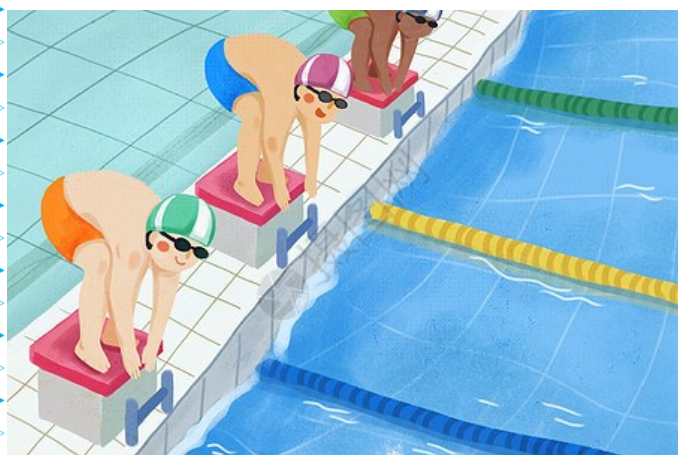


HKSSF Yuen Long Secondary Schools Area Committee

Inter-school Swimming Competition 2026-2027



Venue: Tin Sau Road Swimming Pool
Date : 8.9 /10/2026

Subvented by

教育局
Education
Bureau



Organised by



Funded by



香港賽馬會慈善信託基金
The Hong Kong Jockey Club
Charities Trust

中國香港學界體育聯會元朗區中學分會
2026 – 2027 年度校際游泳比賽裁判名錄

第一天

比賽日期：8/10/2026

地點：天秀路游泳池

召 集 人：伍淑參(崇德) 王青香(元裘錦秋) 楊達武(伊中舊生會) 鄭文煒(趙聿修)
李裕庭(耀道) 林秀琪(元朗天主教)

執委會總幹事：黃俊傑(方潤華)

賽委會總幹事：莫雅媛(李兆基)

總 裁 判：司徒秉衡(泳總) 林少棠(泳總)

發 令 裁 判 長：馬偉全(泳總)

宣 佈：林靜雯(培聖)

召 集：梁瑋芝(盧幹庭) 胡志良(羅桂祥) 葉創基(鄧佩瓊) 溫玉瑩(萬鈞毅智)

檢 錄 指 引：陳紫慧(張煊昌) 楊景琳(香島)

泳 姿 檢 察 長：李錦江(泳總) 聶少權(泳總)

泳 姿 檢 察：莫永亮(陳呂重德) 蔡智山(元朗信義) 唐月琴(佛教茂峰) 林鴻銓(馬振玉)

轉 身 檢 察：李芷欣(翁祐) 黃美娟(青年會) 黃楚鵬(公益社) 林運標(鄧兆棠)
陳志聰(元陳震夏) 岑啟宏(宏信) 陸平中(萬鈞伯裘) 許可臻(郭一葦)

計 時 裁 判 長：歐陽倩欣(湯國華) 溫華偉(基元)

計 時 隊：裘錦秋中學(元朗)學生計時隊 (18 人)

名 次 裁 判 長：黃永業(元朗商中)

名 次 裁 判：張汶彬(白約翰) 趙澆慰(可道) 張中嶸(西門英才)

終 點 紀 錄：楊智通(基朗) 張子宏(元朗公立)

系 統 測 試：李紹良(天水圍循道) 麥穎兒(天水圍官中) 何騰駿(元朗鄉中) 馮淇璟(伯特利)

服 務 生：召集人學校學生

- 註： 1. 請各裁判於上午八時十五分前報到及出席裁判會議。
2. **康文署要求，各裁判老師必須攜帶潔淨拖鞋**於池面工作及保持環境清潔。
3. 泳池不設車位，駕車者請自行安排。
4. 特別鳴謝中國香港游泳總會派出總裁判、發令裁判長及泳姿檢察長。

中國香港學界體育聯會元朗區中學分會
2026 – 2027 年度校際游泳比賽裁判名錄

第二天

比賽日期：9/10/2026

地點：天秀路游泳池

不設裁判會議，請各裁判於 8:30 前到達泳池並預備比賽。

召 集 人：伍淑參(崇德) 王青香(元裘錦秋) 楊達武(伊中舊生會) 鄭文煒(趙聿修)
李裕庭(耀道) 林秀琪(元朗天主教)

執委會總幹事：黃俊傑(方潤華)

賽委會總幹事：莫雅媛(李兆基)

總 裁 判：司徒秉衡(泳總) 林少棠(泳總)

發 令 裁 判 長：馬偉全(泳總)

宣 佈：林靜雯(培聖)

召 集：梁瑋芝(盧幹庭) 胡志良(羅桂祥) 葉創基(鄧佩瓊) 溫玉莹(萬鈞毅智)

檢 錄 指 引：陳紫慧(張煊昌) 楊景琳(香島)

泳 姿 檢 察 長：李錦江(泳總) 聶少權(泳總)

泳 姿 檢 察：莫永亮(陳呂重德) 蔡智山(元朗信義) 陳健強(佛教茂峰) 林鴻銓(馬振玉)

轉 身 檢 察：李芷欣(翁祐) 黃美娟(青年會) 黃楚鵬(公益社) 林運標(鄧兆棠)
陳志聰(元陳震夏) 岑啟宏(宏信) 陸平中(萬鈞伯裘) 許可臻(郭一葦)

計 時 裁 判 長：歐陽倩欣(湯國華) 溫華偉(基元)

計 時 隊：趙聿修中學學生計時隊 (18 人)

名 次 裁 判 長：黃永業(元朗商中)

名 次 裁 判：張汶彬(白約翰) 趙澆慰(可道) 張中嶸(西門英才)

終 點 紀 錄：陳寶君(基朗) 張子宏(元朗公立)

系 統 測 試：李紹良(天水圍循道) 麥穎兒(天水圍官中) 何騰駿(元朗鄉中) 馮淇璟(伯特利)

服 務 生：召集人學校學生

- 註：
1. 康文署要求，各裁判老師必須攜帶潔淨拖鞋於池面工作及保持環境清潔。
 2. 泳池不設車位，駕車者請自行安排。
 3. 特別鳴謝中國香港游泳總會派出總裁判、發令裁判長及泳姿檢察長。

The Schools Sports Federation of Hong Kong, China
Yuen Long Secondary Schools Area Committee
Inter-School Swimming Competition, 2026 - 2027
Time Table

8/10/2026 (Thursday)

Venue : Tin Sau Road Swimming Pool

Time	Event	H/F	Boys A	Boys B	Boys C	Girls A	Girls B	Girl C
0815	Report Time for Judges and Team Managers							
0830	Warm Up Session							
0900	100m Freestyle	Final	1. (22)	3. (33)	5. (28)	2. (9)	4. (16)	6. (26)
1000	100m Breast Stroke	Final	7. (20)	9. (26)	11. (20)	8. (5)	10. (14)	12. (19)
1050	100m Back Stroke	Final	13. (13)	15. (10)	17. (8)	14. (9)	16. (12)	18. (11)
1130	4x50m Freestyle Relay	Final	19. (12)	21. (18)	23. (19)	20. (13)	22. (10)	24. (13)
1230	Lunch							
1330	Warm Up Session							
1400	50m Freestyle	Heat	25. (31)	27. (53)	29. (50)	26. (29)	28. (35)	30. (41)
1445	50m Breast Stroke	Heat	31. (26)	33. (42)	35. (37)	32. (18)	34. (24)	36. (31)
1530	50m Back Stroke	Heat	37. (13)	39. (24)	41. (20)	38. (13)	40. (21)	42. (21)
1550	50m Butterfly	Heat	43. (17)	45. (27)	47. (17)	44. (Straight Final)	46. (Straight Final)	48. (Straight Final)
1630	End of Day 1							

9/10/2026 (Friday)

Venue : Tin Sau Road Swimming Pool

Time	Event	H/F	Boys A	Boys B	Boys C	Girls A	Girls B	Girl C
0815	Report Time for Team Managers (No Briefing for Judges)							
0830	Warm Up Session							
0915	200m Freestyle	Final	49. (18)	51. (19)	53. (8)	50. (7)	52. (7)	54. (11)
1010	200m Individual Medley	Final	55. (4)	57. (6)	59. (6)	56. (3)	58. (5)	60. (7)
1040	200m Breast Stroke	Final	61. (13)	63. (13)	65. (9)	62. (5)	64. (10)	66. (9)
1130	Lunch							
1245	Warm Up Session							
1330	50m Freestyle	Final	67. (8)	69. (8)	71. (8)	68. (8)	70. (8)	72. (8)
1345	50m Breast Stroke	Final	73. (8)	75. (8)	77. (8)	74. (8)	76. (8)	78. (8)
1400	50m Back Stroke	Final	79. (8)	81. (8)	83. (8)	80. (8)	82. (8)	84. (8)
1415	50m Butterfly	Final	85. (8)	87. (8)	89. (8)	86. (5)	88. (8)	90. (7)
1430	4x50m Medley Relay	Final	91. (14)	93. (14)	95. (12)	92. (8)	94. (10)	96. (10)
1530	Prize Presentation Ceremony							

Remarks:

- Events with more than one heat will be swum as timed final.
- The event time is shown for reference only, HKSSF may adjust the time wherever necessary.
Swimmers are requested to be present 30 minutes prior to the scheduled competition time, and must report to the Marshalling Area when their events are called.
- The numbers showed inside the box and () represent the event sequence and no. of participants respectively.
- Swimmers are not allowed to enter the pool areas outside of the main pool. If you wish to enter the indoor training pool, swimmers are required to enter the pool through the public entrance.
- For opening arrangements for public swimming pool under Thunderstorm warning, please refer to LCSD's website. (https://www.lcsd.gov.hk/en/beach/arrangements_under_thunderstorm_warning.html#)

HKSSF Yuen Long Secondary Schools Area Committee

Inter-School Swimming Competition 2026-2027

Participating List

No.	Name of School	Boys			Sub-total	Girls			Sub-total	Total
		A	B	C		A	B	C		
1	Bethel High School		1		1				0	1
2	Caritas Yuen Long Chan Chun Ha Sec. Sch.		5	1	6		1		1	7
3	CCC Fong Yun Wah Secondary School	2	5	3	10	2	2	4	8	18
4	CCC Kei Long College		5	2	7			1	1	8
5	CCC Kei Yuen College	1	2	4	7				0	7
6	Chinese Y.M.C.A. Secondary School	5	2	5	12	2	4	8	14	26
7	Chiu Lut Sau Memorial Secondary School	9	12	5	26	9	8	9	26	52
8	CUHK FAA Thomas Cheung Secondary School	1	4	4	9	1	2	1	4	13
9	Cumberland Presbyterian Church Yao Dao Secondary School	5	1	4	10		3	3	6	16
10	ELCHK Lutheran Academy	2	10	7	19	3	4	5	12	31
11	Gertrude Simon Lutheran College	2	3		5		1	2	3	8
12	Heung To Middle School(Tin Shui Wai)		2	2	4	1	6	1	8	12
13	HKFYG Lee Shau Kee College	9	9	9	27	4	5	9	18	45
14	Ho Dao College (Sponsored by Sik Sik Yuen)	3	2	1	6	1			1	7
15	Jockey Club Man Kwan Eduyoung College	1	2	3	6		2	2	4	10
16	Ju Ching Chu Secondary School (Yuen Long)	3	4	4	11	3		2	5	16
17	Man Kwan Pak Kau College	3	8	9	20	4		5	9	29
18	NTHYK Yuen Long District Secondary School	7	6	3	16	1	8	8	17	33
19	POH Tang Pui King Memorial College	6	8	5	19	3	3	2	8	27
20	Pui Shing Catholic Secondary School	2	2	5	9	3	3	2	8	17
21	QESOSA Tong Kwok Wah Secondary School	2	4	2	8			2	2	10
22	Queen Elizabeth Sch. Old Students' Assn. Sec. Sch.	4	6	9	19	1	2	9	12	31
23	Shap Pat Heung Rural Committee Kung Yik She Sec. Sch.	1	2	2	5				0	5
24	Shun Tak Fraternal Association Yung Yau College	4	5	4	13	2	2	3	7	20
25	Shung Tak Catholic English College	7	7	5	19	1	7	1	9	28
26	SKH Bishop Baker Secondary School	1	1		2	1	3	5	9	11
27	The Evangelical Lutheran Church of Hong Kong Yuen Long Lutheran Secondary School	1	2	2	5	1	5	2	8	13
28	The H. K. Management Assn. K. S. Lo College				0			1	1	1
29	The Yuen Yuen Institute MFBM Nei Ming Chan Lui Chung Tak Memorial College		1		1	1			1	2
30	Tin Shui Wai Government Secondary School	6	5	2	13	8		1	9	22
31	Tin Shui Wai Methodist College	1	5	3	9	4	4	4	12	21
32	TWGHs Kwok Yat Wai College	4	2	3	9	2		3	5	14
33	TWGHs Lo Kon Ting Memorial College		5	5	10	1	1		2	12
34	YLPMsAA Tang Siu Tong Secondary School	1	4		5	1	1	7	9	14
35	Yuen Long Catholic Secondary School	1		1	2			2	2	4
36	Yuen Long Merchants Association Sec. Sch.	7	2	2	11	1	3	3	7	18
37	Yuen Long Public Secondary School	3	6	4	13	2	6	1	9	22
No. of Swimmers		104	150	120	374	63	86	108	257	631
No. of Teams		30	35	31	96	26	24	30	80	176

