Day One 20 November 2026

Event 5	Boys A Grade 400m Hurdles(F)			9:00am
	Record : 57.02			**Standard: 1:13.00**
Final 1/2	**1**	15014	FONG CHI KUEN	LKCSS
	2	04009	Ying Lok Dio	CAL
	3	26016	Chen Aoyu	LSKC_KT
	4	02001	LI CHAK HEI	YKN
	5	30009	CHEUNG Ching Fung	WYY
	6	08003	SU DESHEN	LIYMSS
	7	29007	Fung Wai Kwan	CZM
Final 2/2	**1**	26015	Chang Pak Ho	LSKC_KT
	2	02010	YAN Weijin	YKN
	3	12004	WONG TSZ HIN	JCC
	4	28005	LAW KA HIM	LWLC
	5	04004	CHENG Yu Hin	CAL
	6	29003	Chan Hei Chit	CZM
	7	30010	LEE Chun Po	WYY

Event 6	Girls B Grade 3000m(F)			9:30am
	Record : 12:34.00			**Standard: 15:40.00**
Final 1/1	**1**	26071	Wang Jiaxin	LSKC
	2	12068	Wu Nga Hing	JCC
	3	04065	Zhang Sze Miu	CAL
	4	29062	Wong Tsz Yau	CZM
	5	19038	Poon Yau Yui	LCW
	6	08070	Cheung Lok Ling	LIYMSS
	7	19037	Chen Yu-An	LCW
	8	08071	Chung Birgitta	LIYMSS
	9	25059	Chen Victoria	LW
	10	29070	Wong Wing Y u	CZM
	11	03021	Liang Pozhen	csjss
	12	30067	Lam Wun Yung	WYY
	13	15065	Chan Ming Wai	LKCSS
	14	21006	Wan Tsz Ying	PPVIC
	15	04058	Ho Kei Yan Yannette	CAL
	16	28065	Lee Hei Tung	LWLC
	17	26068	Lin Ching Hei	LSKC
	18	15069	Guo Jinwen	LKCSS
	19	09036	Luk Yan Ting	CSA
	20	25060	Lam Sze Ching	LW
	21	30071	Jing Zhuofei	WYY
	22	09033	Tang Sum Wai	CSA
	23	28072	Lin Wanyi	LWLC

Event 7	Boys B Grade 3000m(F)			9:30am
	Record : 9:31.00			**Standard: 12:35.00**
Final 1/1	**1**	04017	Tang Siu Chun	#N/A
	2	02023	Chan Kam Yeung	#N/A
	3	04026	Chu Pak Yin	#N/A
	4	27019	Liu Linghan	#N/A
	5	26029	Cheung Long Ching	#N/A
	6	08037	To Simon Xu	#N/A
	7	07014	Shi Joel Xinle	#N/A
	8	18025	Lee Ho Hei	#N/A
	9	28020	Ng Kit Lai Ricky	#N/A
	10	05013	Law Shing Hei	#N/A
	11	19014	Chan Chun Nok	#N/A
	12	09016	Luk Kam Chun	#N/A
	13	24013	Wong Chi Leung	#N/A
	14	15029	Chan Hei Cheong	#N/A
	15	23014	Lyu Ziyi	#N/A
	16	17013	Wong Bo Yin	#N/A
	17	30026	Chan Lok Ching	#N/A
	18	29021	Chiu Ho Yu Ocean	#N/A
	19	27018	Zhang Jiarui	#N/A
	20	06005	Feng Chun Hei Wilson	#N/A
	21	25017	Wong King Yin	#N/A
	22	28030	Lee Chun Nam	#N/A
	23	09020	Woo Yat Tai	#N/A
	24	06011	Xue Haoyu	#N/A
	25	25012	Kan Ho Yat	#N/A
	26	30033	Leung Chi Kit	#N/A
	27	12034	Yeung Shing Chi	#N/A
	28	15028	Huang Jinglei	#N/A
	29	29016	Lau Ho Chai	#N/A
	30	05012	Cheng Gabriel	#N/A
	31	02028	Wong Yu Hin	#N/A
	32	08036	Pun Shun Nok Noah	#N/A
	33	26028	Lo Chak Long	#N/A
	34	16018	Mak Ka Wo	#N/A
	35	18024	Chong Cheuk Yin	#N/A
	36	16017	Lo Chiu Hei	#N/A
	37	12020	Fung Tsz Lun	#N/A

Event 8	Girls A Grade 5000m(F)			10:15am
	Record : 22:02.58			**Standard: 26:45.00**
Final 1/1	**1**	29050	Kok Man Hei	CZM
	2	26048	Cheung Cheuk Yiu Vanessa	LSKC
	3	25047	Hyvarinen Livia Aini Matilda	LW
	4	04050	Lee Hoi Tung	CAL
	5	25046	Chun Hoi Tsing Veronica	LW
	6	10008	Wang So Ki	SMCSS
	7	28047	Yuan Wai Ching	LWLC
	8	10001	Chan Yui Ching	SMCSS
	9	28057	Pang Yuen Mung	LWLC
	10	26057	Li Hei Man	LSKC
	11	08056	Fung Pak Yiu	LIYMSS
	12	15054	Chan Zahrah	LKCSS

Event 9	Boys A Grade 5000m(F)			10:15am
	Record : 16:10.87			**Standard: 22:00.00**
Final 1/1	**1**	28016	Lai Long Tin	LWLC
	2	19010	Au Yeung Yan Ho	LCW
	3	23008	Zhang Haolin	NSM
	4	17007	Lin Jiefeng	LC
	5	09009	Tang Long Ting	CSA
	6	25003	Deng Tsz Hong	LW
	7	06002	Chum Tsz Ho	YC
	8	26011	Leung Ka Kiu Cary	LSKC
	9	17005	Gao Yaobin	LC
	10	18006	Guo Junhao	KCM
	11	09001	Chan Lok Yin	CSA
	12	29004	Chen Honghao	CZM
	13	02014	Ma Lok Ching	YKN
	14	25001	Cheng Bruce Ho Tin	LW
	15	15011	Cheung Cheuk Nam	LKCSS
	16	26010	Cai Yaowen	LSKC
	17	30013	Tai Wing Him	WYY
	18	27008	Xie Yutao	CNC
	19	23006	Yau Wang Ho	NSM
	20	30015	Wong Chun	WYY
	21	28002	Lam Kai Shing	LWLC
	22	12015	Chow Kam Hei	JCC
	23	04007	Lee Ngai Nam	CAL
	24	15008	Wong Yui Ching	LKCSS
	25	08014	Ho Bak Hei	LIYMSS
	26	08013	Au Ho Nam Alvin	LIYMSS
	27	04016	Wong Chun Nam	CAL
	28	27006	Chung Hau Yin	CNC
	29	02015	Yip Ka Kui	YKN
	30	20011	Yang Matthew	PLK83
	31	19009	Tang Hon Sum	LCW
	32	18012	Zhang King Pan	KCM
	33	29006	Chu Hoi Yin	CZM
	34	12016	Lau Chun On	JCC

Event 14	Girls C Grade 200m(PRE)			11:30am
	Record : 27.74			**Standard: 0:34.8**
Heat 1/6	1	07046	CHAN YAT CHING	CNECCC
	2	08084	NGAI ZHI LIN	LIYMSS
	3	04073	TSUI HOI TUNG KAYLEY	CAL
	4	31058	LAI KA CHING	SCGMC
	5	06025	HUI YUK YING	YC
	6	10028	LEUNG TSZ LAAM	SMCSS
	7	21011	CHAU TSZ WING	PPVIC
	8	24057	YEUNG YAT TUNG	SLC
Heat 2/6	1	01028	LEUNG LOK YAN	BSTC
	2	28077	CHUNG CHING YAU	LWLC
	3	16071	LAU WING SUM	CWK
	4	29081	Cheng Tsz Lam	CZM
	5	12081	HE CHI CHANG	JCC
	6	26082	Lin Yuet Kiu	LSKC_KT
	7	22027	YAU TSZ YIN	QCOB
Heat 3/6	1	25082	WONG SZE NGA VALERIE	LW
	2	27035	XU YAT SUM	CNC
	3	11029	Yiu Wing Hei	YY1
	4	15082	LEUNG SZE TUNG	LKCSS
	5	30078	LUK PUI YAN	WYY
	6	03026	ZHU QINLIN	CSJSS
	7	18070	NG CHEUK YAN	KCM
Heat 4/6	1	19051	TING CHING YING AENEAS	LCW
	2	15076	CHONG HEI WAI	LKCSS
	3	01027	LAU WING YEE	BSTC
	4	09037	DENG KIU TEUR	CSA
	5	25076	CHEUNG WING NGA	LW
	6	18073	WU SZE HANG	KCM
	7	30074	HO SZE NGA	WYY
Heat 5/6	1	16067	CHEUNG TSZ YI	CWK
	2	29082	Kwok Wing Yau	CZM
	3	26086	Cheung Tsz Yui	LSKC_KT
	4	28078	LAW YI LAM BOWIE	LWLC
	5	22028	MAK SING YI	QCOB
	6	19048	JIANG SHUN YING	LCW
	7	12082	LI SUM TUNG AMBER	JCC
Heat 6/6	1	04075	LEE LOK HEI	CAL
	2	31065	WONG TSZ YING	SCGMC
	3	10032	CHAN WAI YAN	SMCSS
	4	07045	CHENG HOI LAM	CNECCC
	5	08083	LAM WING LING	LIYMSS
	6	24061	LI LOK YIU	SLC
	7	06020	PANG WING YIN	YC

Event 15 Boys C Grade 200m(PRE) **11:30am**

Record : 24.41 **Standard: 0:29.9**

Heat 1/6	1	30042	WONG TSZ HO	WYY
	2	02044	Lau Tsz Chung	YKN
	3	29040	NG HOI MING	CZM
	4	11017	Cheng Wang Kei Anson	YY1
	5	18040	TANG PAK KIU	KCM
	6	25032	FUNG POK	LW
	7	19029	YAU CHEUK WANG	LCW
	8	04037	CHOI TSUN HIM	CAL
Heat 2/6	1	05028	HO CHING YU	CHUENYUEN
	2	12040	KAO TSUN KIU	JCC
	3	28036	NG PUI HEI	LWLC
	4	27022	KWOK Wan Yin	CNC
	5	15043	CHAU KA HO	LKCSS
	6	08045	CHENG CHEUK HEI	LIYMSS
	7	20028	WONG YEE HIM	PLK83
	8	22015	LAW LOK HEI	QCOB
Heat 3/6	1	26040	Chan Tsz Fan	LSKC_KT
	2	01006	TANG CHUN HEI	BSTC
	3	07020	WONG CHEUK YIN	CNECCC
	4	24027	YUNG WANG HIM	SLC
	5	31029	LEE CHAK MING	SCGMC
	6	16033	TAM YU HIN	CWK
	7	14024	LEE CHUN YIN	KCMC
Heat 4/6	1	07018	AU PUI FUNG	CNECCC
	2	24019	SHIU YU HIN AIDEN	SLC
	3	16034	TSO LOK FUNG	CWK
	4	26045	Cheng King Yu Alfred	LSKC_KT
	5	01007	WONG HEI YUI ANDREI	BSTC
	6	09024	SHUM CHUN WANG	CSA
	7	31026	CHAN CHUN KIT	SCGMC
Heat 5/6	1	28039	CHAN WAI HIN	LWLC
	2	27024	YUAN JIAYI	CNC
	3	08052	WAN CHI CHIT	LIYMSS
	4	12042	WEI YUCHEN	JCC
	5	20026	LAU PAK HEI	PLK83
	6	05031	LIU KA PAN	CHUENYUEN
	7	15047	Wong Pak Ning Nelson	LKCSS
Heat 6/6	1	29041	YEUNG CHUN PAK	CZM
	2	18043	WONG PAK TO	KCM
	3	04046	WONG TSZ CHUN	CAL
	4	30037	LI SHEUNG YU	WYY
	5	02040	Chi Ching Hin	YKN
	6	19025	Cheng Ho Yin	LCW
	7	25034	WONG TIN HANG	LW

