBSS
	11	15002	CHAN KIN HEI	HDC
	12	04015	MAK CHUN SING	FYW
	13	21003	CHEN KIT MAN	PS
	14	13006	LI JIAHANG	HTMS
	15	20011	MAN PAK YEUNG	T.P.K.
	16	25009	LEUNG SHING LONG	YYC
	17	10001	FUNG CHIN TONG	YDSS
	18	33016	WU KAM CHEUK	KYWC
	19	23005	HO SIU LONG	QESOSA

Final 3/3	1	16004	FAN TSZ HIN	JCMKEC
	2	18016	MOK KIT HIM	MKPC
	3	09002	CHAN LOK CHUN DANIEL	TCSS
	4	22003	Chui Wai Nok	TKW
	5	10014	WONG JEFRY SETYOBUDI	YDSS
	6	20012	NG CHUN NAM	T.P.K.
	7	33015	WONG Shun Ming	KYWC
	8	35011	QI CHUN HIN	TSTSS
	9	25008	LEE YAN WANG	YYC
	10	26018	ZIN HUI HONG	STC
	11	03015	WONG CHUNG HEI	CYS
	12	02011	WU LI TAO	BMFMC
	13	04017	Wong Sau Yuen	FYW
	14	23008	NG HO HANG	QESOSA
	15	32015	Wu Zewei	TSWMC
	16	30003	CHAN, Sze Hin	CLCT
	17	07006	LAU TSZ NOK IVAN	YMCA
	18	15007	LI ZHE FENG	HDC
	19	14009	Leung Hei Chun	LSKC

Event 96 Girls A Grade 800m(F) **9:30am**

Record : **2:25.81** **Standard: 3:22.00**

Final 1/3	1	10038	FUNG ZI KIU	YDSS
	2	08025	CHAN WING KIU	CLSMSS
	3	19017	YUAN ANGEL	HYKYL
	4	30045	TSANG, Yu Ying	CLCT
	5	01016	HUANG ENSHI	BHS
	6	14043	Chan Heung Ching	LSKC
	7	12033	Lam Kok Yui	GSLC
	8	04055	Or Man Sze	FYW
	9	18057	Cheung Wai Yan	MKPC
	10	26058	WONG CHING YIN KAITLYN	STC
	11	31021	CHAN HOI YING	TSWGSS
	12	33049	CHAN YAN TO ANGEL	KYWC
	13	22043	WONG NOK YI	TKW
	14	21037	CHO LAI IN	PS
	15	35052	LING YAN	TSTSS

Final 2/3	1	21040	Leung Hiu Tung	PS
	2	18056	CHAN TSZ YAU	MKPC
	3	13045	LEE HIU CHING	HTMS
	4	27032	MAN CHING NAM	BBSS
	5	07043	CHAN SIU LAAM	YMCA
	6	23058	WONG YI KIU	QESOSA
	7	32054	Kwok Man Yee	TSWMC
	8	16053	MAN HEI YIU	JCMKEC
	9	35051	LI Xiaoyu	TSTSS
	10	20057	LI TSZ CHING	T.P.K.
	11	02040	LI YAN LOK	BMFMC
	12	11034	TANG, Tsz Tsun	LA
	13	33055	Li Wing Yin	KYWC
	14	09045	YE CHAU YING	TCSS
	15	25056	CHAN YI CHUN	YYC
Final 3/3	1	23050	CHUNG KIT YING	QESOSA
	2	32049	Chan Hau Yu Ashley	TSWMC
	3	37033	Lo Choi Yau	YLMASS
	4	25065	TSOI WAI KIU	YYC
	5	11028	LAM, Bella	LA
	6	26056	NGAI NGA MAN	STC
	7	20058	TSE HEI TUNG	T.P.K.
	8	16051	LI KA LAM	JCMKEC
	9	09039	CHAN CHEUK HANG	TCSS
	10	19014	MA YING	HYKYL
	11	04054	OR MAN CHI	FYW
	12	34042	YEUNG YEE WING	LKT
	13	07041	CHAN HOI LAM	YMCA
	14	13046	LEE HIU TUNG	HTMS
	15	22042	Wong Chi Tung	TKW