中國香港學界體育聯會元朗區中學分會
2026-2027年度校際游泳比賽
座位安排

召集處

1/F
R/F

通										道															
伊中舊生會 (31)	樓 梯 通 道	10	李兆基(45)	10	樓 梯 通 道	10	元朗鄉中(33)	10	樓 梯 通 道	10	趙聿修(52)	10	樓 梯 通 道	10	萬鈞伯裘(29)	10	樓 梯 通 道	10	崇德(28)	10	樓 梯 通 道	宏信 (31)			
		9		9		9		9		9		9		9		9		9		9					
		8		8		8		8		8		8		8		8		8		8					
		7		7		7		7		7		7		7		7		7		7					
		6		6		6		6		6		6		6		6		6		6					
		5	元朗公立(22)	5		鄧佩瓊(27)	5	天水圍官中(22) 天水圍循道(21)		5	青年會(26)	5		元朗商中(18)	5	耀道(16)		5	通	通					
		4		4			4			4		4			4			4					4	4	4
		3		3			3			3		3			3			3					3	3	3
		2	基朗(8) / 羅桂祥(1) 方潤華(18) / 公益社(5) / 元朗天主教(4) 陳呂重德(2) / 伯特利(1)	2		翁祐(20)	2	郭一葦(14) 圍欄		2	西門英才(8) 元陳震夏(7) 基元(7) 可道(7)	2		盧幹庭(12) 白約翰(11) 萬鈞毅智(10) 湯國華(10)	2	道		道							
		1		1			1			1		1			1				1	1			1	1	1
		圍欄				圍欄				②			圍欄				圍欄				(不准出入) 樓梯 ④				
		樓梯 ①																							

主池

司令台

電子計時板

- 註：1. 各校必須依照大會編排之座位就座。
2. 工作人員必須換上自備之拖鞋才可步出池面範圍。
3. 所有泳員、裁判及工作人員進入池面前必須先沖洗雙腳或拖鞋。
4. 所有領隊必須逗留在該校分配之座位，不可進入池面範圍。如有查詢，可經樓梯②或者③前往記錄室。

中國香港學界體育聯會元朗區中學分會
2026-2027年度校際游泳比賽
熱身線道安排

HKSSF Yuen Long Secondary Schools Area Committee
Inter-School Swimming Competition 2026-2027
Lanes for Warm Up Session

看 台 Spectator Stand

9	趙聿修(52)	耀道(16) 郭一葦(14) 元朗天主教(4)	9
8	趙聿修(52)	元朗商中(18) 元朗信義(13)	8
7	宏信(31) 伯特利(1)	翁祐(20) 盧幹庭(12)	7
6	萬鈞伯裘(29) 基元(7)	元朗公立(22) 萬鈞毅智(10)	6
5	鄧佩瓊(27) 西門英才(8)	青年會(26) 基朗(8)	5
4	天水圍官中(22) 湯國華(10) 陳呂重德(2)	崇德(28) 元陳震夏(7)	4
3	天水圍循道(21) 白約翰(11) 羅桂祥(1)	伊中舊生會(31) 可道(7)	3
2	方潤華(18) 香島(12) 公益社(5)	元朗鄉中(33)	2
1	培聖(17) 張煊昌(13)	李兆基(45)	1
0	元裘錦秋(16) 鄧兆棠(14)	李兆基(45)	0

**中國香港學界體育聯會元朗區中學分會
校際游泳比賽紀錄**

(截至2/10/2026)

	項目	姓名	學校	紀錄	年度		項目	姓名	學校	紀錄	年度
男 甲	50米 自由泳	林慶嘉	趙聿修	24.36	25/26	女 甲	50米 自由泳	洪卓怡	元朗商中	28.34	25/26
	100米 自由泳	羅少聰	基元	56.31	14/15		100米 自由泳	洪卓怡	元朗商中	1:02.15	25/26
	200米 自由泳	羅少聰	基元	2:07.48	13/14		200米 自由泳	蘇家晴	盧幹庭	2:24.58	25/26
	50米 蛙泳	姜敬謙	李兆基	30.31	25/26		50米 蛙泳	謝鈔阡	青年會	36.00	22/23
	100米 蛙泳	姜敬謙	李兆基	1:09.11	25/26		100米 蛙泳	謝鈔阡	青年會	1:20.81	22/23
	200米 蛙泳	姜敬謙	李兆基	2:36.57	24/25		200米 蛙泳	黃思悅	元朗鄉中	3:07.47	16/17
	50米 背泳	梁洛熙	張煊昌	28.87	22/23		50米 背泳	李琛攸	萬鈞伯裘	34.14	25/26
	100米 背泳	梁洛熙	張煊昌	1:03.45	23/24		100米 背泳	葉沛筠	趙聿修	1:17.69	16/17
	50米 蝶泳	鍾栢軒	湯國華	26.35	25/26		50米 蝶泳	洪卓怡	元朗商中	30.78	25/26
	200米 個人四式	梁洛熙	張煊昌	2:19.07	13/14		200米 個人四式	黃思悅	元朗鄉中	2:39.16	15/16
	4x50米 自由接力	-----	元朗商中	1:47.12	23/24		4x50米 自由接力	-----	青年會	2:03.48	22/23
	4x50米 四式接力	-----	元朗鄉中	1:58.08	19/20		4x50米 四式接力	-----	趙聿修	2:25.21	19/20
男 乙	50米 自由泳	吳迪謙	方潤華	25.30	23/24	女 乙	50米 自由泳	梁文泳	趙聿修	27.94	13/14
	100米 自由泳	吳迪謙	方潤華	56.39	23/24		100米 自由泳	方鄧嘉	趙聿修	1:01.14	25/26
	200米 自由泳	陳子杰	元朗鄉中	2:02.16	15/16		200米 自由泳	方鄧嘉	趙聿修	2:18.23	24/25
	50米 蛙泳	曹宏達	趙聿修	31.84	25/26		50米 蛙泳	謝鈔阡	青年會	35.36	21/22
	100米 蛙泳	鄧子熙	元朗公立	1:11.45	25/26		100米 蛙泳	蔡嘉蔚	李兆基	1:21.63	19/20
	200米 蛙泳	張智傑	信義中學	2:36.70	19/20		200米 蛙泳	蔡嘉蔚	李兆基	2:53.06	19/20
	50米 背泳	黎曜進	伊中舊生會	29.28	14/15		50米 背泳	梁穎潼	李兆基	32.96	25/26
	100米 背泳	盧文杰	元朗商中	1:05.94	18/19		100米 背泳	梁穎潼	青協李兆基	1:13.46	24/25
	50米 蝶泳	鍾栢軒	湯國華	26.92	23/24		50米 蝶泳	陳彥彤	崇德	30.69	18/19
	200米 個人四式	陳子杰	元朗鄉中	2:17.87	15/16		200米 個人四式	方鄧嘉	趙聿修	2:32.75	25/26
	4x50米 自由接力	-----	青年會	1:54.50	22/23		4x50米 自由接力	-----	元朗公立	2:08.69	19/20
	4x50米 四式接力	-----	元朗鄉中	2:05.53	17/18		4x50米 四式接力	-----	趙聿修	2:22.54	14/15
男 丙	50米 自由泳	宋柏翹	元朗公立	26.36	24/25	女 丙	50米 自由泳	王朗宜	趙聿修	28.46	21/22
	100米 自由泳	宋柏翹	元朗公立	58.47	24/25		100米 自由泳	黃晞晴	天水圍官中	1:04.94	21/22
	200米 自由泳	許曜舜	青年會	2:13.70	14/15		200米 自由泳	方鄧嘉	趙聿修	2:22.76	23/24
	50米 蛙泳	鄧子熙	元朗公立	33.82	23/24		50米 蛙泳	葉韋嫻	趙聿修	36.32	22/23
	100米 蛙泳	鄧子熙	元朗公立	1:15.66	23/24		100米 蛙泳	黃栢搖	青年會	1:17.68	25/26
	200米 蛙泳	張智傑	信義中學	2:43.66	18/19		200米 蛙泳	黃栢搖	青年會	2:49.68	25/26
	50米 背泳	黎曜進	伊中舊生會	31.76	13/14		50米 背泳	梁穎潼	李兆基	34.10	23/24
	100米 背泳	梁志信	李兆基	1:10.25	17/18		100米 背泳	吳晞言	基元	1:16.90	22/23
	50米 蝶泳	許曜舜	青年會	28.80	14/15		50米 蝶泳	陳彥彤	崇德	31.27	17/18
	200米 個人四式	陳子杰	元朗鄉中	2:31.45	13/14		200米 個人四式	關暉洛	信義中學	2:42.96	18/19
	4x50米 自由接力	-----	元朗商中	2:03.38	18/19		4x50米 自由接力	-----	元朗鄉中	2:12.08	17/18
	4x50米 四式接力	-----	李兆基	2:18.04	17/18		4x50米 四式接力	-----	青年會	2:20.43	19/20

校際游泳比賽章程

1. 比賽日期

區分會	比賽日期	比賽地點
屯門區	28、29/9/2026 (一、二)	屯門游泳池
荃灣及離島區	5、6/10/2026 (一、二)	青衣游泳池
元朗區	8、9/10/2026 (四、五)	天秀路游泳池
沙田及西貢區	12、15/10/2026 (一、四)	馬鞍山游泳池
葵青區	14、23/10/2026 (三、五)	九龍仔游泳池
大埔及北區	21、22/10/2026 (三、四)	馬鞍山游泳池

2. 報名

2.1 每項個人項目只能填報兩人。而接力項目只能填報一隊。

2.2 每一運動員只能參加兩項個人及一項接力項目。

3. 換人

報名截止後一律不准換人。如運動員生病或受傷而有醫生紙證明者，始可以在比賽當日向召集人申請換人。唯只限參加初賽之運動員。入選決賽之運動員一律不准更換（接力項目除外）。後補運動員亦須遵守本章則 2.2 之規限。

4. 運動員註冊

運動員必須註冊及在比賽時出示有效註冊證，不能出示註冊證者不准出賽。

5. 裁判

會員學校須依照比賽附例 2.9 安排老師/職員擔任裁判工作。

6. 細則

6.1 比賽規則

除特別聲明外，全部採用中國香港游泳總會之比賽規則。

6.2 游泳衣

所有泳衣為一件頭式，請參照國際游泳比賽規則。

6.3 報到程序

每項目將宣佈召集兩次。運動員應向召集處報到而不能直接前往起點。召集程序完畢後，由工作人員帶領運動員前往起點。

6.4 入選決賽資格（只適用於 50 米賽事）

6.4.1 初賽最快時間前八名進入決賽。決賽線道分配如下：

線道	1	2	3	4	5	6	7	8
初賽成績	7	5	3	1	2	4	6	8

6.4.2 如初賽成績相同而又影響出線者，則有關運動員需要重賽或抽籤。

6.4.3 直入決賽

如不超過 8 名/隊參賽者，該項賽事則直入決賽，於原定決賽日期及時間舉行。

6.4.4 直入決賽時之運動員線道由賽會分配。

7. 計時

7.1 有關泳池如設有電子計時系統，則以該系統為正式計時。

7.2 如遇電子計時失靈，則該項賽事之全部分組時間均以手計時間為正式成績。而紀錄亦以正式成績為準。

8. 計分方法

名次	第一名	第二名	第三名	第四名	第五名	第六名	第七名	第八名
個人項目得分	9	7	6	5	4	3	2	1
接力項目得分	18	14	12	10	8	6	4	2