Event 16	Girls B Grade 200m(PRE)			11:30am
	Record : 27.39			**Standard: 0:34.3**
Heat 1/6	1	05038	CHEUNG LOK CHING	CHUENYUEN
	2	16058	LAM SUM YAU	CWK
	3	30068	LUK PUI CHING	WYY
	4	07039	LAM LING NGAI CAISY	CNECCC
	5	26072	Yip Pui Kiu	LSKC_KT
	6	08076	YU LOK YI	LIYMSS
	7	14036	ZHENG YU YI XIN	KCMC
	8	22023	CHAN Ngai Tung Edith	QCOB
Heat 2/6	1	31053	PENG HALEY	SCGMC
	2	10022	LAM PUI HAN AUDREY	SMCSS
	3	24036	LAM YEE PING	SLC
	4	25058	CHAN KA WAI	LW
	5	18056	CHUI TSZ CHING	KCM
	6	21009	Lee Adriana Grace	PPVIC
	7	12065	TONG LOK CHING	JCC
Heat 3/6	1	29071	Wong Yuen Kiu Nicole	CZM
	2	20044	Wong Aretha	PLK83
	3	15063	Wong Sum Yau	LKCSS
	4	04061	Ye Ka Lam	CAL
	5	19044	WONG CHEUK YEE	LCW
	6	27027	LIN NGA SZE	CNC
	7	28069	TAN WANYUE	LWLC
Heat 4/6	1	15072	Tang Cheuk Chi	LKCSS
	2	19043	TEO YUET YU	LCW
	3	17034	CHENG QIANROU	LC
	4	29068	LEE WING TUNG	CZM
	5	20049	CHAN YEUK HEI	PLK83
	6	28067	CHEONG SUM YAU	LWLC
	7	27034	ZHENG ZAI XI	CNC
Heat 5/6	1	25061	TONG WING KIU	LW
	2	18059	XU LEYAN	KCM
	3	04055	Au Luo Bei	CAL
	4	17032	LIN XITONG	LC
	5	10023	LEUNG CHING YAN	SMCSS
	6	12074	LEE YUET YEE	JCC
	7	21010	YEUNG TSZ KI	PPVIC
Heat 6/6	1	30059	LEONG WING YAN	WYY
	2	26066	Cheng Ying Lee	LSKC_KT
	3	22025	Lee Sin Yin	QCOB
	4	24049	KAM HIU TUNG	SLC
	5	05036	CHAK MAN TUNG	CHUENYUEN
	6	16056	Ko Tsz Ying	CWK
	7	08065	CHAN CHEUK YAN	LIYMSS

Event 17	Boys B Grade 200m(PRE)			11:30am
	Record : 22.92			**Standard: 0:27.6**
Heat 1/7	1	15037	TANG ZHAOYI	LKCSS
	2	30019	TAI TING HIN	WYY
	3	08035	NG LOK YIN	LIYMSS
	4	03017	ZHENG JUNQIAN TONNY	CSJSS
	5	25013	CHAN KENSON	LW
	6	13003	SO LONG WAI	KCC-KC
	7	20017	Wong Chung Ki	PLK83
	8	05014	LIU MAN WAI	CHUENYUEN
Heat 2/7	1	02024	Huang Mun Hung	YKN
	2	27010	WONG MAN HON	CNC
	3	12033	YANG CHENLANG	JCC
	4	22010	LAU YU HEI	QCOB
	5	29023	LAM WAI HEI CYRUS	CZM
	6	16028	QIU SHANJUN	CWK
	7	11008	Qian Youze	YY1
Heat 3/7	1	26023	Wu Henry	LSKC_KT
	2	06010	CHOY KAI YU	YC
	3	07013	NG PAK HO	CNECCC
	4	14016	CHENG KA WING	KCMC
	5	18022	HUNG PAK HIN	KCM
	6	19021	LAM KING FUN JERRY	LCW
	7	24007	CHIN KA HO	SLC
Heat 4/7	1	06008	LAM TSZ HIN	YC
	2	26024	Lee Kin Hei	LSKC_KT
	3	28031	MOK HO MING	LWLC
	4	09020	WOO YAT TAI	CSA
	5	04025	Chow Siu Hei	CAL
	6	31014	LEE HONG KIU JAYDEN	SCGMC
	7	17012	CHEUNG TSUN YIN	LC
Heat 5/7	1	04029	Loh Yui Sum	CAL
	2	07011	KWOK YIN	CNECCC
	3	02030	Cheung Chun Wai	YKN
	4	24006	CHEUNG TSZ HEI	SLC
	5	19023	ZHU QIYAO	LCW
	6	18031	YEUNG HO YU	KCM
	7	14022	KONG CHING HEI	KCMC
Heat 6/7	1	27012	CHEN WENHAO	CNC
	2	12030	KWAN OCEAN	JCC
	3	05011	CHEN JUNHAO	CHUENYUEN
	4	11007	Pun Po Ka	YY1
	5	16020	Man Chak Wa	CWK
	6	29022	CHOW KA HIM	CZM
	7	22011	CHOI YIU CHEUNG	QCOB

Heat 7/7	1	08026	POON CHEUK YIN	LIYMSS
	2	03018	MAN KWUN HO	CSJSS
	3	13004	LIU JIFENG	KCC-KC
	4	30030	LOK KIN FUNG	WYY
	5	20013	YUNG LOK HIM	PLK83
	6	15032	WONG CHIN LONG	LKCSS
	7	25015	MAK LONG KIU	LW

Event 18	Girls A Grade 200m(PRE)			11:30am
	Record : 25.75			**Standard: 0:33.8**
Heat 1/4	1	07028	LEE SUM YIN	CNECCC
	2	25054	KWOK WING YING	LW
	3	22017	So Ki Yan	QCOB
	4	12058	li yuet ching	JCC
	5	04052	WONG YEUK HEI	CAL
	6	26059	Cheng Yuen Yung	LSKC_KT
	7	10010	Pang Yee Ting	SMCSS
	8	29053	Chu Hoi Ching	CZM
Heat 2/4	1	05033	LAW WAN CHI	CHUENYUEN
	2	14027	HON HEI YU HEAZEL	KCMC
	3	08063	FUNG HOI WAI	LIYMSS
	4	28055	ZHOU TSZ YING	LWLC
	5	13007	YU YIU YUK	KCC-KC
	6	20039	Chu Chin Yip	PLK83
	7	31037	SUN LAM LONG	SCGMC
	8	18053	MA HOR YAN	KCM
Heat 3/4	1	08057	KWOK CHIU YIN	LIYMSS
	2	13008	TANG Yingjie	KCC-KC
	3	07023	Lo Wai Hing Beth	CNECCC
	4	16045	CHAN HEE TUNG	CWK
	5	30055	WU WENTING	WYY
	6	18044	PANG HOI CHING	KCM
	7	20035	Hau Wai Ying	PLK83
	8	15055	So Hiu Tung	LKCSS
Heat 4/4	1	12054	HAU TSZ TING	JCC
	2	04053	LU Maria	CAL
	3	16049	FUNG KWAN TING	CWK
	4	30056	Tsang Ke Xin	WYY
	5	15056	Chin Ching Yi	LKCSS
	6	10011	CHAN SZE CHING	SMCSS
	7	26050	Lam Sze Yuen	LSKC_KT

Event 19 Boys A Grade 200m(PRE) **11:30am**

Record : 22.03 **Standard: 0:26.6**

Heat 1/6	1	26013	Tam Wai Pong	LSKC_KT
	2	23005	SIRIPHAGORNCHAI SINSAP	NSM
	3	30011	LUI Tik Sum	WYY
	4	12006	BAI YUNPENG	JCC
	5	02007	LI YIN HO	YKN
	6	24003	LIU CHEUK HEI JOSEPH	SLC
	7	07006	HA KA SHUN	CNECCC
	8	17004	LAI WAI TIK	LC
Heat 2/6	1	20009	Loo Tsun Hei	PLK83
	2	08010	TSANG CHEUK FAN	LIYMSS
	3	15016	HO CHING HIM JEFFREY	LKCSS
	4	29013	Sze Kin Ho	CZM
	5	18008	LEUNG CHI CHUNG	KCM
	6	04004	CHENG Yu Hin	CAL
	7	11003	Chan Nok Hang Enoch	YY1
	8	09006	JIAO KAI YUEN	CSA
Heat 3/6	1	22006	Li Ka Leong	QCOB
	2	16005	CHAN YU CHAK ANTHONY	CWK
	3	19005	ZHANG CHUNG YIU	LCW
	4	28015	XU CHI WAI	LWLC
	5	06003	CHOW CHEUK IP	YC
	6	31011	CHAN CHUN YU	SCGMC
	7	13002	LEE Cheuk Hin	KCC-KC
	8	14013	LI YI RUI	KCMC
Heat 4/6	1	31013	ZEE PAK HO	SCGMC
	2	27002	HO CHEUK LAM	CNC
	3	16001	NGAN CHIU YU	CWK
	4	05004	LAM MAN NOK	CHUENYUEN
	5	03004	Huang Zhao Rui	CSJSS
	6	14005	FUNG WAI HANG	KCMC
	7	22003	WONG SHUN HEI	QCOB
	8	28011	LAM CHUN HO	LWLC
Heat 5/6	1	18010	LEUNG TSZ HIN	KCM
	2	04008	LEE WING HEI	CAL
	3	05007	YIN KIT	CHUENYUEN
	4	03010	CHEN KAI LAM	CSJSS
	5	19012	TSE CHAI CHUEN	LCW
	6	20002	CHOI HONG PUI	PLK83
	7	08015	YEUNG KWOK HO	LIYMSS
	8	29009	Lai Lok Him Cyrus	CZM
Heat 6/6	1	12007	CHO MAN CHING	JCC
	2	02017	Huang Xiaoyu	YKN
	3	17008	TSOI CHAK KUI	LC
	4	15017	YEUNG KONG CHUEN	LKCSS
	5	26017	Chan Lit Man	LSKC_KT
	6	07001	Chan Wan Him	CNECCC
	7	24002	LI JIN YUAN	SLC
	8	30008	CHEUNG CHI PING	WYY

Event 24 Girls C Grade 800m(PRE) **2:00pm**

Record : 2:25.59 **Standard: 3:28.00**

Heat 1/1	1	01024	Tse Sum Tung	BSTC
	2	10026	Leung Tsz Ying	SMCSS
	3	20051	Lau Hoi Ying	PLK83
	4	04068	Wong Yat Kiu Kay	CAL
	5	15075	Yeung Wai Ka	LKCSS
	6	29078	Tsang Wan Yee	CZM
	7	16061	Lou Tin Sum	CWK
	8	28078	Law Yi Lam Bowie	LWLC
	9	31062	Li Yan Yi	SCGMC
	10	18076	Chan Lok Yin	KCM
	11	26081	Ng Pak Yui	LSKC
	12	30076	Lau Yu Kiu	WYY
	13	08081	Hung Man Ki	LIYMSS
	14	19050	So Tzuran Tarynn	LCW
	15	24054	Lui Lok Yan	SLC
	16	12084	Lo Yuen Kwan	JCC
	17	25069	Cheng Tsz Huen	LW
Heat 2/2	1	28076	Cheung Kwong Lai	LWLC
	2	31063	Lung Pak Yan	SCGMC
	3	11031	Ng Wing Yan	YY1
	4	09038	Lin Wing Yan	CSA
	5	26080	Ho Lok Yi	LSKC
	6	19055	Yip Hei Yin	LCW
	7	24056	Tang Yat Yin	SLC
	8	30077	Lo Hei Nam	WYY
	9	12085	Yeung Sze Yu	JCC
	10	25075	Cheng Cho Wing	LW
	11	08092	Wong Tsz Ying	LIYMSS
	12	04072	Ng Hiu Laam	CAL
	13	15078	Da Silva Louisa	LKCSS
	14	01023	Chung Tsam Yee	BSTC
	15	18071	Cheung Yee Nam	KCM
	16	10025	Leung Keira Joy	SMCSS
	17	16062	Siu Hoi Ching	CWK
	18	29077	Cheung Ho Ching	CZM

