To : The Schools Sports Federation of Hong Kong, China
HK Island & Kowloon Office (Fax : 2761 9808) / N. T. Office (Fax : 2761 4821)

2026-2027

Notice of exemption from competition uniform requirement

(Please submit to HKSSF at least four working days prior to the match)

Please be informed that the following students are exempted from the competition uniform requirement to participate in HKSSF events, and we agree the referees on duty to conduct inspection to ensure that the uniform is safe and suitable for competition.

(Same as Student Registration Card)		Gender	Exemption from competition uniform requirement	
English Name	Chinese Name		Apparel (e.g. long sleeve shirts / long pants / headscarf)	Reason (e.g. medical / religious)
1.				
2.				
3.				
4.				
5.				

Points to note:
1. If long sleeve shirts are worn by more than one player in the same match, the colour and style of the shirt must be the same.
2. Long sleeve shirts / long pants must be appropriate sportswear.
3. No hard objects should be attached to the uniform.
4. Uniform should not affect the referee's duties and must meet safety requirements.

Region : HK & Kln Secondary / HK & Kln Primary / N.T. Secondary / N.T. Primary (Please Circle)

School Name : _____

School Tel. : _____ Fax No. : _____

Teacher in-charge : _____ Mobile No. : _____

Email : _____

Signature of Principal : _____

Date (dd/mm/yy) : _____ School Chop : _____

========== **[Official Use Only]** ==========

To : Principal / Teacher in-charge

This is to acknowledge that the HKSSF has received your notice. The exemption is only applicable to the current season. Team manager must present this exemption notice to the referees on duty before the match.

Executive Secretary / Sports Executive | Official Chop | Date

致：中國香港學界體育聯會
港九地域 (傳真：2761 9808) / 新界地域 (傳真：2761 4821)

2026-2027

豁免比賽服裝規定通知書

(須於出賽前最少四個工作天提交學體會)

本校特函通知　貴會以下學生需豁免比賽服裝規定參加學體會舉辦之賽事，並同意由當值裁判檢查有關服裝是否合乎安全及適合作賽：

(必須與運動員註冊證相同)		性別	豁免比賽服裝規定	
中文姓名	英文姓名		服裝 如：長袖衫/長褲/頭巾	原因 如：醫療、宗教
1.				
2.				
3.				
4.				
5.				

注意事項：
1. 在同一場賽事，如多於一名同學穿著長袖衫作賽，該等長袖衫必須同色同款。
2. 長袖衫/長褲必須為合適運動衣物。
3. 衣物不應附有硬物。
4. 服飾不應影響裁判執法及須符合安全要求。

學校地域：港九中學 / 港九小學 / 新界中學 / 新界小學 (請圈出)

學校名稱：

學校電話：　　學校傳真：

負責老師：　　手提電話：

電郵地址：

校長簽署：

日　　期：　　年　　月　　日　　校　　印：

========== [**由本會填寫**] ==========

致：校長／負責老師

本會已收到　貴校通知，有關豁免只適用於本年度之學界賽事，領隊須於報到時出示此通知書予當值裁判查證。

執行秘書 / 體育幹事　　會　印　　日　期