8.1 若名次相同時，則以相關名次所得之分數總和平均分配。

8.2 團體及組別總成績應包括各項賽事名次分數及標準分。標準分祇給予初賽成績達到標準之運動員或接力隊伍。

8.3 如總分相同，則計算同分隊獲金牌數目多寡而定名次，如此類推。
標準分：個人項目-1 分、接力項目-2 分。

9. 獎品

9.1 每項賽事均設冠、亞、季、殿獎。

9.2 每組均設冠、亞、季、殿獎。(個別區分會可能有不同安排，請留意區分會公布)

9.3 達到標準之運動員均可獲頒發證書，於賽事完畢後通知各校到聯會領取。

9.4 破紀錄之運動員均可獲發證書，備妥後通知各校到聯會領取。

10. 運動員於其賽事成績宣佈後方可離開游泳池。如賽事須要重賽而運動員無故離開游泳池，該運動員之重賽資格則會被取消。

11. 上訴

11.1 只有受有關事件影響之學校可進行上訴。負責老師應於宣佈有關成績後 30 分鐘內以書面呈交有關職員。學生及觀眾之上訴均不受理。

11.2 投訴有關技術規則，可呈交總裁判，而總裁判之決定為最終決定。

11.3 投訴賽事管理工作可呈交比賽委員會，而賽會之決定為最終決定。

12.項目

項目	男子組			女子組		
	甲	乙	丙	甲	乙	丙
50 自由泳	√	√	√	√	√	√
100 自由泳	√	√	√	√	√	√
200 自由泳	√	√	√	√	√	√
50 背泳	√	√	√	√	√	√
100 背泳	√	√	√	√	√	√
50 蛙泳	√	√	√	√	√	√
100 蛙泳	√	√	√	√	√	√
200 蛙泳	√	√	√	√	√	√
50 蝶泳	√	√	√	√	√	√
200 個人四式	√	√	√	√	√	√
4X50 米自由接力	√	√	√	√	√	√
4X50 米四式接力	√	√	√	√	√	√

註：上列項目為指定項目，區分會可視乎實際情況而減少項目，但不能增加。

13.標準

項目	男子組			女子組		
	甲	乙	丙	甲	乙	丙
50 自由泳	33.50	36.50	43.50	40.50	44.00	50.00
100 自由泳	1:17.00	1:21.00	1:33.00	1:34.00	1:35.00	1:40.00
200 自由泳	3:00.00	3:00.00	3:20.00	3:25.00	3:30.00	3:40.00
50 背泳	42.00	43.00	50.00	48.00	50.00	55.00
100 背泳	1:40.00	1:42.00	1:45.00	1:55.00	1:55.00	1:55.00
50 蛙泳	45.00	47.50	55.50	55.00	58.50	1:04.00
100 蛙泳	1:38.00	1:40.00	1:56.00	2:00.00	2:00.00	2:05.00
200 蛙泳	3:40.00	3:50.00	4:10.00	4:20.00	4:20.00	4:25.00
50 蝶泳	36.00	37.80	46.00	43.00	46.00	49.00
200 個人四式	3:30.00	3:35.00	3:40.00	3:40.00	3:45.00	4:00.00
4X50 米自由接力	2:15.00	2:30.00	3:00.00	2:50.00	2:55.00	3:20.00
4X50 米四式接力	2:30.00	2:35.00	3:00.00	3:10.00	3:15.00	3:20.00

Day One 08 October 2026

Event 1	Boys A Grade 100m Free Style(F)		9:00am
	Record : 56.31		Standard: 1:17.00
Heat 1/3	1	TANG Chun Hin	HYKYL
	2	TAI KA CHUNG	CLSMSS
	3	HO SIU KONG	YDSS
	4	Ng Cheuk Kiu	CCCKY
	5	CHUNG MAN TSUN	STC
	6	YIP WING CHUN	YLMAS
	7	LAU CHEUK KIU	MKPKC
	8	KWAN KA CHUN	TSWGSS
Heat 2/3	1	WANG HO CHING	KYSSS
	2	PANG CHEUK HEI	TPK
	3	TANG LAP YAN	GSLC
	4	NG YAT LAAM	CYMCASS
	5	Man Pak Lam Cass	PSCSS
	6	Wong Ming Hei	LSKC
	7	LI CHUN TUNG	JCMKEC
Heat 3/3	1	KAN FU SHING	YDSS
	2	HUI SIN LONG MARK	YLMAS
	3	Li Nok Hei , renton	CYMCASS
	4	Chan Timothy James	LSKC
	5	ZHAN WEI FENG JAMES	TSWGSS
	6	CHAU CHUN HEI	HYKYL
	7	KAN HEI LONG	CLSMSS

Event 2	Girls A Grade 100m Free Style(F)		9:00am
	Record : 1:02.15		Standard: 1:34.00
Heat 1/2	3	FONG SIN KA	CLSMSS
	4	CHO LAI IN	PSCSS
	5	Chan Sum Yin	QESOSA
	6	CHAN YAN KI	STC
	7	CHAN HEI TUNG	TSWGSS
Heat 2/2	3	Tse Hayley Hay Yee	CYMCASS
	4	LEE NOK YI	CLSMSS
	5	YEUNG HOI LAM	TSWGSS
	6	SO KA CHING	LKT

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Event 3	Boys B Grade 100m Free Style(F)		9:00am
	Record : 56.39		Standard: 1:21.00
Heat 1/5	1	YIP NGO HEI	HYKYL
	2	TSANG SHING CHUN	YLPSS
	3	LI CHEUK HEI	YYC
	4	LAU WANG	MKPKC
	5	CHENG CHUN FAI	TPK
	6	WONG Yu Hei	LUAC
	7	Yan Yu Kiu	LSKC
Heat 2/5	1	CHANG HAO CHE	TKW
	2	ZHAO XINZHU	CCCKY
	3	TANG ON CHAK	STC
	4	WONG Ching Ka	CYS
	5	CHOW CHUN ON	CLSMSS
	6	LEE PAK SING ANSON	FYW
	7	TSUI KING TANG	YLMAS
Heat 3/5	1	CHU PAAK LAM OTTO	KYSSS
	2	YIP PO HEI	HDC
	3	SO KA LONG	LKT
	4	HUANG WEIHAO	HTMS
	5	CHUI CHUN HEI	TSTSS
	6	Cheung Ethan Chi Heng	TSWMC
	7	LI SHING YAN	TSWGSS
Heat 4/5	2	TAM CHIT	STC
	3	WONG KI FUNG	QESOSA
	4	TSE LIK HANG	LKT
	5	LAI YIN HEI	FYW
	6	Yu chi lap	CLSMSS
	7	ZENG TSZ HUEN	CYS
Heat 5/5	2	CHAN YIN POK	MKPKC
	3	HO Ho Sum	LUAC
	4	Sung Pak Kiu	YLPSS
	5	Ma William	LSKC
	6	YAU LOK HIN	QESOSA
	7	LEE TSZ WAI	TPK

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Event 4	Girls B Grade	100m Free Style(F)	9:00am
	Record : 1:01.14		Standard: 1:35.00
Heat 1/2	1	WANG MAN KIU	HTMS
	2	FUNG WAN YIU	YDSS
	3	HUI YIK SUM	PSCSS
	4	SIT OI LAM	STC
	5	CHEN XI	QESOSA
	6	CHEUNG SHU HANG PERLA	HYKYL
	7	HEUNG PUI YI	YLLSS
	8	TSE CHEUK WING	CLSMSS
Heat 2/2	1	CHOO YE ERL EVA	STC
	2	CHEUNG WAI KEI	HYKYL
	3	Wong Hiu Yung	YLLSS
	4	LAM YI	CLSMSS
	5	WONG TSZ YING	HTMS
	6	LAM HONG KIU	YDSS
	7	NG PUI LAM	BBSS
	8	CHAN HIU TUNG HENRIETTA	PSCSS
Event 5	Boys C Grade	100m Free Style(F)	9:00am
	Record : 58.47		Standard: 1:33.00
Heat 1/4	1	TSUI YIM CHYUN	YYC
	2	CHAU SEE TING AUGUSTINE	QESOSA
	3	TANG Pok Chi Hiro	LUAC
	4	CHAN OI HEI	JCCYL
	5	POK TZE KIT	TCSS
	6	Cheung Kwai Hei	MKPKC
	7	CHEN HEI PAK BRUCE	YLLSS
Heat 2/4	1	CHAN KWAN KIT	CCCKY
	2	ZHAO CHUN YU	FYW
	3	LEUNG CHEUK WANG	CYMCASS
	4	Hung Lorres	LSKC
	5	CHOI TIN HEI RYDER	YDSS
	6	YEUNG KASPAR	HYKYL
	7	NG TSZ WAI	TPK
Heat 3/4	1	KWOK KEI CHAK	HYKYL
	2	CHENG SIU FAI	TPK
	3	WU CHING YEUNG JACKIE	CLSMSS
	4	TAM HO TIN	LKT
	5	HO HO FUNG	YLCSS
	6	CHEUNG HOU FAN	YLPSS
	7	HO WAN LUNG IAN	FYW
Heat 4/4	1	YAM Pak Yu Jesper	LUAC
	2	LAM TSZ SHUN	JCCYL
	3	Lee Tin Lok	LSKC
	4	LAM CHUN KIU JARYL	CYMCASS
	5	HO KA LONG	YYC
	6	CHAN CHING HEI	QESOSA
	7	Ng Shing Hin Jacob	MKPKC

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Event 6	Girls C Grade 100m Free Style(F)		9:00am
	Record : 1:04.94		Standard: 1:40.00
Heat 1/4	1	LEE YAN YUI	YDSS
	2	NG HEI KIU	TPK
	3	MA Yee Yiu	LUAC
	4	Yau Wan Yeung	LSKC
	5	PANG SIN MAN	HYKYL
	6	SO MAN KIU	PSCSS
	7	REITZEL Quinn Connor	BBSS
Heat 2/4	1	YUEN CHEUK YING GINNY	YLCSS
	2	LO CHING LAM	TSTSS
	3	NG WING MAN	TCSS
	4	TAI HEI YU	FYW
	5	LEE CHEUK YING	MKPKC
	6	Han Lo	CLSMSS
	7	MAK KA HEI	CYMCASS
Heat 3/4	2	FONG WING TUNG	CLSMSS
	3	LO HO CHING	CYMCASS
	4	PUN HUNG WING	JCCYL
	5	LEE Cheuk Tung	TSWMC
	6	FUNG YUET	YLCSS
	7	WONG HOI CHING	QESOSA
Heat 4/4	2	CHAN Tsz Ching	LUAC
	3	CHOW YUEN TUNG	JCCYL
	4	KWOK MAN HEI	QESOSA
	5	NG SIN YEE	TPK
	6	LEE KA YI	HYKYL
	7	Yuen Sum Yau	LSKC

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Event 7	Boys A Grade 100m Breast Stroke(F)			9:45am
	Record : 1:09.11			Standard: 1:38.00
Heat 1/3	1	HUANG TIAN YU	TSWGSS	
	2	Chan Lok Ki	MKPKC	
	3	KAN PAK HEI	JCCYL	
	4	Chen yu hin	YLMAS	
	5	FAN RYAN HANZ	HYKYL	
	6	Poon pak hei	CLSMSS	
	7	TAN HO FAI	KYWC	
Heat 2/3	1	CHAN SZE LOK	HDC	
	2	WONG CHEUK SING	QESOSA	
	3	PAN CHEONG KONG	TPK	
	4	LAM PING YIN	BBSS	
	5	TANG TSZ HEI	YLPSS	
	6	Wong Ming Hei	LSKC	
	7	AU-YEUNG TSZ POK	YDSS	
Heat 3/3	2	Lo ngai yu	YLMAS	
	3	CAO EN LANG	CLSMSS	
	4	Chan Chun Yin	LSKC	
	5	NG CHUN NAM	TPK	
	6	HO CHEUK HANG	STC	
	7	CHAN YIN NAM	HYKYL	
Event 8	Girls A Grade 100m Breast Stroke(F)			9:45am
	Record : 1:20.81			Standard: 2:00.00
Final 1/1	3	Sze-To Po Ki	LSKC	
	4	LAW WAI TUNG	CLSMSS	
	5	Wong Hoi Ching	MKPKC	
	6	KWAN TSZ WING	TSWGSS	
	7	SO LOK YIU	CLSMSS	