Event 25	Boys C Grade 800m(PRE)			2:00pm
	Record : 2:13.11			**Standard: 2:55.00**
Heat 1/2	1	25029	Ng Hong Kiu	LW
	2	26037	Lin Shing Hei	LSKC
	3	18039	Chiu Chun Ho	KCM
	4	19030	Yu Tsz Kin	LCW
	5	29032	Mo Wai Him	CZM
	6	12040	Kao Tsun Kiu	JCC
	7	16041	Lam Yiu Hei	CWK
	8	09021	Pan Lok Hei	CSA
	9	02037	Leung King Hin	YKN
	10	08049	Ng Ho Hei Mangus	LIYMSS
	11	01009	Yip Shun Yin	BSTC
	12	03020	Chan Wai Man	csjss
	13	15046	Ng Ho Hin	LKCSS
	14	04036	Li Jadon	CAL
	15	27023	Mak Tin Hang	CNC
	16	30039	Chan Yu Ho	WYY
	17	28041	Wong Pak Yin	LWLC
	18	24023	Won Ching	SLC
Heat 2/2	1	02036	Cheung Chun Ho Jingo	YKN
	2	30040	Cheung Ho Nam Harley	WYY
	3	17017	Kwong Pak Yan	LC
	4	04035	Lee Chung Yin	CAL
	5	09023	Ng Kai Hang	CSA
	6	15041	Fan Wan Hong	LKCSS
	7	14023	Cheung Yat Shun	KCMC
	8	27021	Chen Jianhan	CNC
	9	24018	Lam Yu Tai	SLC
	10	05025	Huang Sen Hei	CYC
	11	28035	Chow Chung Hei	LWLC
	12	08047	Lam Chi Ki	LIYMSS
	13	18041	Yuen Lok Hei	KCM
	14	19028	Tsang Ho Yeung	LCW
	15	12038	Chan Ho Kit	JCC
	16	26036	Cheung Chung Heng	LSKC
	17	16038	Lo Sum Yat	CWK
	18	25033	Law Ho Shun	LW
	19	29035	Ho Yan Hei	CZM

Event 26 Girls B Grade 800m(PRE) **2:00pm**

Record : 2:26.19 **Standard: 3:27.00**

Heat 1/2	1	26069	Shum Chun Sheryl	LSKC
	2	30066	Lam Wun Hei	WYY
	3	05035	Chan Yin Sin	CYC
	4	12069	Goh Ming Yin	JCC
	5	09031	Ng Ching Yi	CSA
	6	25059	Chen Victoria	LW
	7	28070	Law Nga Yan	LWLC
	8	16055	Jiao Tsz Lam	CWK
	9	27033	Kwok Tsz Tung	CNC
	10	02058	Law Cheuk Chi Helena	YKN
	11	10015	Cai Tong	SMCSS
	12	15060	Chan Sze Wan	LKCSS
	13	29074	Lin Tsz Ching	CZM
	14	31044	Foo Kei Kiu	SCGMC
	15	19042	Mak Ying Chi	LCW
	16	08072	Chi Hiu Lam	LIYMSS
	17	24047	Tam Tsz Yin	SLC
	18	04059	Wong Hoi Ching	CAL
			#N/A	
Heat 2/2	1	20044	Wong Aretha	PLK83
	2	19035	Tam Cheuk Lam	LCW
	3	18065	Chan Ka Yan Fiona	KCM
	4	21007	Yeung Hai Lam	PPVIC
	5	31045	Kam Ruth	SCGMC
	6	15064	Leong Cheuk Ki	LKCSS
	7	24038	Chan Hong Yui	SLC
	8	04060	Wong Yin Pui	CAL
	9	08074	Lee Tsz Ying	LIYMSS
	10	30069	So Sum Cheuk Kasey	WYY
	11	10014	Lee Tzi Lam	SMCSS
	12	29066	Chan Hoi Kiu	CZM
	13	05039	Yip Chun	CYC
	14	12071	Wei Jiang Shan Shan Duni	JCC
	15	16054	Yu Wing Ki	CWK
	16	26070	Yang Tsz Yu	LSKC
	17	28074	Yiu Shun Nga	LWLC
	18	25062	Tsang Ching Leeann	LW

Event 27	Boys B Grade 800m(PRE)			2:00pm
	Record : 2:05.29			**Standard: 2:42.00**
Heat 1/2	**1**	24017	Poon Wing Yat	SLC
	2	30023	Xie Wai Hung	WYY
	3	25014	Lai Tsz Chun Will	LW
	4	29025	Chen Yuzhen	CZM
	5	14020	Lin Zhichao	KCMC
	6	15029	Chan Hei Cheong	LKCSS
	7	09015	Yu Jia Wei	CSA
	8	12032	Tsui Tsung Hei	JCC
	9	31022	Leung Ka Kit	SCGMC
	10	06005	Feng Chun Hei Wilson	YC
	11	05015	Tang Wan Hei	CYC
	12	20024	Wong Ho	PLK83
	13	08023	Lau Ka Chun	LIYMSS
	14	28022	Zhou Wai Shing	LWLC
	15	18018	Lee Ka Lok	KCM
	16	03014	Chen Fei Chi	csjss
	17	02022	Hon Ho Hei	YKN
	18	26025	Mak Cheuk Kiu	LSKC
	19	19017	Wu Lun Yam	LCW
	20	04028	Law King Yin	CAL
	21	16021	Chow Hip Fung Carlos	CWK
	22	27011	Cai Wenrui	CNC
				#N/A
Heat 2/2	**1**	23012	Wong Ching Yau	NSM
	2	07012	Shiu Yui Fung	CNECCC
	3	19019	Kong Yi Kin	LCW
	4	04024	Chow Cheuk Lim	CAL
	5	27016	Peng Rui	CNC
	6	26028	Lo Chak Long	LSKC
	7	02027	Wong Chit Hon	YKN
	8	17011	Yu Ching Ip	LC
	9	16029	Qiu Yuk Yiu Eric	CWK
	10	05016	Wong Yuk Fan	CYC
	11	20016	Yau Siu Him	PLK83
	12	30027	Chow Yuen Yu	WYY
	13	28021	Yu Wen Han	LWLC
	14	31021	Law Tsz Chai	SCGMC
	15	18029	Cheung Yik Him	KCM
	16	03012	Wang Zixuan	csjss
	17	08028	Kong Tsz Him	LIYMSS
	18	25017	Wong King Yin	LW
	19	29017	Lo Sum Yuen	CZM
	20	12025	Liu Hoi Yik	JCC
	21	24015	Chan Pak Hei	SLC
	22	09018	He Wai Hin	CSA
	23	15033	Yu Junyao	LKCSS

Event 28 Girls A Grade 800m(PRE) **2:00pm**

Record : 2:31.96 **Standard: 3:22.00**

Heat 1/2	**1**	26047	Cheung Tsz Yin	LSKC
	2	01012	Chung Cheuk Lam	BSTC
	3	15052	Mou Wing Kiu	LKCSS
	4	09026	Chen Yuting	CSA
	5	02051	Chow Tsing	YKN
	6	29055	Lam Ho Yin	CZM
	7	30051	Li Tsz Ki	WYY
	8	10013	Huang Yuen Sum	SMCSS
	9	08064	Ho Hoi Ying	LIYMSS
	10	19033	Singh Sonia Sajjan	LCW
	11	07031	Lai Ting Ching	CNECCC
	12	20040	Ng Lok Yi Jacey	PLK83
	13	04049	Liang Po Ying	CAL
	14	28056	Chen Hei Yee	LWLC
	15	11023	Wei Tsz Ching Yume	YY1
	16	25041	Chan Sum Yuet	LW
	17	12052	Cheng Kam King	JCC
	18	18049	Wu Danfeng	KCM
Heat 2/2	**1**	07030	Ip Chiu Yin	CNECCC
	2	12051	Sit Hoi Ching	JCC
	3	22022	Li Ching	QCOB
	4	20032	Tsang Cho Mang	PLK83
	5	04048	Fang Xuexiu	CAL
	6	25042	Leung Wing Yan	LW
	7	08058	Kwok Ka Lai	LIYMSS
	8	11020	Siu Hi Yi	YY1
	9	24029	Cheng Ho Chi	SLC
	10	18052	Zhan Pui Ki	KCM
	11	28047	Yuan Wai Ching	LWLC
	12	15057	Lin Zihan	LKCSS
	13	09028	Guan Yongyin	CSA
	14	10004	Siu Chak Yan Cobie	SMCSS
	15	26055	Chan Kit Kwan	LSKC
	16	01015	Kwan Hoi Ching	BSTC
	17	30048	Chan Sum Yee	WYY
	18	29050	Kok Man Hei	CZM

Event 29	Boys A Grade 800m(PRE)			2:00pm
	Record : 1:58.99			**Standard: 2:35.00**
Heat 1/2	1	31005	Ku Lok Chiu	SCGMC
	2	22002	Chan Tsz Long	QCOB
	3	04009	Ying Lok Dio	CAL
	4	30005	Leung Pak Tik	WYY
	5	07004	Chen Philip	CNECCC
	6	20001	Cheng Yan Shing	PLK83
	7	19011	Chi Ching Yeung	LCW
	8	28001	Cheung Chun Kai	LWLC
	9	16007	Tian Haosheng	CWK
	10	18006	Guo Junhao	KCM
	11	09002	Chen Zhengjun	CSA
	12	14004	Choi Chi Kwong	KCMC
	13	26016	Chen Aoyu	LSKC
	14	02013	Huang Yiping	YKN
	15	25001	Cheng Bruce Ho Tin	LW
	16	27008	Xie Yutao	CNC
	17	15013	Lee Pak Yin	LKCSS
	18	12002	Lam Pak Ho	JCC
	19	29002	Yu Pak Hei	CZM
	20	23002	Cheung Yau Shing	NSM
	21	08005	Yeung Tsz Ho Terrance	LIYMSS
Heat 2/2	1	03002	Huang Guanren	csjss
	2	29003	Chan Hei Chit	CZM
	3	23003	Chin, King Long	NSM
	4	17003	Chan Ho Hin	LC
	5	27007	Fu Jiahong	CNC
	6	15015	Chui Zoey	LKCSS
	7	08012	Chan Pak Kiu	LIYMSS
	8	14001	Chui Ka Bo	KCMC
	9	26005	Tsui Cho Hin	LSKC
	10	05003	Chan Chun Shing	CYC
	11	30003	Fung Zhijie	WYY
	12	16004	Leung King Hung	CWK
	13	12005	Huang Guantang	JCC
	14	18002	Leung Yat Long	KCM
	15	25002	Wat Ho Ching	LW
	16	02016	Zhu Hao Min	YKN
	17	04001	Law Ho Shing Andrew	CAL
	18	28014	Zhu Haocheng	LWLC
	19	09008	Ng Yat Hong	CSA
	20	22005	Jin En	QCOB
	21	19013	Zhu Kai Kong	LCW
	22	20006	Tang Tak Hei	PLK83

Event 30	Girls C Grade 4x100m Relay(PRE)	3:15pm
	Record : 54.30	**Standard: 1:05.00**
Heat 1/4	**1**	SCGMC
	2	QCOB
	3	SLC
	4	CWK
	5	YY1
	6	CNECCC
	7	SMCSS
Heat 2/4	**1**	PPVIC
	2	LSKC_KT
	3	LW
	4	JCC
	5	CZM
	6	LIYMSS
	7	LKCSS
Heat 3/4	**2**	YC
	3	CHUENYUEN
	4	CSJSS
	5	LCW
	6	CNC
	7	BSTC
Heat 4/4	**2**	LWLC
	3	LC
	4	PLK83
	5	KCM
	6	WYY
	7	CAL

Event 31	Boys C Grade 4x100m Relay(PRE)	3:15pm
	Record : 48.72	**Standard: 0:57.00**
Heat 1/3	**1**	SCGMC
	2	LSKC_KT
	3	CHUENYUEN
	4	LKCSS
	5	CAL
	6	CNECCC
	7	BSTC
	8	SLC
Heat 2/3	**1**	PLK83
	2	CNC
	3	LIYMSS
	4	YKN
	5	JCC
	6	LCW
	7	WYY
	8	LC
Heat 3/3	**1**	CWK
	2	LWLC
	3	KCM
	4	YY1
	5	LW
	6	CZM
	7	QCOB