Event 97 Boys B Grade 800m(F) **9:30am**

Record : 2:05.63 **Standard: 2:42.00**

Final 1/3	1	12020	WANG QIUHAN	GSLC
	2	27012	CHOI YIK TAT	BBSS
	3	16020	CHONG CHING	JCMKEC
	4	30017	CHAN HUNG KWAN	CLCT
	5	18030	LAW KIERAN	MKPC
	6	33018	CHAN YAT CHEUK	KYWC
	7	14018	Chan Kai Hin	LSKC
	8	26022	CHOW WING HEI	STC
	9	22027	TAM LAI SUM	TKW
	10	07025	Chung Yat Long	YMCA
	11	24009	YAU Pak Yin	KYS
	12	10020	FOK, YU TING RAPHAEL	YDSS
	13	21027	ZHANG YICHEN	PS
	14	03028	NG TSZ HIM	CYS
	15	05008	CHOI NOK HEI	CCCKLC
	16	09017	LAM KAM SHING	TCSS
	17	31007	CHANG RONG	TSWGSS
	18	15014	LEUNG PAK HEI ALVIN	HDC
	19	11013	HE Eric	LA

Final 2/3	1	25022	CHEN KO KIN	YYC
	2	08015	ZENG JIA FU	CLSMSS
	3	20029	TANG KWAN LOK HAYDEN	T.P.K.
	4	11012	Gadi Gil Hendrik	LA
	5	04034	XIE HON NAM	FYW
	6	24006	CHEUNG, DARNELL	KYS
	7	10023	LAM CHEUK HIM	YDSS
	8	14029	Wang Yao	LSKC
	9	02024	MUNAF KASHIF ALI	BMFMC
	10	36012	Peng Sung Yan	YLCSS
	11	30020	KOO HO FUNG	CLCT
	12	17007	MAK HONG WAI	JCCYL
	13	35027	TAM TSZ LONG	TSTSS
	14	27018	TSOI TING ON	BBSS
	15	13021	LIU MIKE	HTMS
	16	32034	ZHU Zixuan Simon	TSWMC
	17	05014	TAM HO LUNG	CCCKLC
	18	21015	CHAN CHUN HEI	PS
	19	23016	ALI IBRAHIM	QESOSA
	20	33027	NG CHEUK HIN	KYWC
Final 3/3	1	31006	CHAN KWAN YING	TSWGSS
	2	22019	HO TSZ WING	TKW
	3	07020	Chan Tsun Hei	YMCA
	4	20018	CHENG CHUN FAI	T.P.K.
	5	16027	SIU HEI NAM	JCMKEC
	6	18031	LEE KAI FUNG KRIS	MKPC
	7	38006	CHEUNG IN YAT	YLPSS
	8	32021	Cheung Chung Shun	TSWMC
	9	25031	LUO Zihao	YYC
	10	13019	Li Jiahong	HTMS
	11	02020	HUANG, Cayce	BMFMC
	12	28011	LAU, CHUN CHIT	YLLSS
	13	09025	YIU MING HEY	TCSS
	14	23033	YANG SUM MO	QESOSA
	15	04026	LEUNG PAK TO	FYW
	16	12016	Chow Yat	GSLC
	17	26028	KUNG TSZ YEUNG	STC
	18	35026	NG, Jayden Cheuk Tung	TSTSS
	19	15015	LI YUI CHUN	HDC
	20	03023	KWOK TSZ CHING	CYS

