

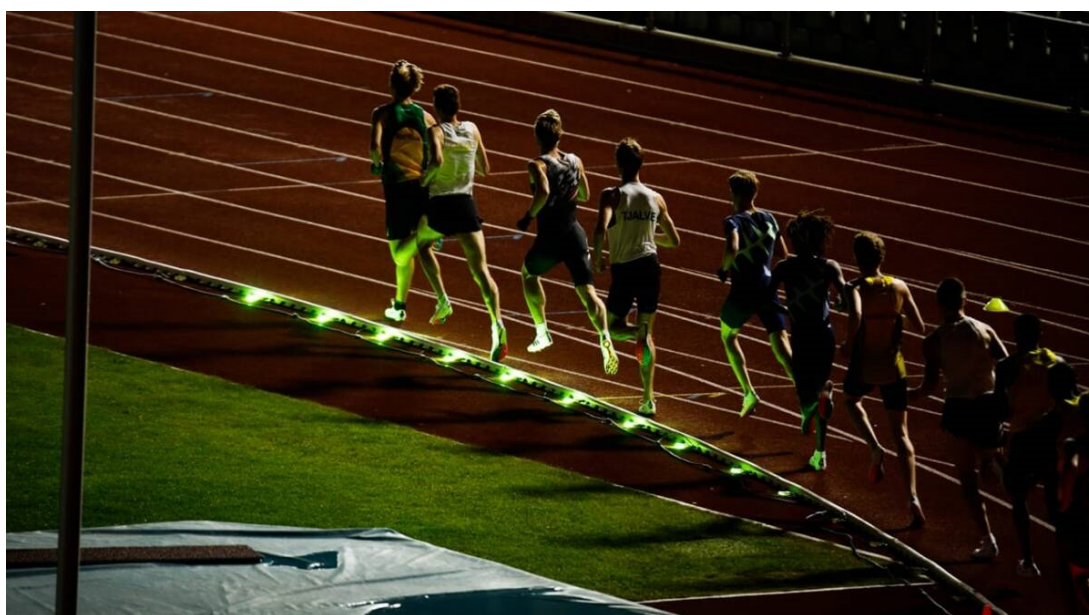


14 Apr 2022

「星光跑道」幫你跑快兩步 **'Shining Track' Fires You Up to the Hot Pace**

在高水平的長跑項目中，經常看到配速員協助運動員達到特定的速度，從而提升運動員的表現。雖然配速員有一定的實力，但礙於體力所限，往往在賽事中途便要離開，餘下的距離全靠運動員自身。然而，自 2020 年 6 月 11 日起，世界田聯容許徑賽項目中加入 Wavelight 科技，運動員可以在整個比賽中，也有不受外界環境影響的電子燈光協助配速。這些電子燈光除了提高了賽事的觀賞性，更協助了數名運動員打破多項世界紀錄呢！

Pacemakers are often arranged for distance running events at elite level. They can assist runners to better aim at a specific pace in order to enhance runners' performance. Pacemakers usually withdraw from the middle of the race because lack of stamina and therefore runners need to control the pace by themselves for the rest of the race. Starting on 11th June 2020, World Athletics allows the use of Wavelight technology for track events. These bright lights will flash to build up a targeted pace, it also brightens up the spectator experience. A couple of runners already smashed the world records with the help of Wavelight.



徑項運動員利用最新的 Wavelight 科技衝破極限。

Runners break their limits with the use of Wavelight Technology.

(Photo: The Indian Express)