Event 32	Girls B Grade 4x100m Relay(PRE)	3:15pm
	Record : 53.20	**Standard: 1:03.00**
Heat 1/3	**1**	LIYMSS
	2	SCGMC
	3	LW
	4	LKCSS
	5	KCM
	6	LSKC_KT
	7	BSTC
	8	WYY
Heat 2/3	**1**	CSJSS
	2	JCC
	3	CNC
	4	CNECCC
	5	PPVIC
	6	CWK
	7	LCW
	8	CAL
Heat 3/3	**1**	SLC
	2	YY1
	3	LC
	4	QCOB
	5	PLK83
	6	CZM
	7	SMCSS
	8	LWLC

Event 33	Boys B Grade 4x100m Relay(PRE)	3:15pm
	Record : 45.66	**Standard: 0:52.00**
Heat 1/4	**1**	PLK83
	2	KCM
	3	YC
	4	CNECCC
	5	SCGMC
	6	LKCSS
	7	WYY
Heat 2/4	**2**	CAL
	3	YY1
	4	CSJSS
	5	LWLC
	6	CWK
	7	KCMC
Heat 3/4	**2**	LW
	3	YKN
	4	LIYMSS
	5	CHUENYUEN
	6	JCC
	7	LCW
Heat 4/4	**2**	CNC
	3	LSKC_KT
	4	CZM
	5	SLC
	6	QCOB
	7	LC

Event 34	Girls A Grade 4x100m Relay(PRE)	3:15pm
	Record : 54.73	**Standard: 1:00.00**
Heat 1/3	**1**	YY1
	2	CAL
	3	LSKC_KT
	4	WYY
	5	LC
	6	CZM
	7	LWLC
	8	SLC
Heat 2/3	**1**	CWK
	2	CHUENYUEN
	3	JCC
	4	YKN
	5	SCGMC
	6	CNECCC
	7	LKCSS
	8	KCM
Heat 3/3	**1**	LIYMSS
	2	BSTC
	3	KCMC
	4	QCOB
	5	PLK83
	6	SMCSS
	7	LW

Event 35	Boys A Grade 4x100m Relay(PRE)	3:15pm
	Record : 43.84	**Standard: 0:50.00**
Heat 1/3	**1**	QCOB
	2	KCMC
	3	CZM
	4	JCC
	5	PLK83
	6	WYY
	7	LKCSS
	8	SCGMC
Heat 2/3	**1**	LCW
	2	LC
	3	YKN
	4	CHUENYUEN
	5	CSA
	6	CSJSS
	7	KCM
	8	LW
Heat 3/3	**1**	CNECCC
	2	LIYMSS
	3	YC
	4	LWLC
	5	LSKC_KT
	6	CWK
	7	CAL

End of Day 1

Day Two 23 November 2026

Event 41	Girls C Grade 400m(PRE)			9:00am
	Record : 1:03.85			**Standard: 1:27.00**
Heat 1/5	1	20054	TSE HOI LAM	PLK83
	2	12086	Shi Hiu Tung	JCC
	3	28076	CHEUNG KWONG LAI	LWLC
	4	26082	Lin Yuet Kiu	LSKC_KT
	5	18073	WU SZE HANG	KCM
	6	10029	SO TSZ CHING	SMCSS
	7	16066	YU XINGYIN	CWK
	8	01025	YEUNG CHI WAH	BSTC
Heat 2/5	1	24056	TANG YAT YIN	SLC
	2	19049	SO HOI YING	LCW
	3	04068	WONG YAT KIU KAY	CAL
	4	30075	LAU HOI LAM	WYY
	5	31057	HO CHING SIN OLIVIA	SCGMC
	6	07047	MA SIN CHING	CNECCC
	7	25071	WONG HEI LAM	LW
	8	08084	NGAI ZHI LIN	LIYMSS
Heat 3/5	1	19054	SHUM NGA WAI	LCW
	2	24052	CHEUNG HEI CHING	SLC
	3	15080	IP YING HEI	LKCSS
	4	06022	LEE MAN HEI	YC
	5	29083	Wong Pui Ki	CZM
	6	21013	SO PUI CHING	PPVIC
	7	08083	LAM WING LING	LIYMSS
	8	25073	HUEN TSZ HUEN	LW
Heat 4/5	1	04073	TSUI HOI TUNG KAYLEY	CAL
	2	30077	LO HEI NAM	WYY
	3	06020	PANG WING YIN	YC
	4	07044	KU HIU YUNG	CNECCC
	5	15077	CHEUNG BUI YAO	LKCSS
	6	01023	CHUNG TSAM YEE	BSTC
	7	31065	WONG TSZ YING	SCGMC
	8	29078	TSANG WAN YEE	CZM
Heat 5/5	1	28077	CHUNG CHING YAU	LWLC
	2	26079	Lee Tsz Yu Charis	LSKC_KT
	3	10027	LAU CHIN YU	SMCSS
	4	12088	CHEUNG TSZ NI	JCC
	5	16063	SO CHING MEI	CWK
	6	20055	CHAN KIN LAM CATALEYA	PLK83
	7	18070	NG CHEUK YAN	KCM

Event 42 Boys C Grade 400m(PRE) **9:00am**

Record : 55.65 **Standard: 1:12.00**

Heat 1/6	1	02036	Cheung Chun Ho Jingo	YKN
	2	27021	CHEN JIANHAN	CNC
	3	29037	KU SUNG TIN	CZM
	4	20027	LAM ELVIS	PLK83
	5	24027	YUNG WANG HIM	SLC
	6	30040	CHEUNG HO NAM HARLEY	WYY
	7	26040	Chan Tsz Fan	LSKC_KT
	8	19030	YU TSZ KIN	LCW
Heat 2/6	1	25029	NG HONG KIU	LW
	2	18040	TANG PAK KIU	KCM
	3	14023	CHEUNG YAT SHUN	KCMC
	4	05028	HO CHING YU	CHUENYUEN
	5	09021	PAN LOK HEI	CSA
	6	08050	SO CHUN WAI	LIYMSS
	7	12043	WU YUHAO	JCC
	8	28039	CHAN WAI HIN	LWLC
Heat 3/6	1	01010	Ho Tsz Yeung	BSTC
	2	16033	TAM YU HIN	CWK
	3	04036	Li Jadon	CAL
	4	31033	XU IP	SCGMC
	5	07017	CHEUNG KING SING	CNECCC
	6	15044	LEE KANG YIN CAVAN	LKCSS
	7	06013	LYU JINGYUE	YC
Heat 4/6	1	15045	LI KA HEI	LKCSS
	2	04035	LEE CHUNG YIN	CAL
	3	28035	CHOW CHUNG HEI	LWLC
	4	01007	WONG HEI YUI ANDREI	BSTC
	5	16041	LAM YIU HEI	CWK
	6	11015	Choi Chun Lok	YY1
	7	31032	NG YAT HEI	SCGMC
Heat 5/6	1	08052	WAN CHI CHIT	LIYMSS
	2	05025	HUANG SEN HEI	CHUENYUEN
	3	19026	ZHOU BOYU	LCW
	4	18042	WONG TSZ NOK	KCM
	5	12042	WEI YUCHEN	JCC
	6	25030	WONG SIN WANG CYRUS	LW
	7	09025	YEUNG CHEUK HIM	CSA
Heat 6/6	1	29039	LAM NOK HEI	CZM
	2	20029	LAI WING YIN	PLK83
	3	30037	LI SHEUNG YU	WYY
	4	27020	AU PAK SEN	CNC
	5	26037	Lin Shing Hei	LSKC_KT
	6	02037	Leung King Hin	YKN
	7	24022	POON KEI FUNG	SLC

Event 43 Girls B Grade 400m(PRE) **9:00am**

Record : 1:03.37 **Standard: 1:25.00**

Heat 1/6	1	02058	LAW CHEUK CHI HELENA	YKN
	2	09032	SHI ON KI YI	CSA
	3	18058	WU CHING NI SITA	KCM
	4	04059	Wong Hoi Ching	CAL
	5	08073	LAU HIU YING	LIYMSS
	6	20043	TANG Blythe	PLK83
	7	27027	LIN NGA SZE	CNC
	8	24036	LAM YEE PING	SLC
Heat 2/6	1	05037	CHAN WAN TING	CHUENYUEN
	2	30059	LEONG WING YAN	WYY
	3	10015	CAI TONG	SMCSS
	4	12069	GOH MING YIN	JCC
	5	26072	Yip Pui Kiu	LSKC_KT
	6	29065	Leung Tsoi Tung	CZM
	7	11026	Lau Yu Ching Kayla	YY1
	8	19039	YAU SUI YIN	LCW
Heat 3/6	1	07039	LAM LING NGAI CAISY	CNECCC
	2	31051	LO YEUK LAM	SCGMC
	3	13009	CHU KA YING	KCC-KC
	4	17032	LIN XITONG	LC
	5	25061	TONG WING KIU	LW
	6	06019	ZHENG XINYI	YC
	7	15061	LAM HO HUEN	LKCSS
	8	28067	CHEONG SUM YAU	LWLC
Heat 4/6	1	13010	FUNG SUM YAU	KCC-KC
	2	17035	TANG SHUNMING	LC
	3	15071	LIN ZHENYAN	LKCSS
	4	03023	ZHANG YUPENG	CSJSS
	5	22024	LEUNG Choi Ha	QCOB
	6	28070	LAW NGA YAN	LWLC
	7	19040	CHANG HOI TUNG	LCW
	8	16053	SIN LOK YI	CWK
Heat 5/6	1	10020	NG WING LAM	SMCSS
	2	12070	SUEN KI CHING	JCC
	3	29061	Suen Tsoi Yu	CZM
	4	30069	SO SUM CHEUK KASEY	WYY
	5	11027	Leung Sze Ting	YY1
	6	16056	Ko Tsz Ying	CWK
	7	26069	Shum Chun Sheryl	LSKC_KT
Heat 6/6	1	18065	CHAN KA YAN FIONA	KCM
	2	04057	Cheung Ching Hei	CAL
	3	20048	TANG KA TUNG	PLK83
	4	09035	QIN JIAHUI	CSA
	5	27033	KWOK TSZ TUNG	CNC
	6	24050	HUANG SAN LAM	SLC
	7	08074	Lee Tsz Ying	LIYMSS

Event 44 Boys B Grade 400m(PRE) **9:00am**

Record : 51.47 **Standard: 1:05.00**

Heat 1/6	1	16020	Man Chak Wa	CWK
	2	09014	TAN CHEUK TSUN	CSA
	3	29030	LO HIN YEUNG MARCUS	CZM
	4	04030	MA Sing Yeung	CAL
	5	22011	CHOI YIU CHEUNG	QCOB
	6	28017	CHAN PAK HEI	LWLC
	7	06004	TSOI TSZ KIT	YC
	8	02024	Huang Mun Hung	YKN
Heat 2/6	1	24015	CHAN PAK HEI	SLC
	2	30020	TANG HONGXIN	WYY
	3	08030	LAU YUK WING	LIYMSS
	4	25023	LI CHO WAI	LW
	5	20024	WONG HO	PLK83
	6	12021	HUNG CHEUK FUNG	JCC
	7	15032	WONG CHIN LONG	LKCSS
	8	03012	WANG ZIXUAN	CSJSS
Heat 3/6	1	18017	WONG YU HIN	KCM
	2	05016	WONG YUK FAN	CHUENYUEN
	3	11010	Zhong Haowei	YY1
	4	17012	CHEUNG TSUN YIN	LC
	5	31023	LI YIN FUNG	SCGMC
	6	27014	GUO XIAOJUN	CNC
	7	19015	KWOK HO YIN	LCW
	8	14020	LIN ZHICHAO	KCMC
Heat 4/6	1	30030	LOK KIN FUNG	WYY
	2	11012	So Wang Tat	YY1
	3	03017	ZHENG JUNQIAN TONNY	CSJSS
	4	18029	CHEUNG YIK HIM	KCM
	5	05014	LIU MAN WAI	CHUENYUEN
	6	19023	ZHU QIYAO	LCW
	7	27017	WANG XIAOQI	CNC
	8	26024	Lee Kin Hei	LSKC_KT
Heat 5/6	1	08034	LI LUO XI	LIYMSS
	2	25020	BICKNELL ALEXANDER PETER	LW
	3	12032	TSUI TSUNG HEI	JCC
	4	24017	POON WING YAT	SLC
	5	15031	HE CHIN HANG	LKCSS
	6	02035	Zhao Zi Jian	YKN
	7	26031	Liang Jiahong	LSKC_KT
	8	20013	YUNG LOK HIM	PLK83
Heat 6/6	1	29016	Lau Ho Chai	CZM
	2	04028	LAW King Yin	CAL
	3	28022	ZHOU WAI SHING	LWLC
	4	09012	CHAN HONG WAI	CSA
	5	06006	LI CHUNG CHAK	YC
	6	16016	LAM HO TIN	CWK
	7	22009	LEE YU HIN	QCOB