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Event 9	Boys B Grade 100m Breast Stroke(F)		9:45am
	Record : 1:11.45		Standard: 1:40.00
Heat 1/4	1	FENG HANS	STC
	2	PAN SIMING	TPK
	3	TAM Pak Ho	LUAC
	4	FOK KAI CHI	YYC
	5	Chan Ho Yin	TSWMC
	6	LIU YU SEN	TCSS
	7	TSUI MING CHUN	CLSMSS
Heat 2/4	1	CHUI CHUN HEI	TSTSS
	2	LI CHUN YIN	HYKYL
	3	FUNG KWOK NAM	QESOSA
	4	TANG PAK HO	MKPKC
	5	Cheng Chun Hei	YLPSS
	6	chan ching yin	BHS
	7	Yim Wai Pok	LSKC
Heat 3/4	2	LO LOK HEI	MKPKC
	3	FONG CHUN HEI	TSWGSS
	4	NG JANSON	YDSS
	5	Leung Long Him	GSLC
	6	Tan Haoting	LSKC
	7	MAK PUI HANG	YLPSS
Heat 4/4	2	CHUI HO LAM	YYC
	3	CHAN YU HANG	STC
	4	CHAN CHUN HEI	TSWGSS
	5	WONG CHUN HO	TPK
	6	YAM KA KIN	CLSMSS
	7	LAM KAM SHING	TCSS

Event 10	Girls B Grade 100m Breast Stroke(F)		9:45am
	Record : 1:21.63		Standard: 2:00.00
Heat 1/2	1	YUEN HOI CHING	HYKYL
	2	LONG YU	TCSS
	3	WONG CASSIDY YUET CHUN	STC
	4	WONG TIN YAN	YLPSS
	5	Ho Sum Yau	LSKC
	6	TANG TSZ TUNG	CLSMSS
	7	LEI HIU TUNG ZITA	BBSS
Heat 2/2	1	CHEUNG CHI NGA MELISSA	YLMAS
	2	MAN CHIN TUNG	YLPSS
	3	YUEN HOI YING	CLSMSS
	4	WONG PUI YIU	CYMCASS
	5	TANG YUK KI	TCSS
	6	CUI JESSIE	HYKYL
	7	Yung Tsz Ki	LSKC

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Event 11	Boys C Grade 100m Breast Stroke(F)			9:45am
	Record : 1:15.66		Standard: 1:56.00	
Heat 1/3	1	ZHAO CHUN YU	FYW	
	2	CANONIGO Marcus John De	LUAC	
	3	Lee Ching Ho	LSKC	
	4	LAM YAN CHI	QESOSA	
	5	CHAN YAM LUNG	CLSMSS	
	6	YEUNG CHEUK HONG MATT	TSWGSS	
	7	HO SIU YU	YLPSS	
Heat 2/3	1	KWONG CHI HIN	JCCYL	
	2	LAM WAI TING	HYKYL	
	3	TU HAO RAN	STC	
	4	TSUI PAK LONG	CYMCASS	
	5	WONG CHEUK YAN	TCSS	
	6	TANG HOI YUAN JAMES	CCCKY	
	7	TAM TSZ LOK	MKPKC	
Heat 3/3	2	She Cheuk Him	LSKC	
	3	SO HON LAM	TSWGSS	
	4	CHUNG YIN YU	STC	
	5	YIU Yu Shing	LUAC	
	6	LAU HO HIM MARCUS	MKPKC	
	7	CHENG HO WAN	CLSMSS	

Event 12	Girls C Grade 100m Breast Stroke(F)			9:45am
	Record : 1:17.68		Standard: 2:05.00	
Heat 1/3	1	MOK HOI CHING	BBSS	
	2	LO YI KIU	MKPKC	
	3	Lai Mona	LSKC	
	4	CHENG KA YI	QESOSA	
	5	MA WAI CHING	HYKYL	
	6	TANG YEE KIU	YYC	
	7	NG WING MAN	TCSS	
Heat 2/3	2	Lee Yee Sen	KSLO	
	3	WONG HOU YI	TSTSS	
	4	YEUNG KA HEI	CLSMSS	
	5	TAM YUI	STC	
	6	IP Tsz Ling	LUAC	
	7	TSE CHIN YIU GLORIA	CYMCASS	
Heat 3/3	2	Tang Hayley	LSKC	
	3	YAU PO YING	FYW	
	4	LAM YAN YIU	CYMCASS	
	5	FAN WING TUNG	CLSMSS	
	6	WONG ELAINE YI YIN	HYKYL	
	7	LEUNG PUI YIU	QESOSA	

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Event 13	Boys A Grade 100m Back Stroke(F)		10:45am
	Record : 1:03.45		Standard: 1:40.00
Heat 1/2	1	CAI YUI HANG	TSWGSS
	2	CHENG CHUNG TING	CLSMSS
	3	CHOY HO SUM	YYC
	4	LO Tsun	LUAC
	5	CHEUNG WAI SHING	STC
	6	Pau sai hei	YLMAS
	7	Cheng Kai Ho	LSKC
Heat 2/2	2	ZIN HUI HONG	STC
	3	Chong Tsz Hei Peter	LSKC
	4	Ho Cheuk Hin Ronan	MKPKC
	5	Wu Sheung Yin	FYW
	6	WONG TSZ HIN	CLSMSS
	7	CHAN CHUN LONG	JCCYL

Event 14	Girls A Grade 100m Back Stroke(F)		10:45am
	Record : 1:17.69		Standard: 1:55.00
Heat 1/2	3	NG Sum Yau	YLLSS
	4	Choi Wing Tung	MKPKC
	5	ZHAI MELANIE	YYC
	6	LAI YUET YEE	HYKYL
	7	TAM Ching Kiu	KYWC
Heat 2/2	3	Leung Wing Tung	LSKC
	4	Leung Hiu Tung	PSCSS
	5	LEUNG KA TSUN	CLSMSS
	6	Wong Hoi Ching	MKPKC

Event 15	Boys B Grade 100m Back Stroke(F)		10:45am
	Record : 1:05.94		Standard: 1:42.00
Heat 1/2	3	Fung King Him	GSLC
	4	CHAU KA FU	JCMKEC
	5	WONG Ho Long	KYSSS
	6	TANG Pak San	LUAC
	7	NG PAK HIM	CLSMSS
Heat 2/2	3	CHAN YAT YIN	MKPKC
	4	LEE BRYAN	LKT
	5	Chan Kai Hin	LSKC
	6	LAW CHING HON	CLSMSS
	7	Tang Cheuk Lam	MKPKC

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Event 16	Girls B Grade	100m Back Stroke(F)	10:45am
	Record : 1:13.46	Standard: 1:55.00	
Heat 1/2	2	YUEN TSZ TUNG	LKT
	3	ZHANG ABIGAIL LI EN	HTMS
	4	CHAN KAI UE	HYKYL
	5	LIU WAN YI	YYC
	6	Lam Lok Tung	TSWMC
	7	WAN TSZ KI CATHY	STC
Heat 2/2	2	CHEUNG KA YAN CHLOE	HYKYL
	3	CHU OI YUET	STC
	4	Man Chin Yau	YLPSS
	5	YEUNG SZE YIN	JCMKEC
	6	TAM HAY YAU GENYA	YLMASS
	7	Lam Sum Yui	LSKC
Event 17	Boys C Grade	100m Back Stroke(F)	10:45am
	Record : 1:10.25	Standard: 1:45.00	
Final 1/1	1	Cheung Pak To	MKPKC
	2	WAN CHUN KIU ARCTERYX	TKW
	3	Mok Pak Lai	LSKC
	4	LEUNG TSZ YUK	KYWC
	5	SO YIN MAN	MKPKC
	6	TONG HEI YIN	STC
	7	Tsang Tin Nok	TSWMC
	8	Chow Pak Shun	LSKC
Event 18	Girls C Grade	100m Back Stroke(F)	10:45am
	Record : 1:16.9	Standard: 1:55.00	
Heat 1/2	2	LAU KA WUN	MKPKC
	3	SIN CHUI YU	HYKYL
	4	WONG IN TSENG	QESOSA
	5	LO SUM WING ASHLEY	TSTSS
	6	Chai Yee Tung	BBSS
	7	CHEUNG CHEUK TSZ	YLLSS
Heat 2/2	3	LEUNG TSZ YIN	CLSMSS
	4	NG SUM YAU	FYW
	5	QIN JULIA ZIJUN	CYMCASS
	6	CHEUNG SUET YING	TSWGSS
	7	LEUNG PUI YIU	QESOSA

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Event 19	Boys A Grade	4x50m Free Style Relay(F)	11:10am
	Record : 1:47.12	Standard: 2:15.00	
Heat 1/2	2	YLMASS	
	3	TSWGSS	
	4	TPK	
	5	YDSS	
	6	HYKYL	
	7	LSKC	
Heat 2/2	2	JCCYL	
	3	YYC	
	4	CYMCASS	
	5	CLSMSS	
	6	STC	
	7	QESOSA	
Event 20	Girls A Grade	4x50m Free Style Relay(PRE)	11:10am
	Record : 2:03.48	Standard: 2:50.00	
Heat 1/2	1	JCCYL	
	2	YLPSS	
	3	CLSMSS	
	4	TSWMC	
	5	TPK	
	6	STC	
	7	LSKC	
Heat 2/2	2	TSWGSS	
	3	MKPKC	
	4	CYMCASS	
	5	YLLSS	
	6	TCSS	
	7	QESOSA	
Event 21	Boys B Grade	4x50m Free Style Relay(F)	11:10am
	Record : 1:54.5	Standard: 2:30.00	
Heat 1/3	2	JCCYL	
	3	LUAC	
	4	YYC	
	5	TPK	
	6	STC	
	7	TKW	
Heat 2/3	2	TCSS	
	3	TSWGSS	
	4	CLSMSS	
	5	TSWMC	
	6	YLPSS	
	7	MKPKC	
Heat 3/3	2	FYW	
	3	HYKYL	
	4	QESOSA	
	5	YLMASS	
	6	TSTSS	
	7	LSKC	

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Event 22	Girls B Grade	4x50m Free Style Relay(F)	11:10am
	Record : 2:08.69		Standard: 2:55.00
Heat 1/2	3	TPK	
	4	STC	
	5	LSKC	
	6	CLSMSS	
	7	BBSS	
Heat 2/2	3	HYKYL	
	4	TSWMC	
	5	YLMAS	
	6	YLLSS	
	7	LUAC	

Event 23	Boys C Grade	4x50m Free Style Relay(F)	11:10am
	Record : 2:03.38		Standard: 3:00.00
Heat 1/3	1	YLMAS	
	2	CYMCAS	
	3	TSWMC	
	4	PSCSS	
	5	LUAC	
	6	TCSS	
	7	YYC	
Heat 2/3	2	QESOSA	
	3	LSKC	
	4	LKT	
	5	FYW	
	6	CCCKY	
	7	HTMS	
Heat 3/3	2	MKPKC	
	3	HYKYL	
	4	JCCYL	
	5	CLSMSS	
	6	TPK	
	7	YLPSS	

Event 24	Girls C Grade	4x50m Free Style Relay(F)	11:10am
	Record : 2:12.08		Standard: 3:20.00
Heat 1/2	1	HYKYL	
	2	CLSMSS	
	3	KYWC	
	4	BBSS	
	5	MKPKC	
	6	LUAC	
	7	CYMCAS	
Heat 2/2	2	FYW	
	3	LSKC	
	4	QESOSA	
	5	YYC	
	6	TSWMC	
	7	TPK	