Event 98	Girls B Grade 800m(F)			9:30am
	Record :	**2:28.42**	**Standard:**	**3:27.00**
Final 1/3	1	13057	LEUNG PING PING	HTMS
	2	01018	LAI WING YAN	BHS
	3	27041	LUO Zhangshuo	BBSS
	4	34049	YUEN TSZ TUNG	LKT
	5	19019	CHEUNG SHU HANG PERLA	HYKYL
	6	20066	LI JINYUE	T.P.K.
	7	16064	LEUNG MAN LEE	JCMKEC
	8	26077	ZHU YUANYUAN	STC
	9	32063	Chiu Yan To	TSWMC
	10	23062	CHEUNG HEIDI	QESOSA
	11	22049	MAK PUI YAN	TKW
	12	09051	TANG YUK KI	TCSS
	13	04064	LEE SUM YAU	FYW
	14	17013	OU Chi Lam	JCCYL
	15	11038	KWOK, Hau Ling	LA
	16	07058	KEUNG WING SUM	YMCA
Final 2/3	1	18068	CHEN SZE NGA EMILY	MKPC
	2	25075	LAU SZE WAI	YYC
	3	08032	CHAU Q	CLSMSS
	4	04065	LEUNG SIN HANG	FYW
	5	19026	WONG YIN SUM IRIS	HYKYL
	6	16066	TANG YUEN TUNG	JCMKEC
	7	35062	KWOK, Mei Sze Macy	TSTSS
	8	34045	FUNG WING HEI	LKT
	9	12039	LEE YUI YI	GSLC
	10	30053	Tang Sze Wan	CLCT
	11	09049	LIU YI QIAO	TCSS
	12	14063	Wong Anna Chi Lam	LSKC
	13	22044	GUO TSZ SIM	TKW
	14	26075	Zhang Hannah	STC
	15	02046	CHU PUI KI	BMFMC
	16	21045	CHAN HIU TUNG HENRIETTA	PS
	17	33069	WONG MAN YU	KYWC
Final 3/3	1	25081	YUEN HO NAM	YYC
	2	17012	NG CHO TIK	JCCYL
	3	11042	NG, Yat Hei	LA
	4	02052	TANG, Yee Kiu Natalie	BMFMC
	5	27039	LAM CHUNG CHING	BBSS
	6	23066	LAI WING NAM HAILEY	QESOSA
	7	35055	CHAN HEI SUET	TSTSS
	8	38031	MAN CHIN TUNG	YLPSS
	9	21048	CHEN WENXI HAILEY	PS
	10	20069	MO YUEN YING	T.P.K.
	11	14059	Ho Sum Yau	LSKC
	12	07057	CHAN CHEUK KIU	YMCA
	13	18069	HON YAN LAM	MKPC
	14	08035	LEE CHEUK TUNG	CLSMSS
	15	33060	CHAN WING LAM METIS	KYWC
	16	12040	Lim Hau Ching Summer	GSLC
	17	32067	Lam Lok Tung	TSWMC