Event 45 Girls A Grade 400m(PRE) **9:00am**

Record : 59.35 **Standard: 1:22.00**

Heat 1/5	1	31038	WONG HIU LAAM KYLIE	SCGMC
	2	22018	CHAU HAU YAU	QCOB
	3	09026	CHEN YUTING	CSA
	4	08058	KWOK KA LAI	LIYMSS
	5	01015	KWAN HOI CHING	BSTC
	6	29054	HUANG PUI LAM	CZM
	7	12051	SIT HOI CHING	JCC
	8	26054	Tse Chin Kiu	LSKC_KT
Heat 2/5	1	20033	YAN QIAN LIN	PLK83
	2	07022	Tse Hiu Tung	CNECCC
	3	25045	CHU LOK TUNG	LW
	4	28053	CHIU YAN KIU	LWLC
	5	10003	Lau Pui Yan	SMCSS
	6	16049	FUNG KWAN TING	CWK
	7	15059	Lo Yan Yu	LKCSS
	8	13007	YU YIU YUK	KCC-KC
Heat 3/5	1	04049	Liang Po Ying	CAL
	2	19033	SINGH SONIA SAJJAN	LCW
	3	30054	SO TSZ YING	WYY
	4	11021	TONG Kiu Wing	YY1
	5	02053	FONG CHI SUM	YKN
	6	18052	ZHAN PUI KI	KCM
	7	17027	CHEN YUQIN	LC
	8	24029	CHENG HO CHI	SLC
Heat 4/5	1	10004	Siu Chak Yan Cobie	SMCSS
	2	15055	So Hiu Tung	LKCSS
	3	18053	MA HOR YAN	KCM
	4	02051	CHOW TSING	YKN
	5	11020	SIU Hi Yi	YY1
	6	30050	HUI HOI SZE	WYY
	7	20030	HO YING LAM	PLK83
	8	28056	CHEN HEI YEE	LWLC
Heat 5/5	1	09028	GUAN YONGYIN	CSA
	2	08056	FUNG PAK YIU	LIYMSS
	3	29056	LAM YAT CHING	CZM
	4	22022	Li Ching	QCOB
	5	12061	WONG CHUNG KWAN	JCC
	6	26056	Hui Wing Laam	LSKC_KT
	7	01012	CHUNG CHEUK LAM	BSTC

Event 46 Boys A Grade 400m(PRE) **9:00am**

Record : 49.54 **Standard: 1:02.00**

Heat 1/6	1	22006	Li Ka Leong	QCOB
	2	14015	LO CHING HEI	KCMC
	3	08003	SU DESHEN	LIYMSS
	4	16008	JIAN GUO JUN	CWK
	5	15005	CHEN FOR YIN	LKCSS
	6	29009	Lai Lok Him Cyrus	CZM
	7	12005	HUANG GUANTANG	JCC
Heat 2/6	1	07002	CHAU HEI SHUN	CNECCC
	2	04012	LAW CHIN WANG	CAL
	3	25004	LAI SHUN HANG	LW
	4	26013	Tam Wai Pong	LSKC_KT
	5	30003	FUNG ZHIJIE	WYY
	6	31001	HO HO HIN JACKY	SCGMC
	7	05004	LAM MAN NOK	CHUENYUEN
Heat 3/6	1	23004	LAM Man Fung	NSM
	2	27002	HO CHEUK LAM	CNC
	3	18002	LEUNG YAT LONG	KCM
	4	19013	ZHU KAI KONG	LCW
	5	28003	LAU TIN NOK	LWLC
	6	20008	XIA SEN HO	PLK83
	7	02001	LI CHAK HEI	YKN
Heat 4/6	1	18013	LAM TSZ CHUNG MAX	KCM
	2	28012	OU JIAJUN	LWLC
	3	11003	Chan Nok Hang Enoch	YY1
	4	09003	Chow Chun Lam	CSA
	5	23009	CHAU TSZ HIN	NSM
	6	02013	Huang Yiping	YKN
	7	20003	Lee Pak Hang	PLK83
Heat 5/6	1	26004	Leung Ka Fung	LSKC_KT
	2	30008	CHEUNG CHI PING	WYY
	3	19003	HUANG ZIKAI	LCW
	4	11001	Li Kuen	YY1
	5	07001	Chan Wan Him	CNECCC
	6	04005	Yu Tsun Kwan	CAL
	7	31013	ZEE PAK HO	SCGMC
Heat 6/6	2	08015	YEUNG KWOK HO	LIYMSS
	3	14007	LAM JOHNATHAN	KCMC
	4	12006	BAI YUNPENG	JCC
	5	29002	Yu Pak Hei	CZM
	6	15015	CHUI ZOEY	LKCSS
	7	16007	TIAN HAOSHENG	CWK

Event 49 Girls C Grade 100m(PRE) **10:45am**

Record : 13.01 **Standard: 0:16.2**

Heat 1/6	1	28085	CHEN MEIZHUAN	LWLC
	2	26089	Shi Sum Yuet Sally	LSKC_KT
	3	21012	Cheung Nga Nam Eunice	PPVIC
	4	31061	LAM CHING YIN	SCGMC
	5	03024	HO KA KI	CSJSS
	6	18077	CHAN YI CHING	KCM
	7	10032	CHAN WAI YAN	SMCSS
	8	19051	TING CHING YING AENEAS	LCW
Heat 2/6	1	29081	Cheng Tsz Lam	CZM
	2	14037	DOTILLOS MARLIYEN MAAX	KCMC
	3	04075	LEE LOK HEI	CAL
	4	30074	HO SZE NGA	WYY
	5	08087	YEUNG TSZ KI MICHELLE	LIYMSS
	6	07045	CHENG HOI LAM	CNECCC
	7	15080	IP YING HEI	LKCSS
	8	16070	Lee Sze Man	CWK
Heat 3/6	1	22026	CHEUNG TSZ CHING	QCOB
	2	24055	MA KA KI	SLC
	3	11029	Yiu Wing Hei	YY1
	4	01027	LAU WING YEE	BSTC
	5	06026	CHEN TING YAN	YC
	6	05041	CHEUNG TSZ YUI	CHUENYUEN
	7	12083	LIU ZI YING	JCC
	8	17037	CHAN TSZ YIN	LC
Heat 4/6	1	06024	HUI WING LAM PRISCILLA	YC
	2	12080	FUNG SUET CHING	JCC
	3	25082	WONG SZE NGA VALERIE	LW
	4	27035	XU YAT SUM	CNC
	5	20056	NGAN KWAN NAM AMBER	PLK83
	6	22027	YAU TSZ YIN	QCOB
	7	24061	LI LOK YIU	SLC
	8	01029	ZHANG CHI YIN	BSTC
Heat 5/6	1	08085	WONG TSZ YAU	LIYMSS
	2	07046	CHAN YAT CHING	CNECCC
	3	15085	LAW CHING LAAM	LKCSS
	4	11030	Cai Yayi	YY1
	5	16067	CHEUNG TSZ YI	CWK
	6	29079	Chan Ka Ying	CZM
	7	25072	Lam Chi Hazel	LW
	8	30080	YEUNG HIU YU	WYY
Heat 6/6	1	31058	LAI KA CHING	SCGMC
	2	18074	LAI CHING KIU	KCM
	3	10028	LEUNG TSZ LAAM	SMCSS
	4	19052	YEUNG NGA WING	LCW
	5	28084	CHAN MAN YUI	LWLC
	6	26083	Ho Chung Yau	LSKC_KT
	7	04069	CHUI WING KIU	CAL
	8	21016	OGUJIUBA CHIOMA BLESSIN	PPVIC

Event 50	Boys C Grade 100m(PRE)			10:45am
	Record : 11.90			**Standard: 0:14.1**
Heat 1/7	1	05029	HO HAU YIU	CHUENYUEN
	2	26045	Cheng King Yu Alfred	LSKC_KT
	3	28036	NG PUI HEI	LWLC
	4	12043	WU YUHAO	JCC
	5	30042	WONG TSZ HO	WYY
	6	06015	TSOI TSZ SUM	YC
	7	15042	LAM KWAN CHUN	LKCSS
	8	18038	LAI YIN CHEUNG	KCM
Heat 2/7	1	16034	TSO LOK FUNG	CWK
	2	02044	Lau Tsz Chung	YKN
	3	17019	LUI CHEUK YIN MAX	LC
	4	24021	CHAU HOK MING	SLC
	5	11014	Lin Hei Ming	YY1
	6	31029	LEE CHAK MING	SCGMC
	7	25034	WONG TIN HANG	LW
	8	08045	CHENG CHEUK HEI	LIYMSS
Heat 3/7	1	19025	Cheng Ho Yin	LCW
	2	09024	SHUM CHUN WANG	CSA
	3	27024	YUAN JIAYI	CNC
	4	29036	JIM TSZ KIT	CZM
	5	20029	LAI WING YIN	PLK83
	6	14025	HO KA HEI	KCMC
	7	01008	WU HO YIN	BSTC
Heat 4/7	1	20026	LAU PAK HEI	PLK83
	2	14024	LEE CHUN YIN	KCMC
	3	01010	Ho Tsz Yeung	BSTC
	4	07020	WONG CHEUK YIN	CNECCC
	5	04046	WONG TSZ CHUN	CAL
	6	19029	YAU CHEUK WANG	LCW
	7	22013	LAU TSUN HEI AIDEN	QCOB
Heat 5/7	1	04039	CHAN CHUN LAM	CAL
	2	08043	ZHENG CHENXI	LIYMSS
	3	07021	WONG CHEUK NAM JOEL	CNECCC
	4	16037	HE PAK LAM	CWK
	5	22014	LO CHUN	QCOB
	6	29043	TONG YAT KIU ALVIN	CZM
	7	27022	KWOK Wan Yin	CNC
Heat 6/7	1	02040	Chi Ching Hin	YKN
	2	17020	LAI HIU FUNG	LC
	3	18043	WONG PAK TO	KCM
	4	25033	LAW HO SHUN	LW
	5	31026	CHAN CHUN KIT	SCGMC
	6	11016	Lin Jing Hao	YY1
	7	24026	TSUI YAT HEI	SLC
Heat 7/7	1	28044	CHAN SAI YU	LWLC
	2	12044	CHOI WAI YIP	JCC
	3	06014	YEUNG CHI SAN	YC
	4	26035	Chan Ho Tin	LSKC_KT
	5	15043	CHAU KA HO	LKCSS
	6	05027	LIM WAI LOK	CHUENYUEN
	7	30041	Wong Chung Hei	WYY