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Event 25	Boys A Grade 50m Free Style(PRE)		2:00pm
	Record : 24.36		Standard: 33.50
Heat 1/4	1	NG YAT LAAM	CYMCASS
	2	CHUNG SHUN HIM	YYC
	3	TANG LAP YAN	GSLC
	4	Tang Cheuk Hin	LSKC
	5	LAM YAU SHING	QESOSA
	6	LEUNG CHEUK HIM	TSTSS
	7	Lam hing ka	CLSMSS
	8	YIP TSZ YUI	KYWC
Heat 2/4	1	HUI SIN LONG MARK	YLMASS
	2	YIP HO FUNG	TCSS
	3	NG MAN HEI	YDSS
	4	CHOI TSZ HUEN	TSWGSS
	5	FOK TSZ LONG	YLPSS
	6	CHAN TSZ SHING	STC
	7	FAN RYAN HANZ	HYKYL
	8	CHAN SIU FUNG	TPK
Heat 3/4	1	CHUNG MAN TSUN	STC
	2	TANG Chun Hin	HYKYL
	3	chan Ho Yiu	FYW
	4	WANG YAOKUN	JCCYL
	5	Cai Chun Yu	TSWMC
	6	Lau Chun Hei	PSCSS
	7	NG TIN YUI	YLMASS
	8	TAM CHEUK HEI	TSWGSS
Heat 4/4	1	HO SIU FUNG	GSLC
	2	Chan Timothy James	LSKC
	3	YIP NGAI	CYMCASS
	4	WONG CHEUK HANG	YDSS
	5	CHUI HO CHIT	YYC
	6	KAN HEI LONG	CLSMSS
	7	TONG CHI HIN	QESOSA

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Event 26	Girls A Grade 50m Free Style(PRE)		2:00pm
	Record : 28.34		Standard: 40.50
Heat 1/4	1	CHEUNG LOK HEI	YLPSS
	2	Chan Sum Yin	QESOSA
	3	WAI SUM YI	CLSMSS
	4	Tsang Tsz Yau	TSWMC
	5	Lo Choi Yau	YLMAS
	6	LOK YING CHI	TSWGSS
	7	LAI YUET YEE	HYKYL
	8	WONG TSZ CHING	TPK
Heat 2/4	1	YIP WAI IU	MKPKC
	2	Ng Ka Yi	LSKC
	3	NG HOI YAN	TCSS
	4	Tse Hayley Hay Yee	CYMCASS
	5	KWONG HAU YI	BBSS
	6	CHUNG Ho Ching	LUAC
	7	Chan Hiu Ki	CLCT
Heat 3/4	1	Hazel Yam	CYMCASS
	2	GADI Grace Akilah	LUAC
	3	WONG Wan Yui	JCCYL
	4	FUNG LOK YIU	HTMS
	5	Pang Hoi Lam	FYW
	6	LING YAN	TSTSS
	7	Cheung Hoi Ting	LSKC
Heat 4/4	1	WONG CHING YU	CLSMSS
	2	Leung Ho In	TSWMC
	3	Wong Nga Ching	FYW
	4	CHEE YUEN KEI	JCCYL
	5	WONG HIU CHING	TPK
	6	LIU SUM YEE	YLPSS
	7	CHAN HEI TUNG	TSWGSS

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Event 27	Boys B Grade	50m Free Style(PRE)	2:00pm
	Record : 25.30		Standard: 36.50
Heat 1/7	1	LEE SHEUNG HONG	KYWC
	2	CHU CHI HIN	PSCSS
	3	TSO WANG CHI	HYKYL
	4	Leung Long Him	GSLC
	5	ZENG, Tsz Huen	CYS
	6	WU JIAJUN	TKW
	7	CHEUNG CHING YU	LKT
	8	LEE PAK SING ANSON	FYW
Heat 2/7	1	LAU PAK HEI	CCCKLC
	2	Huang Jerry	LSKC
	3	CAI ZHOUWANG	QESOSA
	4	ZHAO XINZHU	CCCKY
	5	LAI RUILONG OSCAR	YLLSS
	6	TANG YUI KIU	TSTSS
	7	WONG, Chun Yiu	CLCT
	8	LAU WANG	MKPKC
Heat 3/7	1	MAK HONG WAI	JCCYL
	2	TANG POK MAN	YLPSS
	3	YIP PO HEI	HDC
	4	COLMER WILLIAM	YYC
	5	LAM HO KONG	TPK
	6	LEUNG TING KWAN ANDERS	CYMCASS
	7	CHENG Bo Nam Carson	LUAC
	8	TAM CHIT	STC
Heat 4/7	1	Ching Ho	YLPSS
	2	Chan Lok Yin	TSWMC
	3	WONG SHING HEI	STC
	4	LI SHING YAN	TSWGSS
	5	NG YAT HON HANSON	TCSS
	6	HUANG WEIHAO	HTMS
	7	Chow chun shing	CLSMSS
	8	CHAN WING HANG	JCMKEC
Heat 5/7	1	DENG WAI	HDC
	2	CHNA PAK LUN JASPER	YYC
	3	LAI LOK YIN	CLSMSS
	4	CHUNG HO YIN JASON	HTMS
	5	LEE FUNG	TSWGSS
	6	MAN Yau Ching	LUAC
	7	CHAN SIU KI	TPK
Heat 6/7	1	CHEUNG TIN YU	TSTSS
	2	WONG KI FUNG	QESOSA
	3	LAU CHUN MING	FYW
	4	HUANG ZHICHENG	CCCKLC
	5	Chan Kai Hin	LSKC
	6	CHAN YIN POK	MKPKC
	7	Choi Chun Hei Edgar	CCCKY
Heat 7/7	1	WONG TING HONG	HYKYL
	2	Fan Pak Hei	GSLC
	3	YU TSUN HANG MARSTON	TKW
	4	TANG HO TSUN	PSCSS
	5	CHOI YIU LONG	LKT
	6	KO PAK HIM LOUIS	KYWC
	7	TANG Kwan Yuet	CYS

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Event 28	Girls B Grade	50m Free Style(PRE)	2:00pm
Record : 27.94		Standard: 44.00	
Heat 1/5	1	LEUNG SIN HANG	FYW
	2	LI SUM YAU	YLPSS
	3	ZHANG XINYI	BBSS
	4	CHEN XI	QESOSA
	5	CHEUNG SHU HANG PERLA	HYKYL
	6	MO YUEN YING	TPK
	7	LIU Anya	LUAC
Heat 2/5	1	CHU KRISLY	TSTSS
	2	SIT OI LAM	STC
	3	LEUNG PING PING	HTMS
	4	TSANG SZE TING	YYC
	5	KWONG SZE WING	PSCSS
	6	LAU YUET YING	CYMCASS
	7	Lau Lok Yi	LSKC
Heat 3/5	1	LAM, Hei Man	JCMKEC
	2	TANG YUK KI	TCSS
	3	Tsang Yuen Ling	TSWMC
	4	CHUNG HOI YING ANGEL	YLLSS
	5	SIU HAU CHING	CLSMSS
	6	CHAN CHING NGAN	YDSS
	7	CHAN NGA NAM	YLMASS
Heat 4/5	1	CHAN CHEUK KIU	CYMCASS
	2	Lam Sum Yui	LSKC
	3	LAM HONG KIU	YDSS
	4	LAI YUET YI YULIANA	CLSMSS
	5	Lau Hiu Ue	YLLSS
	6	Cai Xinyu	TSWMC
	7	CHOO YE ERL EVA	STC
Heat 5/5	1	CHEUNG HEIDI	QESOSA
	2	CHEUNG WAI KEI	HYKYL
	3	Chen Yanxin	FYW
	4	CHEUNG CHING TUNG	HTMS
	5	Man Ching	YLPSS
	6	YU Tsz Wai Abella	LUAC
	7	TANG KA YEE	TPK

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Event 29	Boys C Grade 50m Free Style(PRE)		2:00pm
	Record : 26.36		Standard: 43.50
Heat 1/7	1	CHAN CHEUK LAI	PSCSS
	2	YEUNG KASPAR	HYKYL
	3	CHENG SIU FAI	TPK
	4	PUN BISHWASH	CCCKLC
	5	Man Wing Kin	LSKC
	6	YEUNG CHEUK HONG MATT	TSWGSS
	7	YEUNG WIK SAN VINCENT	YDSS
	8	LAU HOK SUM	CYS
Heat 2/7	1	CHONG HOI HIM	YLLSS
	2	LIEM KING WANG	KYSSS
	3	LI TSZ LOK	QESOSA
	4	LO HO YUEN BYRON	CLSMSS
	5	TAM HO TIN	LKT
	6	YUEN MING HO	TCSS
	7	TAM KING YU	JCCYL
Heat 3/7	1	NG CHUN TING	MKPKC
	2	Chang Yat Sing	FYW
	3	TSUI PAK LONG	CYMCASS
	4	CHENG Chung Nam Castle	LUAC
	5	TANG CHI NOK	STC
	6	NING MIO B	KYWC
	7	SHI MING HO	YYC
Heat 4/7	1	WONG CHUNG HONG	YLPSS
	2	LAU PAK YU	YLMAS
	3	NG CHEUK FUNG	JCMKEC
	4	CHAN KWAN KIT	CCCKY
	5	ZENG HAORAN	TKW
	6	TANG CHI FUNG TIMOTHY	HTMS
	7	Wong Chun Hei	TSWMC
Heat 5/7	1	HO WAN LUNG IAN	FYW
	2	Cheung Kwai Hei	MKPKC
	3	MAN HO NAM	HDC
	4	KWOK TIN NOK	YLMAS
	5	LEUNG WAN SHUN	HTMS
	6	HO TSING YIN	CCCKY
	7	TAI WAI TIK	JCMKEC
Heat 6/7	1	WU CHING YEUNG JACKIE	CLSMSS
	2	ZHONG YUANHANG	LKT
	3	TSANG CHI YUI	YYC
	4	LAM YUNG ADAM	KYWC
	5	LI Yi Hang Evan	LUAC
	6	LAI YIK HEI MOSES	CYMCASS
	7	LAM KI CHAK	TCSS
Heat 7/7	1	CHEUK MAN KIT	TPK
	2	YUNG HIU LOK	CCCKLC
	3	SO HON LAM	TSWGSS
	4	WOO YUI HONG	PSCSS
	5	KWOK KEI CHAK	HYKYL
	6	MAK TSZ YIN	QESOSA
	7	She Cheuk Him	LSKC

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Event 30	Girls C Grade	50m Free Style(PRE)	2:00pm
	Record : 28.46		Standard: 50.00
Heat 1/6	1	NG CHEUK LAM	CCCKLC
	2	NG HOI YAN	HTMS
	3	HO TSZ YEE	JCMKEC
	4	PUN HUNG WING	JCCYL
	5	Wong Sze Wing	TSWMC
	6	WONG WING SAN	YLMAS
	7	HO TSZ KI	KYWC
Heat 2/6	1	LEE KA YI	HYKYL
	2	Yuen Sum Yau	LSKC
	3	LEE CHEUK YING	MKPKC
	4	PANG HAY SEN	CYMCASS
	5	TAI HEI YU	FYW
	6	CHEUNG SUET YING	TSWGSS
	7	WONG Yee Ching	LUAC
Heat 3/6	1	Wong Tsz Ching	BBSS
	2	KAN HEI YIU KAYLEY	TKW
	3	LEUNG YIU CHING	CLSMSS
	4	Choy Hoi Ki	GSLC
	5	CHAN NGA KI	YDSS
	6	HO JUNE YEE FEI	YYC
	7	FUNG YAT SUM	QESOSA
Heat 4/6	1	LEE YAN YUI	YDSS
	2	LEUNG HOI CHING	QESOSA
	3	NG HEI KIU	TPK
	4	FAN HEI YIN	TSTSS
	5	LEE HOI YAN	YLPSS
	6	REITZEL Quinn Connor	BBSS
	7	CHAN HEI TUNG	TKW
Heat 5/6	1	MAK KA HEI	CYMCASS
	2	LEUNG YUEN HEI	FYW
	3	WONG Scarlett Sum Tung	LUAC
	4	LEUNG WAI KIU	CLSMSS
	5	WONG ELAINE YI YIN	HYKYL
	6	Siu Hau Ching	LSKC
	7	CHOY HOI TING	TSTSS
Heat 6/6	2	HUNG LOK YI	JCMKEC
	3	HO PUI CHING	KYWC
	4	CHAN TSZ UE	MKPKC
	5	CHAN CHI YAU	YLMAS
	6	Cheung Hoi Ching	TSWMC
	7	CHOW YUEN TUNG	JCCYL

