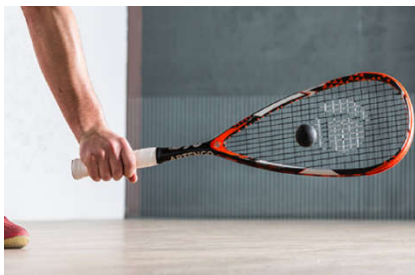




18 Mar 2022

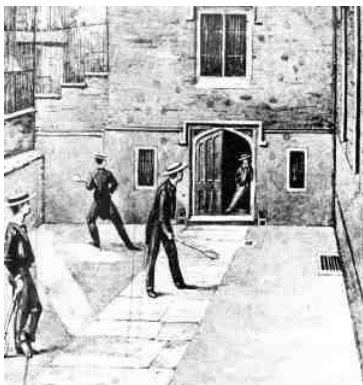
來自監獄嘅一點創意 Creation from The Prison

根據世界壁球協會，壁球起源於 19 世紀中期，由一所英國公立學校 Harrow School 不斷發展及改良。而壁球的前身是由一種名為 Racquet 的拍類運動演變而成，該地點竟然是位於倫敦的一所監獄！18 世紀初期囚犯利用敷料製作出一個跟高爾夫球差不多大小的球，加上延伸版的網球拍，成就了壁球的雛形。及後這種遊戲在英國流傳，直至 19 世紀中期遇上了 Harrow School 的學生，再慢慢演變成為了今天的壁球。



(Photo: Nottingham Trent University)

According to the World Squash Federation, Squash was originated and developed in the mid-19th century by Harrow School, an English public school. Before it was modified to “Squash”, it was a game called Racquet invented by a bunch of prisoners in London in which they used wound cloth to make golf size balls and stretched tennis bat as racquets in the early 18th century. The game of racquet was then spread in the UK and modified by students from Harrow School in the middle of 19th century, eventually turning into Squash today.



Boys at Harrow School are depicted playing squash in an outdoor court about 1900.

1900 年 Harrow School 的男生
在戶外場打壁球的示意圖

(Photo: BBC Sport)