Event 99 Boys C Grade 800m(F) **9:30am**

Record : 2:15.70 Standard: 2:55.00

Final 1/3	1	38017	CHEUNG HOU FAN	YLPSS
	2	24010	CHEUNG KA PO	KYS
	3	03035	WONG PAK HIM	CYS
	4	14033	Hung Jaco Chung Kiu	LSKC
	5	19010	LUI PAK KIU PACO	HYKYL
	6	25051	YUEN HOU SAM	YYC
	7	22033	CHAN CHEUK HIM	TKW
	8	08019	LAM WANG YUEN	CLSMSS
	9	11025	YAM, Pak Yu Jesper	LA
	10	07031	CHAN CHO CHING	YMCA
	11	09037	TSANG YING LAM	TCSS
	12	32038	CHEUNG PAK HEI	TSWMC
	13	34027	MUHAMMAD ANAS ABDULL	LKT
	14	27023	KING HAU YIN	BBSS
	15	21034	WU KA CHUN JASON	PS
	16	18043	Cheung Pak To	MKPC
	17	12030	WONG CHUN NOK	GSLC
Final 2/3	1	33042	LAU, Wing Lun	KYWC
	2	18049	LAU WING KIN	MKPC
	3	11022	CHAN, Tsz Wai	LA
	4	13032	KWOK CHIU YUI	HTMS
	5	21028	FOK PAN HEI ELVIS	PS
	6	27027	WU CHUN HANG	BBSS
	7	23044	TAM PAK YIU	QESOSA
	8	20036	KWOK HO TING	T.P.K.
	9	10030	LAU NGAI WANG MAGNUS	YDSS
	10	26041	LAU JADEN YIK YEUNG	STC
	11	08020	LIU BRAYDEN	CLSMSS
	12	15021	CHOW TSZ HIM	HDC
	13	16039	LEUNG LAI SIN	JCMKEC
	14	35038	MO HAOYUAN	TSTSS
	15	03033	CHONG CHEUK MAN	CYS
	16	04044	PANG ETHAN	FYW
	17	24017	WAI CHUN FUNG	KYS
Final 3/3	1	35032	CHEN ZHIHENG	TSTSS
	2	10033	NGO YIN JING	YDSS
	3	22037	WU YU YUEN	TKW
	4	07040	TANG CHING YUEN ULYSSES	YMCA
	5	26044	TO WAI FUNG JAYDEN	STC
	6	09034	LAI KA ON	TCSS
	7	32046	Wong Chun Hei	TSWMC
	8	04038	CHAN PAK HEI	FYW
	9	16034	CHAMPNESS DYLAN JULES P	JCMKEC
	10	19009	KWOK KEI CHAK	HYKYL
	11	23038	LAM YAN CHI	QESOSA
	12	33045	WONG, Shek Hang	KYWC
	13	25042	CHONG YAT LONG	YYC
	14	15025	NG LOK HIN KIMI	HDC
	15	14041	So Ngo Hei Hayden	LSKC
	16	12023	CHAN CHUN HO	GSLC
	17	20039	LAU OWENS TSZ TING	T.P.K.

Event 100	Girls C Grade 800m(F)			9:30am
	Record :	**2:34.29**	**Standard:**	**3:28.00**
Final 1/3	1	07066	JIANG TSZ HUEN	YMCA
	2	03047	TAI TSZ LAM SKYLAR	CYS
	3	11051	CHEUK Kiu Keira	LA
	4	34055	MOK WING TSUN	LKT
	5	27055	Wong Tsz Ching	BBSS
	6	31036	TSOI CHI KIU CHERRY	TSWGSS
	7	16074	LEUNG CHING YEE VENUS	JCMKEC
	8	08042	CHAN WING NAM	CLSMSS
	9	26088	WONG SZE MAN	STC
	10	22055	CHAN HEI TUNG	TKW
	11	23079	FAN HOI NAM	QESOSA
	12	20080	LAM TING YAN KAITLYN	T.P.K.
	13	33072	CHAN, Chin Ue Cheryl	KYWC
	14	14073	Lau Sum Yiu	LSKC
	15	19034	MA WAI CHING	HYKYL
Final 2/3	1	32078	CHEUNG Tsz Shan Bella	TSWMC
	2	33073	CHAN, Wun Yi	KYWC
	3	35074	CHEUNG YAN SUEN	TSTSS
	4	18084	CHAN TSZ LAM	MKPC
	5	09057	CHAN SUM YI	TCSS
	6	11052	CHIU Sum Tung Carlie	LA
	7	22058	TAM HOI KI	TKW
	8	19035	TONG YIN NGA TONIA	HYKYL
	9	04077	LUI CHUNG YAN	FYW
	10	21061	SO MAN KIU	PS
	11	08047	WONG WING HANG	CLSMSS
	12	26084	LEUNG CHING KIU	STC
	13	25082	CHAN CHIN YUI	YYC
	14	28037	NIP WING SUM	YLLSS
	15	14067	Chan Lok Yiu	LSKC
Final 3/3	1	23087	SO CHI YAN	QESOSA
	2	18083	Chan Macy	MKPC
	3	09064	WU HOI CHING TIFFANY	TCSS
	4	27052	REITZEL Quinn Connor	BBSS
	5	12052	WONG TSZ TUNG	GSLC
	6	32084	Leung Yin Hei	TSWMC
	7	04083	WONG SUM YI	FYW
	8	34053	MAI TSZ YEE	LKT
	9	25088	LEUNG HOI YIN	YYC
	10	21058	KWAN CHEUK TUNG	PS
	11	07071	LOK TIFFANY VICKY	YMCA
	12	16072	LAM SAU WAI	JCMKEC
	13	20088	NGAN TSZ FEI	T.P.K.
	14	30055	BIBI,Mahdiya	CLCT
	15	35075	CHIU SAU MAN	TSTSS