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Event 31	Boys A Grade	50m Breast Stroke (PRE)	2:45pm
	Record : 30.31		Standard: 45.00
Heat 1/4	1	YEUNG KASEY	HYKYL
	2	TO CHUN CARL	STC
	3	LIU YUHANG	TPK
	4	Poon pak hei	CLSMSS
	5	YIP HO FUNG	TCSS
	6	KAN PAK HEI	JCCYL
	7	WONG CHEUK HANG	YDSS
Heat 2/4	1	LEUNG SHING LONG	YYC
	2	TANG TSZ HEI	YLPSS
	3	Tang Cheuk Hin	LSKC
	4	TANG CHO NGAI	TKW
	5	CHOI TSZ HUEN	TSWGSS
	6	Tsui Tsun Sing	CYMCASS
	7	CHAN SZE LOK	HDC
Heat 3/4	2	CHAN LAP SAN	HYKYL
	3	YIP NGAI	CYMCASS
	4	LAI HIU TUNG	KYWC
	5	chan Ho Yiu	FYW
	6	LIN KEN	YLMASS
	7	Lam Ho Yin Oliver	LSKC
Heat 4/4	2	LIU HO PAN	TPK
	3	YIP TSZ YUI	KYWC
	4	Chen yu hin	YLMASS
	5	HO CHEUK HANG	STC
	6	NG MAN HEI	YDSS
	7	TSO WANG TAT	CLSMSS

Event 32	Girls A Grade	50m Breast Stroke (PRE)	2:45pm
	Record : 36.00		Standard: 55.00
Heat 1/3	2	LIU SUM YEE	YLPSS
	3	LEUNG HEI TUNG ASHLEY	TPK
	4	YIP WAI IU	MKPKC
	5	FUNG LOK YIU	HTMS
	6	Chui Tsz Ying	TSWMC
	7	Chan Hiu Ki	CLCT
Heat 2/3	2	Cheung Hoi Ting	LSKC
	3	HONG TZE KIU	TSWGSS
	4	LEUNG YING YING	HDC
	5	CHAN YAN KI	STC
	6	HUANG YUEN KWAN	JCCYL
	7	CHOW CHEUK YING	CLSMSS
Heat 3/3	2	WONG HIU CHING	TPK
	3	Leung Ho In	TSWMC
	4	LEUNG KA TSUN	CLSMSS
	5	YEUNG HOI CHING	TSWGSS
	6	Wong Nga Ching	FYW
	7	Lee Sam Yau	MKPKC

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Event 33	Boys B Grade	50m Breast Stroke (PRE)	2:45pm
	Record : 31.84		Standard: 47.50
Heat 1/6	1	WEI CHING CHAK	TSWGSS
	2	FOK KAI CHI	YYC
	3	MAK PUI HANG	YLPSS
	4	FUNG KWOK NAM	QESOSA
	5	LAU CHU MING	STC
	6	TANG PAK HO	MKPKC
	7	Tso Kai Hsin	LSKC
Heat 2/6	1	LI SZE HANG	YLMASS
	2	Chow chun shing	CLSMSS
	3	WAN CHEUK KEI	JCCYL
	4	NG JANSON	YDSS
	5	WU JIAJUN	TKW
	6	CHEN YUK MING	TSTSS
	7	CHAN SIU KI	TPK
Heat 3/6	1	NG YAT HON HANSON	TCSS
	2	YU ANDY	HYKYL
	3	TSE WAN TIK	YLLSS
	4	LAU PAK HEI	CCCKLC
	5	Chan Ho Yin	TSWMC
	6	LAU CHUN MING	FYW
	7	CHAN Wing Yin Kaza	LUAC
Heat 4/6	1	LEUNG TSUN HEI	FYW
	2	TAM Pak Ho	LUAC
	3	chan ching yin	BHS
	4	Fung King Him	GSLC
	5	CHU CHI HIN	PSCSS
	6	LIU YU SEN	TCSS
	7	WONG TING HONG	HYKYL
Heat 5/6	1	CHU DANIEL KOFI	JCCYL
	2	WONG WAI WA	TKW
	3	TONG KWOK WAI	TPK
	4	Cheung Chung Shun	TSWMC
	5	TSUI KING TANG	YLMASS
	6	Sy long	CLSMSS
	7	TANG HO TSUN	PSCSS
Heat 6/6	1	Cheng Chun Hei	YLPSS
	2	TSANG CHUN NOK	QESOSA
	3	FAN TSZ HO	MKPKC
	4	COLMER WILLIAM	YYC
	5	Tan Haoting	LSKC
	6	FONG CHUN HEI	TSWGSS
	7	CHAN YU HANG	STC

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Event 34	Girls B Grade	50m Breast Stroke (PRE)	2:45pm
	Record : 35.36		Standard: 58.50
Heat 1/3	1	Ho Sum Yau	LSKC
	2	CUI JESSIE	HYKYL
	3	WONG Ching Yan	LUAC
	4	Cai Xinyu	TSWMC
	5	CHEUNG CHI NGA MELISSA	YLMASS
	6	TANG KA YEE	TPK
	7	LEUNG SIN HANG	FYW
	8	WONG TIN YAN	YLPSS
Heat 2/3	1	KWONG SZE WING	PSCSS
	2	Wong Hiu Yung	YLLSS
	3	TSE CHEUK WING	CLSMSS
	4	LEI HIU TUNG ZITA	BBSS
	5	CHAN CHING NGAN	YDSS
	6	YEUNG SZE YIN	JCMKEC
	7	WAN TSZ KI CATHY	STC
	8	ZHANG ABIGAIL LI EN	HTMS
Heat 3/3	1	CHAN NGA NAM	YLMASS
	2	LEUNG MAN CHING	TPK
	3	Mak Tsz Ki	GSLC
	4	LONG YU	TCSS
	5	CHAN PUI YI	CLSMSS
	6	MAN CHIN TUNG	YLPSS
	7	Yung Tsz Ki	LSKC
	8	WONG Jasmine Luis	LUAC

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Event 35	Boys C Grade	50m Breast Stroke (PRE)	2:45pm
	Record : 33.82		Standard: 55.50
Heat 1/5	1	TANG HOI YUAN JAMES	CCCKY
	2	LAM WAI TING	HYKYL
	3	YAM Pak Yu Jesper	LUAC
	4	TAM TSZ LOK	MKPKC
	5	WONG YIU HIN	QESOSA
	6	LAI YIK HEI MOSES	CYMCASS
	7	Chang Yat Sing	FYW
	8	CHAN YAM LUNG	CLSMSS
Heat 2/5	1	WONG YIK LAM	YDSS
	2	CHEUNG PAK LUN	LKT
	3	Yiu Clifton Ho Ching	LSKC
	4	YUNG HIU LOK	CCCKLC
	5	ZENG HAORAN	TKW
	6	LEE YIN FUNG	YLPSS
	7	KWOK TIN NOK	YLMASS
	8	WOO YUI HONG	PSCSS
Heat 3/5	1	KWOK HO TING	TPK
	2	TSANG CHI YUI	YYC
	3	HO HO FUNG	YLCSS
	4	TU HAO RAN	STC
	5	POK TZE KIT	TCSS
	6	MAK TSZ HIN	KYSSS
	7	Lee Man Hei Elvis	TSWMC
Heat 4/5	1	Liang Yangjun	LSKC
	2	WONG CHEUK YAN	TCSS
	3	Wong Chun Hei	TSWMC
	4	SHUM CHUN ON	JCMKEC
	5	CHONG HOI HIM	YLLSS
	6	NG SZE YUI	TPK
	7	TAM KING YU	JCCYL
Heat 5/5	1	WONG Pak Qiu Anton	LUAC
	2	NG CHUN TING	MKPKC
	3	CAO RUICHENG	YDSS
	4	CHAN PUI HIM	LKT
	5	HO SIU YU	YLPSS
	6	CHENG HO WAN	CLSMSS
	7	CHEUNG WANG SING	QESOSA

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Event 36	Girls C Grade	50m Breast Stroke(PRE)	2:45pm
Record : 36.32		Standard: 1:04.00	
Heat 1/4	1	Cheung Hoi Ching	TSWMC
	2	Chan Shuk Man	CLSMSS
	3	LEUNG YUEN HEI	FYW
	4	PANG HAY SEN	CYMCASS
	5	CHAN CHI YAU	YLMASS
	6	Fu Jiayi	LSKC
	7	WONG Scarlett Sum Tung	LUAC
	8	CHAN HEI TUNG	TKW
Heat 2/4	1	MOK HOI CHING	BBSS
	2	HO TSZ KI	KYWC
	3	HO JUNE YEE FEI	YYC
	4	Lee Yee Sen	KSLO
	5	NG SIN YEE	TPK
	6	CHUNG SZE WING	QESOSA
	7	SIN CHUI YU	HYKYL
	8	TAM YUI	STC
Heat 3/4	1	NG CHIU YEE	HYKYL
	2	WONG TSZ SHAN QIANA	YDSS
	3	YIP KA YI	KYWC
	4	CHAN TSZ UE	MKPKC
	5	WONG CHEUK YING	TSTSS
	6	TANG SUM YAU	YLLSS
	7	Cheng Yan YU	BBSS
	8	SO NA ELVA	QESOSA
Heat 4/4	1	YAU PO YING	FYW
	2	WONG CIRCLE	CYMCASS
	3	Lam Tsz Nga	LSKC
	4	FAN WING TUNG	CLSMSS
	5	WONG Yee Ching	LUAC
	6	WONG HOU YI	TSTSS
	7	MAK YU HUEN ANGEL	YLMASS

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Event 37	Boys A Grade	50m Back Stroke (PRE)	3:30pm
	Record : 28.87		Standard: 42.00
Heat 1/2	1	Pau sai hei	YLMAS
	2	Cheng Kai Ho	LSKC
	3	Li Nok Hei , renton	CYMCASS
	4	CAI YUI HANG	TSWGSS
	5	CHENG CHUNG TING	CLSMSS
	6	LEUNG Kwan Ko	TKW
	7	LEUNG CHEUK HIM	TSTSS
Heat 2/2	2	HO SIU FUNG	GSLC
	3	Lam Ho Yin Oliver	LSKC
	4	FOK TSZ LONG	YLPSS
	5	HO SIU LONG	QESOSA
	6	ZHAO Sihan	LUAC
	7	WONG TSZ HIN	CLSMSS

Event 38	Girls A Grade	50m Back Stroke (PRE)	3:30pm
	Record : 34.14		Standard: 48.00
Heat 1/2	1	FU Chong Nga	LUAC
	2	YEUNG PO KWAN	CLSMSS
	3	Chui Tsz Ying	TSWMC
	4	TAM Ching Kiu	KYWC
	5	Ho Sum Chi	PSCSS
	6	WONG Wan Yui	JCCYL
	7	Leung Wing Tung	LSKC
Heat 2/2	2	Chan Lok Yan	TSWMC
	3	HONG TZE KIU	TSWGSS
	4	NG Sum Yau	YLLSS
	5	LEUNG HEI TUNG ASHLEY	TPK
	6	WAI SUM YI	CLSMSS
	7	Leung Hiu Tung	PSCSS

Event 39	Boys B Grade	50m Back Stroke (PRE)	3:30pm
	Record : 29.28		Standard: 43.00
Heat 1/3	1	Chan Lok Yin	TSWMC
	2	LEUNG TING KWAN ANDERS	CYMCASS
	3	SUNG PUN YAT KINGSLEY	HYKYL
	4	CHENG Bo Nam Carson	LUAC
	5	WONG Ho Long	KYSSS
	6	CHEN YUK MING	TSTSS
	7	CHAN YAT YIN	MKPKC
	8	Leung Wing Hoi	FYW
Heat 2/3	1	CHAU KA FU	JCMKEC
	2	NG PAK HIM	CLSMSS
	3	CHAN LAP YIN AVIN	CCCKLC
	4	Yan Yu Kiu	LSKC
	5	TANG Kwan Yuet	CYS
	6	CHENG CHUN FAI	TPK
	7	CHAN KWAN HO	QESOSA
	8	CHAN LOK SUM	BBSS
Heat 3/3	1	Tang Cheuk Lam	MKPKC
	2	YAN YEE SHUN	JCCYL
	3	AU TSUN HEI	CYMCASS
	4	LAW CHING HON	CLSMSS
	5	LAM HO KONG	TPK
	6	Kong Tin	LSKC
	7	Cheung Chung Shun	TSWMC
	8	CHAN Wing Yin Kaza	LUAC