Event 51 Girls B Grade 100m(PRE) **10:45am**

Record : 12.79 **Standard: 0:15.8**

Heat 1/7	1	05038	CHEUNG LOK CHING	CHUENYUEN
	2	17033	DUONG CHEUK WING HARPER	LC
	3	31043	CHOW SIN TUNG	SCGMC
	4	22025	Lee Sin Yin	QCOB
	5	04055	Au Luo Bei	CAL
	6	01022	TAM TSZ YAN	BSTC
	7	13011	ZHU KA KI	KCC-KC
	8	07036	TSUI SIU TSUEN FRANCESCA	CNECCC
Heat 2/7	1	27034	ZHENG ZAI XI	CNC
	2	14033	CHEN PUI YI	KCMC
	3	12064	IP FEN	JCC
	4	28073	YUEN TSZ MAN	LWLC
	5	30068	LUK PUI CHING	WYY
	6	16057	LAM ON KI	CWK
	7	29068	LEE WING TUNG	CZM
Heat 3/7	1	08065	CHAN CHEUK YAN	LIYMSS
	2	10022	LAM PUI HAN AUDREY	SMCSS
	3	11025	LI YING YAN	YY1
	4	20046	SIN TSZ YU	PLK83
	5	15072	Tang Cheuk Chi	LKCSS
	6	18056	CHUI TSZ CHING	KCM
	7	21008	YU KA WING	PPVIC
Heat 4/7	1	10023	LEUNG CHING YAN	SMCSS
	2	08076	YU LOK YI	LIYMSS
	3	26066	Cheng Ying Lee	LSKC_KT
	4	25058	CHAN KA WAI	LW
	5	06017	GUO YINGXIN	YC
	6	19045	YU SUM NGA	LCW
	7	24041	MAK TSZ YIU	SLC
Heat 5/7	1	11028	Fong Chin Kiu	YY1
	2	20041	CHAN WAI CHI	PLK83
	3	18059	XU LEYAN	KCM
	4	19043	TEO YUET YU	LCW
	5	26077	Chan Ying Wai	LSKC_KT
	6	24049	KAM HIU TUNG	SLC
	7	15063	Wong Sum Yau	LKCSS
Heat 6/7	1	12072	ZOU SIWEN	JCC
	2	28063	LAI SUM YAU	LWLC
	3	16058	LAM SUM YAU	CWK
	4	14036	ZHENG YU YI XIN	KCMC
	5	29071	Wong Yuen Kiu Nicole	CZM
	6	27030	WENG MENGQI	CNC
	7	30062	Kwok wing tung	WYY
Heat 7/7	1	31049	LEUNG SUM YAU	SCGMC
	2	22023	CHAN Ngai Tung Edith	QCOB
	3	01020	LAM WING KIU	BSTC
	4	05036	CHAK MAN TUNG	CHUENYUEN
	5	17034	CHENG QIANROU	LC
	6	07043	WONG TSZ CHING	CNECCC
	7	04066	WANG TSZ TUNG	CAL

Event 52	Boys B Grade 100m(PRE)			10:45am
	Record : 11.29			**Standard: 0:13.00**
Heat 1/7	1	14018	TSE CHUN HO	KCMC
	2	30025	ZENG DEYI	WYY
	3	28023	LAM HOI CHEUNG	LWLC
	4	01004	LI NGAI KI	BSTC
	5	25015	MAK LONG KIU	LW
	6	27012	CHEN WENHAO	CNC
	7	15023	CHAN HO HIN KEVIN	LKCSS
	8	20025	KWONG HO KAI	PLK83
Heat 2/7	1	07013	NG PAK HO	CNECCC
	2	03015	PENG ZHANKANG	CSJSS
	3	02026	Tsang Wang Ho	YKN
	4	05008	ZHANG ZIHAO	CHUENYUEN
	5	16024	HO TSZ HEI	CWK
	6	29022	CHOW KA HIM	CZM
	7	23011	CHAN CHUN HEI	NSM
	8	13003	SO LONG WAI	KCC-KC
Heat 3/7	1	11007	Pun Po Ka	YY1
	2	12029	CHUI CHUN HEI	JCC
	3	31025	NG HOI HONG	SCGMC
	4	08038	TONG CHEUK HEI	LIYMSS
	5	17016	SHI HAOKAI	LC
	6	04025	Chow Siu Hei	CAL
	7	22010	LAU YU HEI	QCOB
	8	19018	FUNG LOK HIM	LCW
Heat 4/7	1	12031	LEUNG HONG YIN	JCC
	2	19021	LAM KING FUN JERRY	LCW
	3	18027	SZE TO MING FUNG	KCM
	4	24006	CHEUNG TSZ HEI	SLC
	5	09019	LIANG JUN HONG	CSA
	6	26030	Li King Ho	LSKC_KT
	7	06010	CHOY KAI YU	YC
Heat 5/7	1	04029	Loh Yui Sum	CAL
	2	22012	CHAN CHUN YIN	QCOB
	3	09013	NG KA HEI	CSA
	4	26020	Man Chun Long	LSKC_KT
	5	06008	LAM TSZ HIN	YC
	6	24010	LEE HONGLIN	SLC
	7	18020	CHENG HIN PANG	KCM
Heat 6/7	1	08032	LAM WA FUNG	LIYMSS
	2	02032	Ng Tsz Chun	YKN
	3	20019	Lui Yin Lok	PLK83
	4	31016	LAM YAT PUI	SCGMC
	5	29023	LAM WAI HEI CYRUS	CZM
	6	16028	QIU SHANJUN	CWK
	7	05020	SO SAI ON	CHUENYUEN
Heat 7/7	1	28031	MOK HO MING	LWLC
	2	01002	LIU KA CHUN	BSTC
	3	27015	LEUNG HUI WANG	CNC
	4	30019	TAI TING HIN	WYY
	5	15024	Sun Tsz Hang	LKCSS
	6	14016	CHENG KA WING	KCMC
	7	25013	CHAN KENSON	LW

Event 53	Girls A Grade 100m(PRE)			10:45am
	Record : 12.62			**Standard: 0:15.6**
Heat 1/6	1	08063	FUNG HOI WAI	LIYMSS
	2	12057	Li tsz ying	JCC
	3	14027	HON HEI YU HEAZEL	KCMC
	4	20034	Yuen Tsz Yiu Corey	PLK83
	5	13006	WU HAIYI	KCC-KC
	6	16045	CHAN HEE TUNG	CWK
	7	07026	CHOW TSZ YAN	CNECCC
Heat 2/6	1	22020	Kwan Wing Sum	QCOB
	2	11019	Lam Hoi Ching	YY1
	3	31036	LEUNG LOK YEE JOISE	SCGMC
	4	26059	Cheng Yuen Yung	LSKC_KT
	5	04054	LI YUET YI	CAL
	6	25050	WONG TAK YUET	LW
	7	28048	TUNG CHAU LAN	LWLC
Heat 3/6	1	17023	LEE YEE CHING	LC
	2	15056	Chin Ching Yi	LKCSS
	3	24032	SHI XINYU	SLC
	4	18054	FENG WAI YIN	KCM
	5	29053	Chu Hoi Ching	CZM
	6	10011	CHAN SZE CHING	SMCSS
	7	30047	Lin Ka Wai	WYY
Heat 4/6	1	24034	YU PO YAN	SLC
	2	18044	PANG HOI CHING	KCM
	3	10010	Pang Yee Ting	SMCSS
	4	17022	LAU HEI YI	LC
	5	30052	LO LOK SI	WYY
	6	02054	SHEN Yan Wai	YKN
	7	29057	SO KALIE	CZM
Heat 5/6	1	02055	WONG MEI YAN	YKN
	2	31035	LEE YAN TUNG	SCGMC
	3	08059	LI SIU FUNG	LIYMSS
	4	11021	TONG Kiu Wing	YY1
	5	28051	WONG KA CHING	LWLC
	6	04053	LU Maria	CAL
	7	26051	Lee Yuet Hei	LSKC_KT
Heat 6/6	2	14029	YEUNG PAGE PRESLEY	KCMC
	3	12055	HON TSZ HEI SUMMER	JCC
	4	07023	Lo Wai Hing Beth	CNECCC
	5	16047	LAW YUEN CHING	CWK
	6	13008	TANG Yingjie	KCC-KC
	7	20036	Lai Pui Tung	PLK83

Event 54 Boys A Grade 100m(PRE) **10:45am**

Record : 10.86 **Standard: 0:12.7**

Heat 1/7	1	31011	CHAN CHUN YU	SCGMC
	2	22003	WONG SHUN HEI	QCOB
	3	08009	LI CHIN MING	LIYMSS
	4	04008	LEE WING HEI	CAL
	5	03008	LUO WEICHENG	CSJSS
	6	23005	SIRIPHAGORNCHAI SINSAP	NSM
	7	02018	Huang Wan Tung	YKN
	8	14007	LAM JOHNATHAN	KCMC
Heat 2/7	1	28011	LAM CHUN HO	LWLC
	2	25008	CHIANG HEI LOK	LW
	3	24002	LI JIN YUAN	SLC
	4	05007	YIN KIT	CHUENYUEN
	5	17008	TSOI CHAK KUI	LC
	6	15009	Chong Hei Nam	LKCSS
	7	30011	LUI Tik Sum	WYY
	8	20005	LUK KIN MAN	PLK83
Heat 3/7	1	16008	JIAN GUO JUN	CWK
	2	09011	ZHU CHENGAN	CSA
	3	01001	AU TSZ HIN	BSTC
	4	06003	CHOW CHEUK IP	YC
	5	29013	Sze Kin Ho	CZM
	6	26017	Chan Lit Man	LSKC_KT
	7	19012	TSE CHAI CHUEN	LCW
	8	11002	YIM Chun Yat	YY1
Heat 4/7	1	19005	ZHANG CHUNG YIU	LCW
	2	13002	LEE Cheuk Hin	KCC-KC
	3	16011	NG MAN CHUN	CWK
	4	07008	GUAN CHANG	CNECCC
	5	12003	QIU ZHICHEN	JCC
	6	18011	CHEUK YEUNG HIN	KCM
	7	09010	WONG KA SING	CSA
Heat 5/7	1	18010	LEUNG TSZ HIN	KCM
	2	29008	Lai King Yuet	CZM
	3	20010	XU CHING CHEUNG	PLK83
	4	12010	LEUNG JEREMY	JCC
	5	07005	Chiu Chun Ho	CNECCC
	6	13001	TO Tsz Tsun	KCC-KC
	7	26001	Cheung Shing Hin	LSKC_KT
Heat 6/7	1	24001	LAU CHEUK HEI DANIEL	SLC
	2	05006	LAI LOK CHING	CHUENYUEN
	3	15016	HO CHING HIM JEFFREY	LKCSS
	4	25004	LAI SHUN HANG	LW
	5	30004	LEUNG Kwan Hong	WYY
	6	28015	XU CHI WAI	LWLC
	7	17004	LAI WAI TIK	LC
Heat 7/7	1	08010	TSANG CHEUK FAN	LIYMSS
	2	04006	Lai Pak Chun	CAL
	3	14013	LI YI RUI	KCMC
	4	31008	TSANG SHUN KIT	SCGMC
	5	22007	LIN Songping	QCOB
	6	02005	XU Boqi	YKN
	7	03004	Huang Zhao Rui	CSJSS

Event 59	Boys C Grade 400m(F)	**2:00pm**
	Record : 1:03.85	**Standard: 1:12.00**
Event 60	Girls C Grade 400m(F)	**2:00pm**
	Record : 55.65	**Standard: 1:27.00**
Event 61	Girls B Grade 400m(F)	**2:00pm**
	Record : 1:02.37	**Standard: 1:25.00**
Event 62	Boys B Grade 400m(F)	**2:00pm**
	Record : 51.47	**Standard: 1:05.00**
Event 63	Girls A Grade 400m(F)	**2:00pm**
	Record : 59.35	**Standard: 1:22.00**
Event 64	Boys A Grade 400m(F)	**2:00pm**
	Record : 49.54	**Standard: 1:02.00**
Event 65	Girls C Grade 100m(F)	**2:30pm**
	Record : 13.01	**Standard: 0:16.2**
Event 66	Boys C Grade 100m(F)	**2:30pm**
	Record : 11.90	**Standard: 0:14.1**
Event 67	Girls B Grade 100m(F)	**2:30pm**
	Record : 12.79	**Standard: 0:15.8**
Event 68	Boys B Grade 100m(F)	**2:30pm**
	Record : 11.29	**Standard: 0:13.00**
Event 69	Girls A Grade 100m(F)	**2:30pm**
	Record : 12.62	**Standard: 0:15.6**
Event 70	Boys A Grade 100m(F)	**2:30pm**
	Record : 10.86	**Standard: 0:12.7**