Event 103	Boys A Grade 4x100m Relay(PRE)	10:45am
	Record : **43.59**	**Standard: 50.00**
Heat 1/4	**1**	YLLSS
	2	TKW
	3	LKT
	4	QESOSA
	5	JCMKEC
	6	TSWMC
	7	YLMASS
	8	STC
Heat 2/4	**1**	BMFMC
	2	FYW
	3	CLCT
	4	CLSMSS
	5	BHS
	6	GSLC
	7	TSTSS
	8	CYMCASS
Heat 3/4	**1**	YYC
	2	YLCSS
	3	PSCSS
	4	YDSS
	5	TCSS
	6	TPK
	7	LSKC
	8	HTMS
Heat 4/4	**1**	HDC
	2	LUAC
	3	CCCKLC
	4	CYS
	5	KYWC
	6	MKPKC
	7	HYKYL

Event 104	Girls A Grade 4x100m Relay(PRE)		10:45am
	Record :	**51.33**	**Standard: 1:00.00**
Heat 1/4	**1**		BMFMC
	2		YLPSS
	3		CLSMSS
	4		LSKC
	5		QESOSA
	6		CCCKLC
	7		TPK
Heat 2/4	**2**		TSWMC
	3		KYWC
	4		STC
	5		TSTSS
	6		HTMS
	7		PSCSS
Heat 3/4	**2**		YDSS
	3		HYKYL
	4		YLLSS
	5		GSLC
	6		JCMKEC
	7		YYC
Heat 4/4	**2**		LUAC
	3		FYW
	4		TKW
	5		CYMCASS
	6		MKPKC
	7		LKT

Event 105	Boys B Grade 4x100m Relay(PRE)		10:45am
	Record :	**43.35**	**Standard: 52.00**
Heat 1/5	**1**		HDC
	2		TSTSS
	3		LSKC
	4		CLCT
	5		YLLSS
	6		BMFMC
	7		LUAC
Heat 2/5	**1**		MKPKC
	2		CCCKLC
	3		BBSS
	4		LKT
	5		STC
	6		TCSS
	7		GSLC
Heat 3/5	**1**		CCCKY
	2		HTMS
	3		TPK
	4		CYS
	5		YDSS
	6		KYWC
	7		PSCSS
Heat 4/5	**2**		TKW
	3		YLMASS
	4		TSWMC
	5		TSWGSS
	6		JCMKEC
	7		YYC
Heat 5/5	**2**		CLSMSS
	3		HYKYL
	4		CYMCASS
	5		FYW
	6		QESOSA
	7		YLPSS

Event 106	Girls B Grade 4x100m Relay(PRE)		10:45am
	Record :	**52.53**	**Standard: 1:03.00**
Heat 1/4	**1**		TKW
	2		PSCSS
	3		STC
	4		TCSS
	5		HYKYL
	6		MKPKC
	7		FYW
Heat 2/4	**1**		GSLC
	2		HTMS
	3		TPK
	4		BMFMC
	5		KYWC
	6		CLSMSS
	7		QESOSA
Heat 3/4	**1**		LUAC
	2		YDSS
	3		YLLSS
	4		TSWMC
	5		CLCT
	6		YLPSS
	7		TSTSS
Heat 4/4	**2**		CYMCASS
	3		CCCKY
	4		JCMKEC
	5		LKT
	6		YYC
	7		LSKC