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Event 40	Girls B Grade	50m Back Stroke (PRE)	3:30pm
	Record : 32.96	Standard: 50.00	
Heat 1/3	1	Man Ching	YLPSS
	2	Lam Lok Tung	TSWMC
	3	LIU Anya	LUAC
	4	CHEUNG KA YAN CHLOE	HYKYL
	5	HUI YIK SUM	PSCSS
	6	FUNG WAN YIU	YDSS
	7	On Sing Nga	LSKC
Heat 2/3	1	LUI, Hoi Lam	CYS
	2	TANG LAP YEE	CYMCASS
	3	WONG TSZ YING	HTMS
	4	CHU OI YUET	STC
	5	CHAN HEI TUNG	YLLSS
	6	LAI YUET YI YULIANA	CLSMSS
	7	TAM HAY YAU GENYA	YLMASS
Heat 3/3	1	YU Tsz Wai Abella	LUAC
	2	CHAN KAI UE	HYKYL
	3	Man Chin Yau	YLPSS
	4	NG KEI YI	CLSMSS
	5	WONG CASSIDY YUET CHUN	STC
	6	LEUNG PING PING	HTMS
	7	YUEN TSZ TUNG	LKT

Event 41	Boys C Grade	50m Back Stroke (PRE)	3:30pm
	Record : 31.76	Standard: 50.00	
Heat 1/3	1	LAU HOK SUM	CYS
	2	TSUI YIM CHYUN	YYC
	3	MOK KA KIU	QESOSA
	4	LAM YUNG ADAM	KYWC
	5	SO YIN MAN	MKPKC
	6	LAU PAK YU	YLMASS
	7	WU KA CHUN JASON	PSCSS
Heat 2/3	1	TONG HEI YIN	STC
	2	YIU Yu Shing	LUAC
	3	WAN CHUN KIU ARCTERYX	TKW
	4	NG CHEUK FUNG	JCMKEC
	5	Tsang Tin Nok	TSWMC
	6	WONG CHUN YUI	LKT
	7	Liang Yangjun	LSKC
Heat 3/3	2	CHAN KEI HEI KYLE	QESOSA
	3	MAK TSZ HIN	KYSSS
	4	PUN BISHWASH	CCCKLC
	5	CHENG Chung Nam Castle	LUAC
	6	Cheung Pak To	MKPKC
	7	LEUNG TSZ YUK	KYWC

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Event 42	Girls C Grade	50m Back Stroke (PRE)	3:30pm
	Record : 34.10	Standard: 55.00	
Heat 1/3	1	CHEUNG CHEUK TSZ	YLLSS
	2	HO TSZ YEE	JCMKEC
	3	Wong Tsz Ham	GSLC
	4	Chai Yee Tung	BBSS
	5	Beverly Genesis	LSKC
	6	WONG IN TSENG	QESOSA
	7	PANG SIN MAN	HYKYL
Heat 2/3	1	LAM CHING TUNG	PSCSS
	2	QIN JULIA ZIJUN	CYMCASS
	3	CHAN Tsz Ching	LUAC
	4	PHANG XIN LE	CLSMSS
	5	NG CHEUK LAM	CCCKLC
	6	Wong Sze Wing	TSWMC
	7	LO SUM WING ASHLEY	TSTSS
Heat 3/3	1	Choy Hoi Ki	GSLC
	2	Lam Tsz Nga	LSKC
	3	LEE HOI YAN	YLPSS
	4	CHAN WING TUNG	TSTSS
	5	Leung Hoi Ying	TSWMC
	6	TANG SUM YAU	YLLSS
	7	KWOK MAN HEI	QESOSA
Event 43	Boys A Grade	50m Butterfly (PRE)	4:00pm
	Record : 26.35	Standard: 36.00	
Heat 1/3	2	Cai Chun Yu	TSWMC
	3	Yau Lik Hang	YLLSS
	4	CHUI HO CHIT	YYC
	5	LI CHUN TUNG	JCMKEC
	6	CHAN PAK NAM	HDC
	7	LAU CHEUK KIU	MKPKC
Heat 2/3	2	AU-YEUNG TSZ POK	YDSS
	3	TONG CHI HIN	QESOSA
	4	Fong Chun Fai	KYWC
	5	Cheng Ho Tin	LSKC
	6	NG SHING HEI DANIEL	YLPSS
	7	CHAN SIU FUNG	TPK
Heat 3/3	3	ZHAN WEI FENG JAMES	TSWGSS
	4	LEUNG Kwan Ko	TKW
	5	ZHAO Sihan	LUAC
	6	HO SIU LONG	QESOSA
	7	CHAN FAI WING	HDC
Event 44	Girls A Grade	50m Butterfly (Straight Final)	2:15pm
	Record : 30.78	Standard: 43.00	

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Event 45	Boys B Grade	50m Butterfly(PRE)	4:00pm
	Record : 26.92		Standard: 37.80
Heat 1/4	1	DENG WAI	HDC
	2	LIU Hin Nam	CYS
	3	Leung Wing Hoi	FYW
	4	Chan Chung Hei	LSKC
	5	CHAN WING HANG	JCMKEC
	6	LEE TSZ KONG	TPK
	7	Fan Pak Hei	GSLC
Heat 2/4	1	LEE SHEUNG HONG	KYWC
	2	CHEUNG CHING YU	LKT
	3	CHAN WAI YU	CLSMSS
	4	WONG SHING HEI	STC
	5	SO Chun Kiu Jarvis	LUAC
	6	TANG POK MAN	YLPSS
	7	YIP NGO HEI	HYKYL
Heat 3/4	1	LI CHUN HEI	CCCKLC
	2	WONG, Chun Yiu	CLCT
	3	KO PAK HIM LOUIS	KYWC
	4	Cheung Ho Chinh	TSWMC
	5	CHAN LOK SUM	BBSS
	6	LI SZE HANG	YLMAS
	7	CHU PAAK LAM OTTO	KYSSS
Heat 4/4	2	LEUNG TSUN HEI	FYW
	3	TSO WANG CHI	HYKYL
	4	CHAN Chun Yat	LUAC
	5	LAU YU WAI	STC
	6	LEE CHAK HEI HAYWOOD	CLSMSS
	7	Huang Jerry	LSKC
Event 46	Girls B Grade	50m Butterfly(Straight Final)	2:15pm
	Record : 30.69		Standard: 46.00
Event 47	Boys C Grade	50m Butterfly(PRE)	4:00pm
	Record : 28.80		Standard: 46.00
Heat 1/3	2	LI TSZ LOK	QESOSA
	3	Lee Tin Lok	LSKC
	4	LEUNG WAN SHUN	HTMS
	5	LO HO YUEN BYRON	CLSMSS
	6	LAM KI CHAK	TCSS
	7	WONG LOK YAN JAKE	MKPKC
Heat 2/3	2	FOK MAN CHUN	CYMCASS
	3	MAN LOK TIN MIKE	PSCSS
	4	MAN HO NAM	HDC
	5	ZHONG YUANHANG	LKT
	6	WONG CHUN HIN	CCCKY
	7	CHOI TIN HEI RYDER	YDSS
Heat 3/3	3	CHUNG YIN YU	STC
	4	MAK TSZ YIN	QESOSA
	5	Ng Shing Hin Jacob	MKPKC
	6	TANG CHI FUNG TIMOTHY	HTMS
	7	Mok Pak Lai	LSKC
Event 87	Girls C Grade	50m Butterfly(Straight Final)	2:15pm
	Record : 31.27		Standard: 49.00

End of Day One

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Event 49	Boys A Grade 200m Free Style(F)			9:15am
	Record : 2:07.48			Standard: 3:00.00
Heat 1/3	2	LAI BERNARD	STC	
	3	WANG HO CHING	KYSSS	
	4	NG TIN YUI	YLMASS	
	5	Yau Lik Hang	YLLSS	
	6	PANG CHEUK HEI	TPK	
	7	Tsui yat fung	CLSMSS	
Heat 2/3	2	Wu Chi	LSKC	
	3	SUNG CHEUK KIU	YLCSS	
	4	CHAN PAK NAM	HDC	
	5	HO SIU KONG	YDSS	
	6	CHAN CHUN LONG	JCCYL	
	7	Man Pak Lam Cass	PSCSS	
Heat 3/3	2	YIP WING CHUN	YLMASS	
	3	TAI KA CHUNG	CLSMSS	
	4	ON SING POK	CYMCASS	
	5	Chong Tsz Hei Peter	LSKC	
	6	CHAN TSZ SHING	STC	
	7	Ng Cheuk Kiu	CCCKY	
Event 50	Girls A Grade 200m Free Style(F)			9:15am
	Record : 2:24.58			Standard: 3:25.00
Final 1/1	1	LEE NOK YI	CLSMSS	
	2	SO KA CHING	LKT	
	3	CHAN YI CHUN	YYC	
	4	CHOW CHEUK YING	CLSMSS	
	5	LING YAN	TSTSS	
	6	KWONG HAU YI	BBSS	
	7	LI TSZ YAU	TSWGSS	

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Event 51	Boys B Grade	200m Free Style(PRE)	9:15am
	Record	: 2:02.16	Standard: 3:00.00
Heat 1/3	1	LEE TSZ WAI	TPK
	2	Ma William	LSKC
	3	Yu chi lap	CLSMSS
	4	YIU MING HEY	TCSS
	5	TANG ON CHAK	STC
	6	SO KA LONG	LKT
	7	LI MIN POK	CCCKLC
Heat 2/3	2	Cheung Ho Chinh	TSWMC
	3	CHANG HAO CHE	TKW
	4	Sung Pak Kiu	YLPSS
	5	YAN YEE SHUN	JCCYL
	6	CHEUNG TSZ WUN XAVIER	MKPKC
	7	LI CHEUK HEI	YYC
Heat 3/3	2	CHAN YU LUN	CLSMSS
	3	TANG Pak San	LUAC
	4	LO LOK HEI	MKPKC
	5	Tso Kai Hsin	LSKC
	6	LI CHUN HEI	CCCKLC
	7	LAU YU WAI	STC
Event 52	Girls B Grade	200m Free Style(F)	9:15am
	Record	: 2:18.23	Standard: 3:30.00
Final 1/1	1	CHAN HIU TUNG HENRIETTA PSCSS	
	2	MO YUEN YING	TPK
	3	CHAN PUI YI	CLSMSS
	4	CHEUNG HEIDI	QESOSA
	5	Chan Lai Chak	TSWMC
	6	CHAN CHEUK KIU	CYMCASS
	7	LUI PUI YIU CYRENE	HYKYL
Event 53	Boys C Grade	200m Free Style(F)	9:15am
	Record	: 2:13.7	Standard: 3:20.00
Final 1/1	1	CHAN OI HEI	JCCYL
	2	CHEUNG HOU FAN	YLPSS
	3	Hung Lorres	LSKC
	4	WONG LOK YAN JAKE	MKPKC
	5	MAN LOK TIN MIKE	PSCSS
	6	NG TSZ WAI	TPK
	7	LAM TSZ SHUN	JCCYL
	8	Man Wing Kin	LSKC