Event 71	Girls C Grade 1500m(F)			2:45pm
	Record :		**0.00**	**Standard: 7:18.00**
Final 1/1	**1**	26081	Ng Pak Yui	#N/A
	2	12082	Li Sum Tung Amber	#N/A
	3	16061	Lou Tin Sum	#N/A
	4	04079	Chan Song	#N/A
	5	09038	Lin Wing Yan	#N/A
	6	08082	Lam Ching Tung	#N/A
	7	11031	Ng Wing Yan	#N/A
	8	28075	Yu Sin Yu	#N/A
	9	25075	Cheng Cho Wing	#N/A
	10	24054	Lui Lok Yan	#N/A
	11	29076	Liu Yu Tung	#N/A
	12	03026	Zhu Qinlin	#N/A
	13	15078	Da Silva Louisa	#N/A
	14	31066	Tsang Chung Yan	#N/A
	15	20051	Lau Hoi Ying	#N/A
	16	30076	Lau Yu Kiu	#N/A
	17	15075	Yeung Wai Ka	#N/A
	18	18071	Cheung Yee Nam	#N/A
	19	19055	Yip Hei Yin	#N/A
	20	07044	Ku Hiu Yung	#N/A
	21	10025	Leung Keira Joy	#N/A
	22	26080	Ho Lok Yi	#N/A
	23	29077	Cheung Ho Ching	#N/A
	24	19050	So Tzuran Tarynn	#N/A
	25	10026	Leung Tsz Ying	#N/A
	26	24062	Lo Tsz Ki	#N/A
	27	25069	Cheng Tsz Huen	#N/A
	28	16068	Fan Ching Man	#N/A
	29	12085	Yeung Sze Yu	#N/A
	30	30081	Lam Tsz Yu Athena	#N/A
	31	08088	Ng Yau Sze	#N/A
	32	09037	Deng Kiu Teur	#N/A
	33	04072	Ng Hiu Laam	#N/A

Event 72	Boys C Grade 1500m(F)			**2:45pm**
	Record : 4:40.58			**Standard: 6:00.00**
Final 1/1	**1**	24023	Won Ching	#N/A
	2	15041	Fan Wan Hong	#N/A
	3	19027	Leung Hei Yu	#N/A
	4	27023	Mak Tin Hang	#N/A
	5	26038	Lu Yanda	#N/A
	6	25028	Chen Chun Yin	#N/A
	7	28038	Man Yat Hei	LWLC
	8	08049	Ng Ho Hei Mangus	#N/A
	9	29032	Mo Wai Him	#N/A
	10	09023	Ng Kai Hang	#N/A
	11	12038	Chan Ho Kit	#N/A
	12	04034	Chen Sze Hon	#N/A
	13	02038	Yeung Tsz Ho	#N/A
	14	30036	Ho Ting Chun	#N/A
	15	07019	Tang Sze Tik	#N/A
	16	12041	Lee Chun Kit	#N/A
	17	04038	Yan Tin Yui Rex	#N/A
	18	30039	Chan Yu Ho	#N/A
	19	29037	Ku Sung Tin	#N/A
	20	09022	Yeung Kam Hei	#N/A
	21	03020	Chan Wai Man	#N/A
	22	02039	Chu Chi Ming	#N/A
	23	19028	Tsang Ho Yeung	#N/A
	24	27020	Au Pak Sen	#N/A
	25	25031	Yu Lap Fung	#N/A
	26	24018	Lam Yu Tai	#N/A
	27	28041	Wong Pak Yin	#N/A
	28	08047	Lam Chi Ki	#N/A
	29	26036	Cheung Chung Heng	#N/A

Event 73	Girls B Grade 1500m(F)			2:45pm
	Record : 5:17.42			**Standard: 7:15.00**
Final 1/1	**1**	19042	Mak Ying Chi	LCW
	2	25062	Tsang Ching Leeann	LW
	3	24047	Tam Tsz Yin	SLC
	4	15060	Chan Sze Wan	LKCSS
	5	10016	Cheung Wan Ching	SMCSS
	6	29066	Chan Hoi Kiu	CZM
	7	04058	Ho Kei Yan Yannette	CAL
	8	16054	Yu Wing Ki	CWK
	9	30066	Lam Wun Hei	WYY
	10	07040	Hong Qi	CNECCC
	11	12070	Suen Ki Ching	JCC
	12	28072	Lin Wanyi	LWLC
	13	05039	Yip Chun	CYC
	14	26071	Wang Jiaxin	LSKC
	15	08070	Cheung Lok Ling	LIYMSS
	16	09033	Tang Sum Wai	CSA
	17	12068	Wu Nga Hing	JCC
	18	28065	Lee Hei Tung	LWLC
	19	21007	Yeung Hai Lam	PPVIC
	20	09031	Ng Ching Yi	CSA
	21	30067	Lam Wun Yung	WYY
	22	08071	Chung Birgitta	LIYMSS
	23	26067	Sin Ying Sum	LSKC
	24	24048	Ho Yuet Yan	SLC
	25	15064	Leong Cheuk Ki	LKCSS
	26	29060	Chui Lok Yi	CZM
	27	19035	Tam Cheuk Lam	LCW
	28	25060	Lam Sze Ching	LW
	29	16055	Jiao Tsz Lam	CWK
	30	10014	Lee Tzi Lam	SMCSS

Event 74	Boys B Grade 1500m(F)			2:45pm
	Record : 4:22.67			**Standard: 5:35.00**
Final 1/2	**1**	25014	Lai Tsz Chun Will	LW
	2	27013	Fung Yat Hong	CNC
	3	18025	Lee Ho Hei	KCM
	4	31018	Chong Tsz Long	SCGMC
	5	06011	Xue Haoyu	YC
	6	09018	He Wai Hin	CSA
	7	16021	Chow Hip Fung Carlos	CWK
	8	02027	Wong Chit Hon	YKN
	9	04026	Chu Pak Yin	CAL
	10	19014	Chan Chun Nok	LCW
	11	05012	Cheng Gabriel	CYC
	12	24013	Wong Chi Leung	SLC
	13	30026	Chan Lok Ching	WYY
	14	26025	Mak Cheuk Kiu	LSKC
	15	20018	Choi Chak Hei	PLK83
	16	29026	Fu Wan Hei	CZM
	17	17013	Wong Bo Yin	LC
	18	12033	Yang Chenlang	JCC
	19	15030	Cheuk Hei Chit	LKCSS
	20	03014	Chen Fei Chi	csjss
	21	08033	Law Ho Pan	LIYMSS
	22	28029	Hans Manvir Singh Ayden	LWLC

Final 2/2	**1**	12034	Yeung Shing Chi	JCC
	2	20016	Yau Siu Him	PLK83
	3	29024	Ng Man Wah	CZM
	4	03016	To Siu Ho	csjss
	5	15026	Xu Weihao	LKCSS
	6	19017	Wu Lun Yam	LCW
	7	02023	Chan Kam Yeung	YKN
	8	08023	Lau Ka Chun	LIYMSS
	9	30027	Chow Yuen Yu	WYY
	10	05013	Law Shing Hei	CYC
	11	07012	Shiu Yui Fung	CNECCC
	12	23012	Wong Ching Yau	NSM
	13	26029	Cheung Long Ching	LSKC
	14	28021	Yu Wen Han	LWLC
	15	24009	Huang Langjie	SLC
	16	18024	Chong Cheuk Yin	KCM
	17	31020	Lau Yat Hei	SCGMC
	18	09015	Yu Jia Wei	CSA
	19	27011	Cai Wenrui	CNC
	20	16022	Fan Cheuk Kiu	CWK
	21	25012	Kan Ho Yat	LW
	22	04024	Chow Cheuk Lim	CAL

Event 75 Girls A Grade 1500m(F) **2:45pm**

Record : 5:20.19 **Standard: 7:05.00**

Final 1/1	**1**	20032	Tsang Cho Mang	PLK83
	2	26057	Li Hei Man	LSKC
	3	10001	Chan Yui Ching	SMCSS
	4	09027	Gan Wing Ting	CSA
	5	18049	Wu Danfeng	KCM
	6	08055	Cheung Tsz Ki	LIYMSS
	7	11019	Lam Hoi Ching	YY1
	8	25044	Chan Wing Yan	LW
	9	26055	Chan Kit Kwan	LSKC
	10	08064	Ho Hoi Ying	LIYMSS
	11	12061	Wong Chung Kwan	JCC
	12	28053	Chiu Yan Kiu	LWLC
	13	07027	Cheung Sze Yiu	CNECCC
	14	15052	Mou Wing Kiu	LKCSS
	15	10008	Wang So Ki	SMCSS
	16	28062	Chung Hoi Kiu	LWLC
	17	25041	Chan Sum Yuet	LW
	18	15057	Lin Zihan	LKCSS
	19	09029	Lee Lok Yi	CSA

Event 76 Boys A Grade 1500m(F) **2:45pm**

Record : 4:14.37 **Standard: 5:25.00**

Final 1/2	1	30014	Tse Man Hei	WYY
	2	08014	Ho Bak Hei	LIYMSS
	3	28016	Lai Long Tin	LWLC
	4	14008	Tsang Pak Ching	KCMC
	5	04005	Yu Tsun Kwan	CAL
	6	16002	Cheng Man On	CWK
	7	12001	Cheuk Wan Tung	JCC
	8	18015	Lu Bofeng	KCM
	9	15010	Wong Pui Wai	LKCSS
	10	19011	Chi Ching Yeung	LCW
	11	22005	Jin En	QCOB
	12	23008	Zhang Haolin	NSM
	13	09001	Chan Lok Yin	CSA
	14	02015	Yip Ka Kui	YKN
	15	17001	Cheung Ka Chai	LC
	16	25002	Wat Ho Ching	LW
	17	29004	Chen Honghao	CZM
	18	03005	Huang Zhaohong	csjss
	19	20006	Tang Tak Hei	PLK83
	20	26010	Cai Yaowen	LSKC
	21	27007	Fu Jiahong	CNC
Final 2/2	1	03002	Huang Guanren	csjss
	2	06002	Chum Tsz Ho	YC
	3	31012	Tsang Yui Shing	SCGMC
	4	17006	Huang Shunlin	LC
	5	27006	Chung Hau Yin	CNC
	6	26011	Leung Ka Kiu Cary	LSKC
	7	19010	Au Yeung Yan Ho	LCW
	8	23002	Cheung Yau Shing	NSM
	9	18009	Lin Zifeng	KCM
	10	30015	Wong Chun	WYY
	11	29006	Chu Hoi Yin	CZM
	12	08012	Chan Pak Kiu	LIYMSS
	13	15012	Chim Ki Lung	LKCSS
	14	02016	Zhu Hao Min	YKN
	15	09009	Tang Long Ting	CSA
	16	28001	Cheung Chun Kai	LWLC
	17	14006	Leung Chun Hing	KCMC
	18	16004	Leung King Hung	CWK
	19	12015	Chow Kam Hei	JCC
	20	20001	Cheng Yan Shing	PLK83
	21	04007	Lee Ngai Nam	CAL

End of Day 2

Day Three 24 November 2026

Event 84	Girls C Grade 100m Hurdles(PRE)			9:00am
	Record : 16.19			**Standard: 0:24.00**
Heat 1/3	**1**	28085	CHEN MEIZHUAN	LWLC
	2	17036	HO CARLY	LC
	3	25078	LO CHO KIU	LW
	4	04074	LIN ZI YI	CAL
	5	21015	Wu Yuying	PPVIC
	6	02060	CHEE LOK YEE	YKN
	7	30083	CHIU YU YIN	WYY
Heat 2/3	**1**	21019	LEE SONYA	PPVIC
	2	30080	YEUNG HIU YU	WYY
	3	18077	CHAN YI CHING	KCM
	4	08086	YE CHING YI	LIYMSS
	5	29083	Wong Pui Ki	CZM
	6	26092	Chan Tsz Kwan	LSKC_KT
	7	16065	YAU TSZ YING	CWK
Heat 3/3	**1**	25076	CHEUNG WING NGA	LW
	2	04069	CHUI WING KIU	CAL
	3	29080	CHAN SUM YEE	CZM
	4	26084	Ling Ling	LSKC_KT
	5	16073	CHAN KAI CHING	CWK
	6	08079	HE SHI YING	LIYMSS
	7	18078	WONG SHUM SCARLETT	KCM