Event 107	Boys C Grade 4x100m Relay(PRE)	10:45am
	Record : 48.28	**Standard: 57.00**
Heat 1/4	**1**	CYMCASS
	2	YDSS
	3	CYS
	4	BMFMC
	5	PSCSS
	6	MKPKC
	7	STC
	8	HTMS
Heat 2/4	**1**	LUAC
	2	TPK
	3	YYC
	4	GSLC
	5	LSKC
	6	LKT
	7	YLPSS
	8	KYWC
Heat 3/4	**1**	BBSS
	2	HDC
	3	CLSMSS
	4	TSTSS
	5	FYW
	6	YLLSS
	7	TSWMC
	8	TKW
Heat 4/4	**1**	JCMKEC
	2	HYKYL
	3	YLMASS
	4	CCCKLC
	5	TCSS
	6	CLCT
	7	QESOSA

Event 108	Girls C Grade 4x100m Relay(PRE)		10:45am
	Record :	**53.14**	**Standard: 1:05.00**
Heat 1/5	**1**		JCMKEC
	2		HTMS
	3		QESOSA
	4		TSWGSS
	5		YLCSS
	6		CCCKLC
	7		YDSS
Heat 2/5	**1**		STC
	2		PSCSS
	3		YLPSS
	4		CLCT
	5		FYW
	6		GSLC
	7		TCSS
Heat 3/5	**1**		YYC
	2		TSWMC
	3		KYWC
	4		CYMCASS
	5		BBSS
	6		HDC
	7		MKPKC
Heat 4/5	**1**		JCCYL
	2		LKT
	3		TSTSS
	4		CYS
	5		BMFMC
	6		LSKC
	7		HYKYL
Heat 5/5	**1**		TPK
	2		TKW
	3		YLMASS
	4		LUAC
	5		BHS
	6		YLLSS
	7		CLSMSS

Event 109	Boys A Grade 4x400m Relay(F)		2:00pm
	Record :	**3:31.06**	**Standard: 4:10.00**

Event 110	Girls A Grade 4x400m Relay(F)		2:00pm
	Record :	**4:25.69**	**Standard: 5:30.00**

Event 111	Boys B Grade 4x400m Relay(F)		2:00pm
	Record :	**3:43.63**	**Standard: 4:25.00**

Event 112	Girls B Grade 4x400m Relay(F)		2:00pm
	Record :	**4:28.03**	**Standard: 5:37.00**

Event 113	Boys C Grade 4x400m Relay(F)		2:00pm
	Record :	**3:58.94**	**Standard: 4:52.00**

Event 114	Girls C Grade 4x400m Relay(F)	**2:00pm**
	Record : **4:41.06**	**Standard:** 5:40.00
Event 115	Boys A Grade 4x100m Relay(F)	**2:30pm**
	Record : **43.59**	**Standard:** 50.00
Event 116	Girls A Grade 4x100m Relay(F)	**2:30pm**
	Record : **51.33**	**Standard:** 1:00.00
Event 117	Boys B Grade 4x100m Relay(F)	**2:30pm**
	Record : **43.35**	**Standard:** 52.00
Event 118	Girls B Grade 4x100m Relay(F)	**2:30pm**
	Record : **52.53**	**Standard:** 1:03.00
Event 119	Boys C Grade 4x100m Relay(F)	**2:30pm**
	Record : **48.28**	**Standard:** 57.00
Event 120	Girls C Grade 4x100m Relay(F)	**2:30pm**
	Record : **53.14**	**Standard:** 1:05.00