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Event 54	Girls C Grade	200m Free Style(F)	9:15am
	Record	: 2:22.76	Standard: 3:40.00
Heat 1/2	2	LEUNG TSZ YIN	CLSMSS
	3	FUNG YUET	YLCSS
	4	LEE Cheuk Tung	TSWMC
	5	LO YUET YIU	CYMCASS
	6	TANG YEE KIU	YYC
	7	CHAN YI TUNG	HYKYL
Heat 2/2	3	LAU KA WUN	MKPKC
	4	SO MAN KIU	PSCSS
	5	FONG WING TUNG	CLSMSS
	6	TANG SUM YUET	HYKYL
	7	CHAN CHIN YUI	YYC
Event 55	Boys A Grade	200m Individual Medley(F)	10:00am
	Record	: 2:19.07	Standard: 3:30.00
Final 1/1	3	Cheng Ho Tin	LSKC
	4	Wu Sheung Yin	FYW
	5	Lo ngai yu	YLMASS
	6	SUNG CHEUK KIU	YLCSS
Event 56	Girls A Grade	200m Individual Medley(F)	10:00am
	Record	: 2:39.16	Standard: 3:40.00
Final 1/1	3	CHAN YI CHUN	YYC
	4	FONG SIN KA	CLSMSS
	5	ZHAI MELANIE	YYC
Event 57	Boys B Grade	200m Individual Medley(F)	10:00am
	Record	: 2:17.87	Standard: 3:35.00
Final 1/1	2	Chan Chung Hei	LSKC
	3	Sy long	CLSMSS
	4	LIU Hin Nam	CYS
	5	Li min pok	CCCKLC
	6	Ching Ho	YLPSS
	7	Cheung Ethan Chi Heng	TSWMC
Event 58	Girls B Grade	200m Individual Medley(F)	10:00am
	Record	: 2:32.75	Standard: 3:45.00
Final 1/1	3	CHAN KAI YIN	HYKYL
	4	ZHANG XINYI	BBSS
	5	Lau Lok Yi	LSKC
	6	ZHU YUANYUAN	STC
	7	LEUNG MAN CHING	TPK

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Event 59	Boys C Grade	200m Individual Medley(F)	10:00am
	Record	: 2:31.45	Standard: 3:40.00
Final 1/1	2	FOK MAN CHUN	CYMCASS
	3	WONG CHUNG HONG	YLPSS
	4	Chow Pak Shun	LSKC
	5	WU KA CHUN JASON	PSCSS
	6	LEUNG CHEUK WANG	CYMCASS
	7	CHAN CHEUK LAI	PSCSS
Event 60	Girls C Grade	200m Individual Medley(F)	10:00am
	Record	: 2:42.96	Standard: 4:00.00
Final 1/1	1	Tang Hayley	LSKC
	2	Wong Tsz Ham	GSLC
	3	MA WAI CHING	HYKYL
	4	LAM CHING TUNG	PSCSS
	5	Ye Jennifer	LSKC
	6	LAM YAN YIU	CYMCASS
	7	Wong Wing Shan Mavis	MKPKC
Event 61	Boys A Grade	200m Breast Stroke(F)	10:45am
	Record	: 2:36.57	Standard: 3:40.00
Heat 1/2	1	LAM PING YIN	BBSS
	2	CHAN FAI WING	HDC
	3	NG CHUN NAM	TPK
	4	Ho Cheuk Hin Ronan	MKPKC
	5	CHEUNG WAI SHING	STC
	6	TSO CHING HEI	HYKYL
	7	TANG CHO NGAI	TKW
Heat 2/2	2	ZIN HUI HONG	STC
	3	WONG CHEUK SING	QESOSA
	4	LEUNG SHING LONG	YYC
	5	TSO WANG TAT	CLSMSS
	6	HUANG TIAN YU	TSWGSS
	7	YEUNG KASEY	HYKYL
Event 62	Girls A Grade	200m Breast Stroke(F)	10:45am
	Record	: 3:07.47	Standard: 4:20.00
Final 1/1	3	LAW WAI TUNG	CLSMSS
	4	Sze-To Po Ki	LSKC
	5	NG HOI YAN	TCSS
	6	LEUNG YING YING	HDC
	7	Lee Sam Yau	MKPKC

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Event 63	Boys B Grade	200m Breast Stroke(F)	10:45am
	Record : 2:36.7	Standard: 3:50.00	
Heat 1/2	1	LEE BRYAN	LKT
	2	LI CHUN YIN	HYKYL
	3	CHUI HO LAM	YYC
	4	TSUI MING CHUN	CLSMSS
	5	FENG HANS	STC
	6	Kong Tin	LSKC
	7	CHAN CHUN HEI	TSWGSS
Heat 2/2	2	YAM KA KIN	CLSMSS
	3	WAN CHEUK KEI	JCCYL
	4	LAM KAM SHING	TCSS
	5	Choi Chun Hei Edgar	CCCKY
	6	WONG CHUN HO	TPK
	7	Yim Wai Pok	LSKC
Event 64	Girls B Grade	200m Breast Stroke(F)	10:45am
	Record : 2:53.06	Standard: 4:20.00	
Heat 1/2	3	YUEN HOI YING	CLSMSS
	4	Mak Tsz Ki	GSLC
	5	NG PUI LAM	BBSS
	6	WONG PUI YIU	CYMCASS
	7	YUEN HOI CHING	HYKYL
Heat 2/2	3	LUI CHIU YI	STC
	4	CHAN HEI TUNG	YLLSS
	5	Saeed Saima	YLPSS
	6	CHAN KAI YIN	HYKYL
	7	TANG TSZ TUNG	CLSMSS
Event 65	Boys C Grade	200m Breast Stroke(F)	10:45am
	Record : 2:43.66	Standard: 4:10.00	
Heat 1/2	3	WU YAU CHING	MKPKC
	4	SHEK YIN SUM	CLSMSS
	5	POON SZE SHING	STC
	6	LEE YIN FUNG	YLPSS
	7	Lee Man Hei Elvis	TSWMC
Heat 2/2	3	LIEM KING WANG	KYSSS
	4	KWONG CHI HIN	JCCYL
	5	LAU HO HIM MARCUS	MKPKC
	6	Yiu Clifton Ho Ching	LSKC

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Event 66	Girls C Grade	200m Breast Stroke(F)	10:45am
	Record	: 2:49.68	Standard: 4:25.00
Heat 1/2	3	Siu Hau Ching	LSKC
	4	CHENG KA YI	QESOSA
	5	Wong Tsz Ching	BBSS
	6	LO YI KIU	MKPKC
	7	NG CHIU YEE	HYKYL
Heat 2/2	3	YEUNG KA HEI	CLSMSS
	4	TSE CHIN YIU GLORIA	CYMCASS
	5	CHAN CHIN YUI	YYC
	6	Lai Mona	LSKC
Event 67	Boys A Grade	50m Free Style(F)	1:30pm
	Record	: 24.36	Standard: 33.50
Event 68	Girls A Grade	50m Free Style(F)	1:30pm
	Record	: 28.34	Standard: 40.50
Event 69	Boys B Grade	50m Free Style(F)	1:30pm
	Record	: 25.30	Standard: 36.50
Event 70	Girls B Grade	50m Free Style(F)	1:30pm
	Record	: 27.94	Standard: 44.00
Event 71	Boys C Grade	50m Free Style(F)	1:30pm
	Record	: 26.36	Standard: 43.50
Event 72	Girls C Grade	50m Free Style(F)	1:30pm
	Record	: 28.46	Standard: 50.00
Event 73	Boys A Grade	50m Breast Stroke(F)	1:45pm
	Record	: 30.31	Standard: 45.00
Event 74	Girls A Grade	50m Breast Stroke(F)	1:45pm
	Record	: 36.00	Standard: 55.00
Event 75	Boys B Grade	50m Breast Stroke(F)	1:45pm
	Record	: 31.84	Standard: 47.50
Event 76	Girls B Grade	50m Breast Stroke(F)	1:45pm
	Record	: 35.36	Standard: 58.50
Event 77	Boys C Grade	50m Breast Stroke(F)	1:45pm
	Record	: 33.82	Standard: 55.50
Event 78	Girls C Grade	50m Breast Stroke(F)	1:45pm
	Record	: 36.32	Standard: 1:04.00

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Event 79	Boys A Grade	50m Back Stroke(F)	2:00pm
	Record	: 28.87	Standard: 42.00
Event 80	Girls A Grade	50m Back Stroke(F)	2:00pm
	Record	: 34.14	Standard: 48.00
Event 81	Boys B Grade	50m Back Stroke(F)	2:00pm
	Record	: 29.28	Standard: 43.00
Event 82	Girls B Grade	50m Back Stroke(F)	2:00pm
	Record	: 32.96	Standard: 50.00
Event 83	Boys C Grade	50m Back Stroke(F)	2:00pm
	Record	: 31.76	Standard: 50.00
Event 84	Girls C Grade	50m Back Stroke(F)	2:00pm
	Record	: 34.10	Standard: 55.00
Event 85	Boys A Grade	50m Butterfly(F)	2:15pm
	Record	: 26.35	Standard: 36.00
Event 86	Girls A Grade	50m Butterfly(F)	2:15pm
	Record	: 30.78	Standard: 43.00
Final 1/1	3	Tang Cheuk Man	KYWC
	4	Hazel Yam	CYMCASS
	5	YEUNG HOI LAM	TSWGSS
	6	CHUNG Ho Ching	LUAC
	7	FENG RUIXI	TSWGSS
Event 87	Boys B Grade	50m Butterfly(F)	2:15pm
	Record	: 0:26.92	Standard: 37.80
Event 88	Girls B Grade	50m Butterfly(F)	2:15pm
	Record	: 0:30.69	Standard: 46.00
Final 1/1	1	LAU YUET YING	CYMCASS
	2	ZHU YUANYUAN	STC
	3	Chen Yanxin	FYW
	4	Saeed Saima	YLPSS
	5	Chan Lai Chak	TSWMC
	6	WONG Jasmine Luis	LUAC
	7	On Sing Nga	LSKC
	8	WANG MAN KIU	HTMS
Event 89	Boys C Grade	50m Butterfly(F)	2:15pm
	Record	: 0:28.8	Standard: 46.00

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Event 90	Girls C Grade	50m Butterfly(F)	2:15pm
	Record	: 0:31.27	Standard: 46.00
Final 1/1	1	Ye Jennifer	LSKC
	2	LO HO CHING	CYMCASS
	3	NG HOI YAN	HTMS
	4	Wong Wing Shan Mavis	MKPKC
	5	Beverly Genesis	LSKC
	6	NG SUM YAU	FYW
	7	MA Yee Yiu	LUAC
Event 91	Boys A Grade	4x50m Medley Relay(F)	2:30pm
	Record	: 1:58.08	Standard: 2:30.00
Heat 1/2	1		YLPSS
	2		LUAC
	3		LSKC
	4		TPK
	5		TKW
	6		CLSMSS
	7		YYC
Heat 2/2	1		STC
	2		QESOSA
	3		MKPKC
	4		HYKYL
	5		KYWC
	6		CYMCASS
	7		YLMASS
Event 92	Girls A Grade	4x50m Medley Relay(F)	2:30pm
	Record	: 2:25.21	Standard: 3:10.00
Heat 1/1	1		QESOSA
	2		CLSMSS
	3		STC
	4		LSKC
	5		TPK
	6		CYMCASS
	7		TSWGSS
	8		LUAC

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Event 93	Boys B Grade	4x50m Medley Relay (F)	2:30pm
	Record : 2:05.53	Standard: 2:35.00	
Heat 1/2	1	MKPKC	
	2	YYC	
	3	LUAC	
	4	TSWMC	
	5	LSKC	
	6	YLMASS	
	7	CLSMSS	
Heat 2/2	1	STC	
	2	QESOSA	
	3	TPK	
	4	LKT	
	5	CCCKLC	
	6	CYS	
	7	HYKYL	
Event 94	Girls B Grade	4x50m Medley Relay (F)	2:30pm
	Record : 2:22.54	Standard: 3:15.00	
Heat 1/2	3	HYKYL	
	4	YLMASS	
	5	CYMCASS	
	6	STC	
	7	CLSMSS	
Heat 2/2	3	TSWMC	
	4	LUAC	
	5	YLPSS	
	6	TPK	
	7	LSKC	
Event 95	Boys C Grade	4x50m Medley Relay (F)	2:30pm
	Record : 2:18.04	Standard: 3:00.00	
Heat 1/2	2	HYKYL	
	3	LSKC	
	4	CLSMSS	
	5	YLMASS	
	6	STC	
	7	JCCYL	
Heat 2/2	2	YYC	
	3	TPK	
	4	CYMCASS	
	5	MKPKC	
	6	LUAC	
	7	QESOSA	

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Event 96	Girls C Grade 4x50m Medley Relay (F)	2:30pm
Record : 2:20.43		Standard: 3:20.00
Heat 1/2	3	TPK
	4	CLSMSS
	5	LUAC
	6	YLLSS
	7	YYC
Heat 2/2	3	CYMCASS
	4	TSTSS
	5	QESOSA
	6	LSKC
	7	HYKYL

Prize Presentation Ceremony