Event 85	Girls B Grade 100m Hurdles(PRE)			9:00am
	Record : 15.19			**Standard: 0:22.5**
Heat 1/4	**1**	15068	CHUNG BRIONY	LKCSS
	2	24042	TSUI KA KIU	SLC
	3	25064	CHAN LAP YIN STARRY	LW
	4	26064	Cheng Wan Yee	LSKC_KT
	5	28063	LAI SUM YAU	LWLC
	6	16050	LEE SZE YING	CWK
	7	18067	LAI SUM YING	KCM
Heat 2/4	**1**	06018	WONG PIK KI	YC
	2	30060	Lam Sze Nga	WYY
	3	12071	WEI JIANG SHAN SHAN DUN	JCC
	4	02057	WONG MEI KUEN	YKN
	5	04067	CAI YUQI	CAL
	6	27032	IP TSZ CHING	CNC
	7	29073	LAI HOI CHING	CZM
Heat 3/4	**2**	02059	WONG MEI LING	YKN
	3	17031	LIANG JIAXIN	LC
	4	14032	CHAN HAZEL HOI YIU	KCMC
	5	30065	CHAN WAN HEI	WYY
	6	29067	LEE TSZ CHING	CZM
	7	04066	WANG TSZ TUNG	CAL
Heat 4/4	**2**	25066	ZHU BELINDA	LW
	3	16053	SIN LOK YI	CWK
	4	24041	MAK TSZ YIU	SLC
	5	18066	CHAN YEE CHUN	KCM
	6	15070	Li Man Hei	LKCSS
	7	26062	Yu Kai Ying Heby	LSKC_KT

Event 86 Girls A Grade 100m Hurdles(PRE) **9:00am**

Record : 14.78 **Standard: 0:21.8**

Heat 1/2	1	26060	Huang Yaying	LSKC_KT
	2	24030	CHU SUET CHING	SLC
	3	30053	MAN SIN YING	WYY
	4	12054	HAU TSZ TING	JCC
	5	28055	ZHOU TSZ YING	LWLC
	6	25050	WONG TAK YUET	LW
	7	18050	ZHANG CHING	KCM
	8	29054	HUANG PUI LAM	CZM
Heat 2/2	1	28058	HO CHEUK LAM	LWLC
	2	25049	MAO KA YEUNG	LW
	3	18055	LI YEE TUNG	KCM
	4	14026	CHUNG CHO YAU	KCMC
	5	29052	Ho Lok Sum	CZM
	6	26056	Hui Wing Laam	LSKC_KT
	7	16046	FAN LAI WA	CWK
	8	12053	CHOW YIN HEI	JCC

Event 87 Boys C Grade 100m Hurdles(PRE) **9:00am**

Record : 14.44 **Standard: 0:21.8**

Heat 1/3	1	26034	Leung Chun Yin Royce	LSKC_KT
	2	28044	CHAN SAI YU	LWLC
	3	29036	JIM TSZ KIT	CZM
	4	02050	Kwok Kin Sing Steven	YKN
	5	04037	CHOI TSUN HIM	CAL
	6	05026	LAU HING LONG	CHUENYUEN
	7	25082	HUNG MAN HANG	LW
Heat 2/3	1	28046	WONG LOK HEI	LWLC
	2	26039	Siu King Hin	LSKC_KT
	3	18037	TSE CHUNG YIN	KCM
	4	24019	SHIU YU HIN AIDEN	SLC
	5	30034	DENG ZIMING	WYY
	6	08044	CHAN CHUN TIN	LIYMSS
	7	15046	NG HO HIN	LKCSS
Heat 3/3	1	29034	GUO CHUNG HON	CZM
	2	02047	TSANG PAK HEI	YKN
	3	08046	CHENG LOK HANG	LIYMSS
	4	30036	HO TING CHUN	WYY
	5	24021	CHAU HOK MING	SLC
	6	25040	YUEN ZING WAN	LW
	7	04047	FUNG LOK CHUNG	CAL

Event 88	Boys B Grade 100m Hurdles(PRE)			9:00am
	Record : 13.89			**Standard: 0:20.5**
Heat 1/4	1	05019	FU KING WAI PIERRE	CHUENYUEN
	2	02029	Chen Sum Yu	YKN
	3	08038	TONG CHEUK HEI	LIYMSS
	4	29027	LIN JIAHAO	CZM
	5	25019	YIP CHEUK HIM	LW
	6	26023	Wu Henry	LSKC_KT
	7	30029	Leung Ming Hang	WYY
Heat 2/4	1	12030	KWAN OCEAN	JCC
	2	15034	TAM LOK TIN	LKCSS
	3	20025	KWONG HO KAI	PLK83
	4	17015	PAN HAIMING	LC
	5	04021	LAM Pak Kiu	CAL
	6	18017	WONG YU HIN	KCM
	7	24011	LI YIU SHING	SLC
Heat 3/4	1	02032	Ng Tsz Chun	YKN
	2	05017	CHAN KING NAM	CHUENYUEN
	3	18021	CHOW CHING HO KEITH	KCM
	4	12037	KIANG WAI SUM	JCC
	5	24008	CHUNG MING SUM	SLC
	6	28033	CHAN LOK HIM	LWLC
	7	04022	LEUNG Lap Kan	CAL
Heat 4/4	2	08031	SHEK CHEUK MING	LIYMSS
	3	28028	SO TSANG FAI	LWLC
	4	30031	RONG KA WAI	WYY
	5	26021	Tsang Chung Ting	LSKC_KT
	6	25016	WONG IN HOPE HARRY	LW
	7	29028	MOK MAN KIT	CZM

Event 89	Boys A Grade 110m Hurdles(PRE)			9:00am
	Record : 14.61			**Standard: 0:20.3**
Heat 1/3	2	15017	YEUNG KONG CHUEN	LKCSS
	3	26012	Lam Xi Ye	LSKC_KT
	4	08002	CHAN KA HIM	LIYMSS
	5	30009	CHEUNG Ching Fung	WYY
	6	29001	Wu Hoi Wa	CZM
	7	28008	LAM SIK YUEN	LWLC
Heat 2/3	2	29005	CHEUNG KA HEI	CZM
	3	28005	LAW KA HIM	LWLC
	4	12004	WONG TSZ HIN	JCC
	5	07005	Chiu Chun Ho	CNECCC
	6	15019	MAK KWAN HO	LKCSS
	7	02008	LIN wen jing	YKN
Heat 3/3	3	30001	LO YAT SING	WYY
	4	02006	LEUNG PAK HIN	YKN
	5	12014	NG HIN SHING	JCC
	6	08011	YAM NGO CHING	LIYMSS
	7	26015	Chang Pak Ho	LSKC_KT

Event 90	Girls C Grade 200m(F)	**10:15am**
	Record : 27.74	**Standard: 0:34.8**
Event 91	Boys C Grade 200m(F)	**10:15am**
	Record : 24.41	**Standard: 0:29.9**
Event 92	Girls B Grade 200m(F)	**10:15am**
	Record : 27.39	**Standard: 0:34.3**
Event 93	Boys B Grade 200m(F)	**10:15am**
	Record : 22.92	**Standard: 0:27.6**
Event 94	Girls A Grade 200m(F)	**10:15am**
	Record : 25.75	**Standard: 0:33.8**
Event 95	Boys A Grade 200m(F)	**10:15am**
	Record : 22.03	**Standard: 0:26.6**
Event 97	Girls C Grade 800m(F)	**10:30am**
	Record : 2:25.59	**Standard: 3:28.00**
Event 98	Boys C Grade 800m(F)	**10:30am**
	Record : 2:13.11	**Standard: 2:55.00**
Event 99	Girls B Grade 800m(F)	**10:30am**
	Record : 2:26.19	**Standard: 3:27.00**
Event 100	Boys B Grade 800m(F)	**10:30am**
	Record : 2:05.29	**Standard: 2:42.00**
Event 101	Girls A Grade 800m(F)	**10:30am**
	Record : 2:31.96	**Standard: 3:22.00**
Event 102	Boys A Grade 800m(F)	**10:30am**
	Record : 1:58.99	**Standard: 2:35.00**
Event 103	Girls C Grade 4x100m Relay(F)	**11:00am**
	Record : 54.30	**Standard: 1:05.00**
Event 104	Boys C Grade 4x100m Relay(F)	**11:00am**
	Record : 48.72	**Standard: 0:57.00**
Event 105	Girls B Grade 4x100m Relay(F)	**11:00am**
	Record : 53.20	**Standard: 1:03.00**
Event 106	Boys B Grade 4x100m Relay(F)	**11:00am**
	Record : 45.66	**Standard: 0:52.00**
Event 107	Girls A Grade 4x100m Relay(F)	**11:00am**
	Record : 54.73	**Standard: 1:00.00**
Event 108	Boys A Grade 4x100m Relay(F)	**11:00am**
	Record : 43.84	**Standard: 0:50.00**

Event 110	Girls C Grade 100m Hurdles(F)	**1:00pm**
	Record : 16.19	**Standard: 0:24.00**

Event 111	Girls B Grade 100m Hurdles(F)	**1:00pm**
	Record : 15.19	**Standard: 0:22.5**

Event 112	Girls A Grade 100m Hurdles(F)	**1:00pm**
	Record : 14.78	**Standard: 0:21.8**

Event 113	Boys C Grade 100m Hurdles(F)	**1:00pm**
	Record : 14.44	**Standard: 0:21.8**

Event 114	Boys B Grade 100m Hurdles(F)	**1:00pm**
	Record : 13.89	**Standard: 0:20.5**

Event 115	Boys A Grade 110m Hurdles(F)	**1:00pm**
	Record : 14.61	**Standard: 0:20.3**

Event 116	Girls C Grade 4x400m Relay(F)	**1:30pm**
	Record : 4:35.92	**Standard: 5:40.00**

Final 1/3	**1**	CSA
	2	LSKC_KT
	3	SMCSS
	4	CZM
	5	KCM
	6	JCC
	7	LCW
Final 2/3	**2**	PLK83
	3	LW
	4	SCGMC
	5	SLC
	6	WYY
	7	CWK
Final 3/3	**2**	LIYMSS
	3	LWLC
	4	LKCSS
	5	CAL
	6	LC
	7	BSTC

Event 117	Boys C Grade 4x400m Relay(F)	1:30pm
	Record : 3:54.88	**Standard: 4:52.00**
Final 1/3	**1**	JCC
	2	YKN
	3	LIYMSS
	4	LW
	5	LC
	6	CZM
	7	CNC
Final 2/3	**2**	CWK
	3	PLK83
	4	SCGMC
	5	LKCSS
	6	CHUENYUEN
	7	LSKC_KT
Final 3/3	**2**	CSA
	3	LWLC
	4	CAL
	5	SLC
	6	LCW
	7	WYY

Event 118	Girls B Grade 4x400m Relay(F)	1:30pm
	Record : 4:37.45	**Standard: 5:37.00**
Final 1/3	**1**	CNC
	2	LC
	3	LKCSS
	4	LSKC_KT
	5	CZM
	6	SCGMC
	7	WYY
Final 2/3	**1**	CWK
	2	LWLC
	3	SLC
	4	PLK83
	5	CHUENYUEN
	6	JCC
	7	SMCSS
Final 3/3	**2**	LIYMSS
	3	KCM
	4	LCW
	5	CAL
	6	LW
	7	CSA

Event 119	Boys B Grade 4x400m Relay(F)	1:30pm
	Record : 3:42.43	**Standard: 4:25.00**
Final 1/3	**1**	LKCSS
	2	CHUENYUEN
	3	CAL
	4	KCM
	5	CSJSS
	6	LSKC_KT
	7	CNC
Final 2/3	**1**	CSA
	2	LW
	3	LIYMSS
	4	WYY
	5	YKN
	6	LWLC
	7	SLC
Final 3/3	**1**	JCC
	2	LC
	3	CWK
	4	SCGMC
	5	LCW
	6	CZM
	7	PLK83

Event 120	Girls A Grade 4x400m Relay(F)	1:30pm
	Record : 4:33.01	**Standard: 5:30.00**
Final 1/3	**2**	PLK83
	3	LSKC_KT
	4	LC
	5	KCM
	6	JCC
	7	SCGMC
Final 2/3	**2**	WYY
	3	CAL
	4	LWLC
	5	LW
	6	BSTC
	7	CZM
Final 3/3	**2**	CWK
	3	CSA
	4	LKCSS
	5	CNECCC
	6	LIYMSS
	7	SMCSS

Event 121	Boys A Grade 4x400m Relay(F)	1:30pm
	Record : 3:36.78	**Standard: 4:10.00**
Final 1/3	**1**	CWK
	2	CAL
	3	LWLC
	4	LW
	5	CZM
	6	YKN
	7	JCC
Final 2/3	**2**	LCW
	3	LC
	4	CSA
	5	CNC
	6	YY1
	7	KCM
Final 3/3	**2**	LIYMSS
	3	LKCSS
	4	PLK83
	5	SCGMC
	6	LSKC_KT
	7	WYY

Prize Presentation Ceremony